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Bethesda, Maryland



ST 3X⁰²

Cousin Michael Stantold;
"Serving man in Huntshire."
Lady Duncanor.

S^t Fair. Baddeley . 1885.

Cst: John Haclitt.

M^r Brale
Dr Wright. 1652.

Mr Charlton.

Thom: Daviss of Wigmore
Sir Thomas Edwards.

Col: Harley.

M^r Dow.

Edm: Whittington.

Lady: Mory: "my cosin Griff: D.W."

M^r Thorpe. La: Borlase.

a tailor of Repton. M^r Snalock

M^r Kate Leigh. M^r Heate. London stone.

M^r Bamford. Lady Stafford
Dr Mumford.

M^r Discough. of Nuttale. Lord Rich.

D^r Kid. D^r Smith. D^r Tailor. S^r Steeven.

Lady Herbert. T^r Chambers.

Names mentioned in this book

Duke Buck[ingham].

M^r Davis. Oct: 24. 1667.

Elizabeth. Smith

M^r Brokes.

D^r Matthias.

Lord Broke.

M^r Lane.

Lady Killegue.

Bro: Geo[orge]. ?

Sister Mount[joy] i^c Lady Allen.

S^r W. Ralegh.

D^r Barker

D^r Borges.

S^r Ha: Min:

Lady Harley.

Lady Abegsny.

M^r Middlemore.

M^r Treherne.

La: Lovlace.

M^r Woodrof.

D^r Turner.

D^r Godfrey.

La: Wimbleton.

Sir: Thomas. Bodeley.

Lady M.¹⁵⁴⁴⁻¹⁶¹².

Matthiolus.

Parkinson's Herbal.

Culpepers "

Blacke Jaundise. A Medicine for the black Jaundise.
Take the dung of a stone-hors at gras, & vse in
the same manner as for that in the Plurissey, &
it will cure the disease.

Worms in Children. A Medicine for worms in children.
Shred wormwood, & frie it in a pan, till it be ..
soft, then spred it on a piece of lether, as big as your
hand, & take some of the juice of oil of wormwood,
anoint the plaster with it, then strain a little of
the powder of ^{Aloës} Alcantra upon it, & so lay it warme
to the belly of the child, & let it stick till it falls
of, there must be a hole in the middle of the plaster,
that the navel may be bare.

Purging Ale. To make an excellent purging Ale.
Take Egrimony, Bittony, scabious, of each one hand-
full, Scunoygras, & Semitory, of each 2 handfulls,
^{1/2 oz}, Lovianander Lignum vita 4 oz, saxifrage 1 oz, mader-roots 2 oz,
^{seeds prepared 1 oz}, Epithimum 2 oz, nutmegs 1 oz, Eniamon 1 oz, & of
Sene Alexandria 6 oz, bruise the seeds, & spices, & slice
the roots thin, & if the herbs be greene, cut them a
peaces, not small, & then put the herbs, & all the rest of
the said things, into new canvas-bag, well washed, & put a
cleane stone in it, to make it giske, then put the bag

into 6. Gallons of new ale, when it hath done working,
& when it is six daies old, drinke thereof 4. times a day, at 4. & 10 a clock in the morning, at 3 in the afternoon, & when you goe to bed: if it worke too much then drinke but in the morning, & afternoon, & when you haue drunke of this ale a weeke, draw into bottles that which is left, & take tho things out of the bag, & dry them in a dish before the fire, & they will serue halfe as much ale very well againe.

Plurysey

A Most approved medicine for a pleynesy or stick.

Take of the newest dung of a stond houfe kept in the houfe, straine it through a strainer, with som ale or whit-wine, soz drinke a good draught 2 or 3 times in 24 hours, a little sliced ginger in it, if you please, & will give it a good tast: this hath severall times cured the pleynesy, without letting blood, its also very good for a bruse.

sp. Leene.

A Medicine for the spleen & to cause good rest
Take a reasonable handfull of the tops, & flowers of betany, boile them on a soft fire in a pint of cleare posset drinke, till almost halfe be consumed, put into it as much as you like of sirrup of Maligotis, or lillies

NLM

= flowers

flowers to greate it, & drinke it warme as you
goe to bed.

Stone.

A Medicine for the stone

Make cleare posset-drinke with small ale or whit-
wine, take of the curd, & put into it a little sticke of
licoris sliced, 2. sprigs of rosemary, & 2 or 3 blu figs
cut in peaces, & a good quantity of Marshmallows-boile all
together, a quarter of an houres, then drinke a good
draught every night when you goe to bed.

stone.

A water for the stone fit for children

Take parsley, pellitory of the wall, Saxifrag, of each
a good handfull, 3. or 4. radish-roots sliced thin longways.
Strepe all in a gallon of new milke from the Cow,
24. howers, distill it in an ordinary still at a soft
fire, drinke of this water, 4. boonefulls with so much
whit-wine, 3. mornings together, at every chaine & full
of the moone.

Strangury.

For sharpenes of Water, or the Strangury.

Take Turnips, cut them in pieces, stille them, & every
morning fasting, take 6 or 8 boonefulls, & so going to
bed if you will, so long as you please.

To

Monsieurs
Salve.

To make the Monsieurs Salue

Take 2 oz: of new yellowwax, & a pint of good fallet
oile, get them together on y^e fire, when they are mel-
ted, Stir in 2 oz: of litturgie of gold, & as much of
Silver, bothe in fine powder, stir it well with a bed-
staf, & let it boile, till it be blacke, then stir in 2 oz:
of Venin Serres in fine powder, & when it boiles a-
little, take it from the fire, & put in 2 oz: of venice
Turpentine, then stir it well with the bedstaf, & put it
into your cold water; it will all hang on the bed-
staf, then make it to rolls, & keepe it for your use.

This salue is good for old or new sores, cancers in the
breast, Kings Euiil, plague-sours, carbuncles, ribs, or
childains, & you may spred it upon leather cloth, or
taffeta.

To kill an unone fallen approued.

Take fetherfew 2 handfull, smallag + handfull, stamp
& strawne them togather, & put into the juice as much
wheat flower, ^{& honey} as will make it a platter, & a little sope
mixed with in it, so apply it.

To provoke Urine well approued

Drinke 4 spoonefulls of the oyle of Damask-roses,
in a reasonable draught of whit-wine, & walke
after it

so provoke
Urine

it if you can, you may drinke it the next morning
if you will.

Fallen &
uncon

To kill an uncone or fallen.

Take a borage-root, gray bay salt, hembgrace, & wraggs
bacon alike of each, stamp them all together, & soe
apply them.

Fallen &
white-loe.

A nother for the same

Apply bird-lime to the place grained, either whitlow
fallon, or uncon, & it will both draw, & heal it nothing better.

prick with
iron or thorn.

Prick a prick with a thorne or iron.

Stamp haue thorne-barke, in red-wine, & lay it to the
fors, or the grease of a wild boare will doe it.

Toor cold in the joints or Limbs.

Take muscadine, & stale ale of each a pint, boile
them with halfe a pound of butter; Then take 2 pipes
of red cotton, & put it in the geething liquor, ring it
out, & soe lay it to the grained place, as one cooles, lay
another on, for one hower together.

To stay fulinne approued

Running of L. Take mastickle, & olibanum, both in fine powder, of
each 4. graines, & with somuch congeue of Rose, &
a nutmeg mix all together, & swallow it when you
goe to bed, & constantly till you be well, prefertly --
after -

after you have dined & suppt. Duke-Buck.

For defnes approued.

Braefnes.

Take the oyle of the yolks of Eggs, dip wool in it, & so put it into the hole of your eares, shifting it morning, & night till you be well. Duke-Buck.

A Balsom to cure ^{all} diseases & depprest wounds
in 24 hours.

Balsome for
wounds. &c

#

Take myrra, aloes, hopa, spicnard, Sanguis Draconis, frankincens, mummija, oppa ponax balsylum, Carpo-balsamu, Emmomarium, sarcocolla saffron, mastick, gumarabick, Storaxe Liquida of each 2 oz, of Castorijum 2 oz, of muske 1 oz, & of Turpentine the weight of all the rest: powder those that will be powdered, & mix them well with the Turpentine, then put all into a Limbeck, distill it with a soft fire, take the Liquor distilled, put it close into a glas, & so keepe it for your use. The vertues of it. 1. dead bodies anointed therewith will not corrupt, or putrify. 2. It restoreth pined bodies that are fallen away, being temper'd with rose water, & the party anointed therewith from the head to the reine. 3. It taketh away the shaking of Agues, if the backe-bone be anointed with it warme, & loft & upon a limmon cloth, an hour before the fit. In soundings it is as it were the last refuge if =

if you anoint the back-bone with it.

Balsome

exalt.

#

Another excellent Balsom.

Take 5. pounds which is 5. pints of the best gallet oile
1. of the best venice Turpentine, & $\frac{1}{2}$ a pound of the best
& clearest yellow waxe, with 6. oz of the best ~~oile~~ ..
red. Saunders in fine powder, evry oz: lapt in paper by
it selfe, then put the 5. pound of oile into a poynet, with
one quarter of a pint of red-rose-water, & let it boile
till the red-rose-water be quite consumed, then take it of
the fire, & let it stand till it hath left bubling, &
then put into it the waxe, & turpentine, which must
be thus prepared: cut the waxe in thin slices, & ...
wash the turpentine in a quarter of a pint of red-rose-
water, & beat it till it looke very whit, & then your
waxe, & turpentine being well melted together, put them
into your oile, & so let all boile together, a quarter of
an hower, then put in all the Saunders oz: after oz:
very glosly, for feare it shoule run over, continually
stirring them, then let it boile a nother quarter of
an hower, then straine it through a new canvas-cloth,
cleane washed, & put it up into pots for your use.
It is bet to take it of the fire, when you put in
your Saunders, till they be all well stirced into the
oile,

8
oile, least it run over; therefore be sure the vessell be big-
enough, when you boile it in

The vertues of this Balme.

55

Anoint your temples, & within your Nostrils with it,
& it will take pain in the head away.

For the running of the Reines, take as much of it as
it is good for any ^{convulsion in the brain} a nut in the morning, fasting for 14. daies together.
or outwards for ^{you may both} It is good for an old sore, or greene wounds being
anoint wth it, & take it in ^{applied therenu to warne.} It takes the fire out of
any scald, or burne, the place being anointed therewith.

It's good against any wind in the stomach, if --
taken inwardly. It's excellent to cure old coughs,
the quantity of a Nutmeg being taken at a time, & a
draught of posset drink drunke after it. It's excel-
lent for gone breasts, & swellings, & stoppings in the
stomach, anointing the place grieved, & alſo taking it
inwardly. And its very good to anoint Boiles, for it ..
will helpe very much to breake them.

To stay Vomiting.

+

A most excellent medicine to ~~the~~ stay-
Vomiting.

Take a quart of the best whit-wine, fetherfew, and
freamint of each one handfull, boile them well
together, then mix them with 2 oz: of Scabions
water

water, & drinke 6. spoonefulls or more at a time, in
the morning, & 4. a clock in the after-noon, & when you
goe to bed, & god willing it will stay the someting, and
give good digestion. This did helpe a woman, who did
somet^{up} all shee tooke for a 12 month together, &
in all that time never had the benefit of nature
downewards.

* Scurvy.

A spetiall good medicine for the Scurvy

Take a good handfull of Balme, a pretty handfull of wa-
ster-cresses, & a handfull of Brook-herbe, boile all in a
quart of cleare posset. Drinke a quarter of an hower, haue-
ing put into your beare that you make your posset drinke
off 5. spoonefulls of beare-vinagar before, then greene it ..
lightly from the herbes, & drinke of it warme halfe a pint
every morning fasting, & at 3. a clock in the afternoon,
till it be gon, then make more, & drinke it, so till you
find your selfe well.

For a prick of a Thorne or naille.

briske by
Thorne, or
najle.

Take wheat-flour, red or claret-wine, & some honey,
boile it to the thickenesse of a plaster, & apply it warme,
& it will kinde rankling, & heale the place.

A Most

A Most approued water for a Consump-
tion.

Consumption. Take a running Cocke, pull him alive, then kill
him, when he is almost cold, cut him a broad by
the backe, & take out the Entralls, & wipre him cleane,
then cut him in quarters, & breake the bones; put him
into such a still, as you still rose-water in, with a
pottle of Sack, a pound of Currans picket, a pound of
raifons stoned of the garn, a quarter of a pound of Dates
stoned, rogernary, & wild fyme of each a handfull, of
penyroyall, organie or wild Marjoram of each 2 hand-
fulls, 2 handfulls of buglosse, & borage, a pottle of
new milk of a red-Cow; still all these with a soft fire,
& put into y^e glas that it droops into, under the still,
a quarter of a pound of whit-sugart-Candy, beaten
very small, & booke-lease of goode at 5^s price, cut it
small a mongst the sugar Candy, 4 graines of amber-greice
10. graines of prepared perle, & when all the water is dis-
tilled, mix the first runing, & the last together, that it
may be all one, drinke of it 2 spoonfulls at a time, in the
morning fasting, & an hower before supper.
you must all waies shake the glas when you take it.

To

Loosenes.

To stay loofnes very good.

Take 2 or 3 quarts of smiths water, let it settle till it be cleard, w^t that water make grall
grall, or pottage, & so eat it.

Convulsion
fits, or wormes

To Convulsion fits or any pain in the
stomach, or for wormes in children.

Take salt-nitre the weight of a groat, of the flowers of
brimston the weight of 2, mix them together, with so much
conserve of roses, or conserve of piony, as a nutmeg, & so
take this 3 mornings together, in milke, or a little honey,
if it be for a child take of the nitre water the weight of
2, & brimston the weight of 5 halfe pence.

Convulsion.

A nother for Convulsion fits approved.

Take Rue, stamp & strain it, mix it with so much as
of juice, & before the fit come, when you perceave it to be
coming, lay a little offit on the tongue, or woofe of the
mouth, & it will put by the fit, ~~guarantue~~ you must make
it fresh where you use it.

Syrup of
Poppies.

To make syrups of poppies

Take red poppies, that grow in the floun, cut the blacke
still the leaves off the leaves, as you do ~~use~~ very carefully a way,*
as you do = then put into a quart of that water, a good handfull from
longes fresh, the blackes cut away, let it stand in the

Embers

* Then
straine it lightly
& put into it another
half of
the same Leaves so
cut as before, &
Let it stand 12 ho-
urs more + it boile till it be a syrrup. To procure sleep, giv to a little
child one spoonfull in syrrup, or in possete drinke, & to a
man 2 or 3 at a time; tis also comfortable for the lungs, &
good for coughes.

For the over-flowing of the Gall.

new Lowing
of the Gall. Steep a quarter of an oz. of Cloves, in a quart of stilled
red mint-water, & take 2 spoonfull of the water, twice
a day.

To make oile of St. Johns wort.

oile of
St. Johns wort. Take St. Johns-wort, the leafes & flowers, stamp them,
& put them to 3. pints of the best Sallet-oile, then let it
stand in a still 3. daies, then straine it hard, & put the herbs
into it againe, & age it thus till it be as red as blood.

This oile is admirable for any wound.

For the whites appeared.

Boile a handfull of white archangell flowers in 3 pints
of new milke till halfe be consumed, drinke the rest in
the morning fasting, & at 4. in the afternoonne

- ff -

Whites.

For

For the same

Whisters. Take of Conserues of violets, & Mallows-flowers of each an oz, mix them well together, take thereof the quantity of a large nutmeg in the morning fasting, an hower after it, somwhat at 4 in the afternoon, & at going to bed.

To stay the reddes

Ledes. Double a cloth 5 or 6 times, the breadth of your hand at least, dip it in the best wine-vinigar, either red or white, lay it cold upon the Nouell, & shift it till it growes dry, till they be staid.

For the riving of the mother.

Mother. Put a quart, & halfe a pint of the smallest Aquavite into a glas-bottle, put into it a dram of Hypnicira in powder, let it stand by you close stoyed 3. dayes, close & shake it often, then strain it, & put 2. drams to it in fine powder, take one spoonfull or 2. at a time. It is good for stoppings, & safe to give it to a woman ~~well~~ infibled if all com not well away.

Wrench. An excellent present remedy to helpe a wrench if it be applied presently after the hurt taken.

Take of the bloodiest beefe-brine, a good posnetfull, heat it very hot, then take a cloth 4 or 5 times doubled, & wet in

in the brine, & so hot as you are possible able & rising it out, lay it all over the place where the wrench is, & as this cloth begins to coole, wet another cloth in the manner, & lay it on as hot as the party can suffer it, & so for an houer together; it will be painfull for the time, but will cure it clearely.

A very good poultice for a bruise.

Bruise

Take whit-wine, & set it on the fire, when it boiles, put into it as much wheat bran, as will make it thick, let them boile together, till it be as thick as a custard-pudding, & so as hot as the party can suffer it, apply it to the place bruised, twice a day, till the party hath no more need.

A neither safe medicine for a bruise,
or wrench.

Bruise or wrench.

Take one handfull or 2 of Camomill, chop it very small, then put it into a coquet full of new Cowes dung, with a good piece of fresh butter, & let them boile well together, then garnish it on a dable cloth as broad as the place is, & as hot as the party can suffer it laye it on, & while there is occasion to use it, shift it twice a day.

A most pretious medicine to stay looke
= nes & is also a very pretious help for
the collicke.

Take the newest pigeons you can get, put it in
a foying pan, & spinkle so much viningar upon
it, as will keepe it from burning, & when it is
exceeding hot with stirring up & downe in the pan,
put it onto a fine linnen bag, & as hot as the party
can suffer it, lay it to the Marrell, & shift 3. a day.
till you find help.

A scarr-cloth for any swelling, bruise, old
sore, greene wound, or a ch in the bones.

Take a pound of red lead finely beaten, put it into a quant
of gallet oyle, & mingled together set it on the fire
in a scellet, or pan big enough. let it boile softly till
it looks blacke, then take it of, & dip your cloths in it,
& hange them on a line in a chamber, till they turne
yellow, then woulde them up, & keepe them for your self.

A most exfalent medicine for any swell

Swelling in the legs, or any other part of the body.

The Legs, & body Boile the of wagg-wort in water, till it begin to be
thicker, then put into it as much grated bread, as will
thicken it to a poultice, & then put in a good pece of

mutton.

mutton-gut, & so being sturd together, apply it to the place swelled.

Palsey.

An approved medicine for the Palsey.
Make mustard wth Aquarite, & when it is made, warme some of it, and apply it as hot as ye party can suffer it, to that part which is taken with ye palsey, & when it growes cold, & dry, lay it on fresh in ye same manner. It is most effectuall officiall to be applied at the first fit - proued.

Sore Breast.

A very good & safe medicine for a sore breast that is hard & much swelled.

Take 2. or 3. handfull of young-leaves, & shred them in different small, & then boile them in whey, till they be very tender, then crush it well from the whey, & good & warme lay it upon the cloth, & so apply it all over the breast, where it is hard, & red, & tho you boile it not a new all waies when you shift it, which will be morning & evening, you must warme it when you lay it on. if it debole, it not without breaking, it will heale it safe without applying any thing els to it.

Plaster to stay Vomiting or Loosenes.

A safe plaster to be applied to sucking-children or of more age to stay vomiting or ^{Loosenes}.
Take halfe an oz. of oile of mace as much methiridate

Methordite halfe a quarter of an oz of venic treacle
 & one great nutmeg in powder mingle all this well
 together with a little oile either of mint or worme
 wood then spread som of it upon a duble brown pa-
 per big enough to cover all the stomach & belly low-
 er then the nauell & so lay it warme on & shifting
 it once in 24 hours & if all these things be not
 readily to be had then take 2 nutmegs beaten to powder
 as much mace & a good quantity of crummes of Rye-
 bread mingle all these with a little muscadine & vine-
 gar or Jack & viningar so make it like a plaister..
 then spread it upon a cloth & so lay it warme to the
 stomach and belly.

EYS SORE.

A medicine for sore Eies

Boyle an Egge very hard then cut it thorow the middle &
 take out the yolle & while the Egge is drye lay out
 into that place where the yolle was as much sugar
 Candy beaten & searched as halfe a nut & $\frac{1}{2}$ somuch
 Alom made as fine then put the Egg together & hold it
 close in a smal cloth like a ball & so with your firs
 - get my it as small as you can shal & all & so mix
 it into a glas & when it is cold drop of it into your
 Eie morning & Evening

An

An approued medicine for

Syringe fasting for 5 mornings together Lavender-
Cotton ball'd in posset-syringe or els cut a lock of
your owne haire so small as you can & take it
in bere or other liquor.

Scalding
&
Burning.

An approued medicine for scalding &
burning

Take 3 handfull mouse-lapre 2-
handfull ground Guy 1 handfull chop these all to-
gether then put them in a pound of new butter
on falted & let it boile halfe an hower then strain
it hard & with this oyntment anoint the burnt
place.

Jawfallen
Child
or Roof of
Mouth
down.

For a child that is Jaw-fallen or hath
the roose of his mouth fallen downe.

Take a handfull chichie-weed wrap it in a red colvour
leafe or in a wet linnen cloth & rost it in Embors
as you doe a warden when you thinke it is rosted
take it out & lay som of it as the party can endure
it to the bone of his neck then lay some leaven
of whit bread upon it & it will raise up the roose
within an hower after it is go laid to.

Wind.

To wind appoyred.

Make a posset with the juice of red fennell & take no other drinke 2 or 3 mornings together.

Head
Ache.

To any paine in the head whatsoeuer
Take of rose-water & oyle of roses of each 2 oz. oyle
of camomill 1 oz. Womans milke 4 spoonfulls vini-
gar 2 spoonfulls mix all together in a dish put
into it halfe a rose-cake & let all boile softly for
an hower together then take the cake a little press-
ing out the moisture that it be not to wet & strain it
over nutmeg then rewarde hot bnd gom of
it all over the forehead & upon the mouth of the
head & as it grows cold lay a hot cloth upon it.

Wound
new done.

To heale any wound being applyed
when it is new done.
Take of the best saffron as it is in fleckes fill
the wound there with & so bind it by next mor-
ning you shall find it so close as neare whole put
in no more saffron but ~~lay~~ any healing plaster
on till it be whole appoyred good & safe.

THERMES.

To bring downe the

Take the wormes that com after warne wash them
often in whit-wine till they be cleaned then strip them

that,

that no gruell be left in them then as soone as the
men is dranen set them in the sun being well dried take
a spoonfull in white wine 3 mornings together in the
time it will worke its effect If it be a dry feareon stamp
& straine walnut leaves & pouer the juice on the ground
the which will make the wormes com forth abundantly.

SPLBN.

For the Spleene

Take the heies of Ash being full ripe take out the
seeds if it is within them when the heies are dry beat
them to fine powder & search there it Take somuch
of the powder as will lie on a shilling every morn-
ing fasting in a little beere or what you will.

SCURVY.

For the scurvy

Take a handfull of Cardus put it in a pint & halfe
of beere boile a way one pint & drinke it in the
morning fasting every day for a fortnight together
& it is good to keepe a way any infidellous disease.

SWELLINGS & PAINS.

A poultis to lay swellings & take away paines.

Take brooketime plantain smalle vnyt shade of
each a good handfull stamp them & straine out the
juice put to it y^e white of an egge & so much wheat-
flour as will make it a poultis well boiled if it
be on a hot cause lay it to the party cold

Cough.
hoarsnes.
Stopping

For a cough hoarsnes or stopping.

Stamp & straine a great onion drinke the juice of it in a draught of beere or ale when you goe to bed twice taking will surely helpe.

Kibes
Chilblains

For kibes or chilblaines approued.

Take a thing called Bunt which is vgd a bout ... Bees lay a peice on the sore place & take it not of till it falls of but once in 2 dayes lay ... another peice upon it till it be well.

Ternes
Stone.

To procure to yaffe stopped
by stone or otherwise.

Drinke fasting 1 spoonfull of the stalkes & leafes of stinging nettles with as much strong ale or ... beere & so againe when you find occasion.

Sweet
Oyntm!

The sweet oyntment precioues & approued.

Take sage & rue of each a pound bay. leafes & worm wood of each halfe a pound melilot heards or flower camomill floweres of syrike rosemary red rose leafes & St. Johns wort of each a good handfull marsh - mallows 2 handfulls chop all these herbes so small as can be then putt to them ~~over~~ their weight of pure sweet sheeps fat or deares fat which is better

choo

chop the fruit very small then stamp the herbs and
fruit together till all be a like greene then put it into
a pot & put to it 5 pints of the best Sallet-oyle & mix
it very well together & cover it very close with lea-
ther & putt it on the edges that no ayre get in let
it stand so 7 dayes then set it on a soft fire & let
it boile alwayes stirring it till the leafes begin to looke
somthing dry then streyne it very hard & get it on
the fire againe & putt in the oyle camomill roses ..
whit-lillies Spike violets Turpentine an oz ~~and~~^{one} of
each mix all well together & let it boile 2 or 3
^{8 a halfe, Benjamin walmes then putt into it}*Gum styrax calinas 3 quarters
of an oz: all in fine powder mix it very well to-
gether & straine it againe then keepe it in pots ..
close covered for your eye. This oyntment hath
cured the dead Palmer & is adornable for Troubles or
any paine proceeding from cold cauges anoint the
pained part there with one rubbing it well with
a hot hand. It is good for aches swellings
shrinking & finenes. Pleronies in the sides ach-
in the backe & stiches in any part very often
most trewly & surely approued.

*Gum-labdanum 1 oz
8 a halfe, Benjamin walmes then putt into it

Fox

Swooning like in child or old

For children or old folkes swooning fits.

Take a quart of new milke set it on the fire and into it 6 good branches yarrowe as much succory & as much

* for a child & for
an old body as
much as a
whole nutmeg

leaves boile it till half be wasted
then put in so much allorn as halfe a nutmeg beaten
in fine powder let it not boile after the allorn is put
in but straine the drinke from the corde thorough a thin
cloth so quie it warme to y^e party to drinke a good draught
in the morning fasting & last at night give it to a
child in the night if it drinke any thing & no other
drinke be guse they drinke morning & night till the fits
leave them the party must take 2 or 3 times a weeke if it
be a child so much as a pease of mitniate a man or
woman may take twice as much.

Megrin.

For the Megrin

Take Betany wild tangy of each a handfull 6. cyps of
houlsike mingle them with wheat-bran, & beat them
to the consistence of a plaister then take the yole of the
whit of an Egge new laid & mix it well with the rest
formd of this stuffe on a cloth & for 3 nights together
lay it to the forehead take not of the first but lay the
fresh ones on the tops on the others laied on before.

Bleeding.

For bleeding to stanch it.

Wet a napkin in cold lay it to the
& as it begins to warme lay on a nother.

Bleeding.

To stanch bleeding in any part.

Take red nettles red colewort & hogs dung stamp all together
& apply it to the place & it will doe it.

For

Fundament
falling.

To falling donne of the fundament

Take plantain leafes woodbury leafes of each a handfull
 9 or 10 a few red rose leafes & 5 or 6 acornies being bruised boile them in a pint of red wine till
 haife be consumed straine it & deffolve in it as much roth
 allom as a nut with this bathe the part & put it up
 presently.

Fundament
&
piles.

A nother for the same & piles.

Take frankincens & red stammell or scarlet cloth cut small
 put both together then take a chafindish & put a cole on 2 in it
 well kindled & set it in a cloſe Then put your frankincens
 & red cloth upon it & let the party get over the smoke
 a good while This may be used alone for piles but if for
 the fundament its best to bath it first with the water
 before mentioned.

Water to
wash
wound
proto
flesh.

A water to wash your wound with all before
 you dress it with your balsom & to keep
 away yround flesh.

Put a lump of Atom the signess of a little nut into a
 pint of milke as it is taken of the fire fire boiling stir
 it up & boone till it be like a posset custard & drinke & with
 this drinke or water seething warme wash the gome if it be
 deepe . . . it with a fering

Whites.

To stay the whites in twice dressing appered.
 In the morning vate an egg shell & all & nothing else
 with it that is very hard rogded

A most

Drinke to
comfort
Stomach &
Liver
Bryan.

A Most admirable Drinke to comfort the
Stomach & the liuer to cleane the kidneyes ..
Purifie the blood confort the braine & ex-
pell waterish humors .

Take 8 gallons of new wort not to strong nor to small &
when it is ready to worke tun it up with a canvas bag & a
great stone in it that it may sinke to the bottom of the
vatlet you must putt into the bag 3 oz: & an halfe of
Saxifraga finely scraped or fennell seeds 2 oz: of
Aniseeds & Cinnamon seeds of each 1 oz: the seeds all whole
Nutmeg 1 oz: & a halfe sliced thin 2 oz: Let
the stone be well washed that is to be putt into the bag
with these thinges & when the drinke hath done working
stor it in the vaulter very close & when it is 15 dayes old
drinke of it as long as you will & noe other drinke
till it be all gone then make more.

The oyle of Hixicon most miracu-
lous for wounds & bruises .

Take flowers leafes & seeds of St. John's wort as
many as you will putt them being stamped first into
an open mouthed glas with as much strong whitewine
as will cover them well then set it in the sun 10 daies
together then putt them to as much pure fallet oyle as
the weight of the heartes & wine then set it 10 daies more
in the sun then putt into them for every pound of oyle 2 oz:
of venice Turpentine dram of saffron of cloues nutmeg
myrra of each half an oz: 1 oz: frankincens-
e 2 oz: gromel of each of these as is get doun
for

for every pound of gallet oyle then stamp all together & put them into a great glas & let it boile in
with a lead & reeauers close shut you shall know when
it is boiled enough by this when no more vapors ascend
into the lead & that will be within 24 hours or there-
a bout then take forth the glas being yet hot & staine
it & keepe it in a little-glas shut as a pretious Jewell --
note that this oyle must be used very warme alwayes &
in any case tent no wound but wet clothes in the oyle and
lay it so on the wound & the cur shall prosper as hata
beane ground a 1000 times in divers places.

This oyle is of great vertues in divers & sundry accidents
& sypticall in wounds for it helps them without any
paine altho vaines Sienews or bones were hurt shrunke
or tut it preuenteth the wound from corruption & incar-
nate & is marvellous against poyson.

BREAST STOPPING.

Tow them that be stooed in the Breast.

Take mother wort & honehound a handfull of each boile
them in a quart of water to a pint drinke it warme
9 dayes together & you shall be well.

BACK WEAKNES

Tow weakness in the back.

Take 10z of Corall searct as much Coriander-seeds prepared
finely beaten & searct mix them well together Take as
much of this powder as will lyc heaped on a greate mixt
well in a boonefull of red or claret-wine Take at 14 morn-
ings together or more as you find cause you must steep
your seeds in the strongest wine-vinigar all night & in
the morning straine them & set them on a soft fire to dry
and

8c being well dyed then beat them & garnish them as is a bone
said.

Deafnes.

Toor Deafnes.
Take the water that comes out of the ends of green
Upon the fire keepe it take of this water juice of hougleeke
whit wine of the grease of a black Eele that hath red fins
beneath the . . . of each of these a poonefull boile all
together over a soft fire a quarter of an hower then put
it up in a glas & when you are in bed drop of it into your eare
& lukwarne & lie upon the contrary syde & it will help
in a short time.

Tissick.

Toor Difficke.
Take Amiseeds Licorice Sugarcandy Elini-campane-roots of
each alike but the Elacampane must be a 4th parte of all
make all these into powder & sat it dry every morning and
evening.

gReen Oynmt Aches.

The greene ointment often effectually proved
to be good for aches ffellows anguish over-
stretching the sinewes & veins Stiches sciatica
cramps & any swelling in any part & also good
for horses being strained & lame.

Take red sage & rose of each a pound the yongest bay leafes &
womans wood of each 2 pound pick them cleane but wash them
not cut them small beat them long in a morter then take
3 pound of sheepe-suet as hot as it was from the gheape
mine it smal & beate it with y^e herbs till all be of a color
then put all into a faire bowle with a pottle of the best salet-
oyle & worke it till it be all a like soft then put it into an
earthen

earthen pot & let it stand 8 daies being close covered yf
noe aier get in then put it out in a faier pan & let it
boile on a foyt fire. so long that when it is cold it will be
like ointment then straine it & put it into 4 oz of oyle.
Srike which being well stired into it before it be cold -
put it up into your pots for yo^r use & cover it close with
leather when you use y^r oyle put som of it in a saucer
& set before the fire & rub it thorowly on ye swained place
you must take great care y^t you burne it not in the boiling
nor boile it to high It is to be made in ye later end of
may. It will last many yeares being fast & close cext.

Virgins milk.

To make virgins milke.

Take halfe a pound of lityng y^r gold in fine powder
put it into a poynt w^t somthing more y^r halfe a pint of
whit-wine vningart stir it well together then let it seeth
halfe an hower sometimes stirring it yⁿ take a good handfull
of salt & let it stand till it be fetti very cleare
then put only the cleare into a glas & so keepe it then
take a good handfull of salt & halfe a pint of runing
water put them into a clear pipkin let it boile till halfe
be consumed continually stirring it let it then stand till
it be well settled & put the cleare in a glas & so keepe
it - when you use this take som of the lityng-water
in a spoon put a little of the salt-water to it & it will
make it like cream & so is called virgins milke anoint
the place with it & let it dry in it helps the pimpls

clengeth

clengeth the skin killeth tellers mercs the stch takes away
sun burning & they of Italy use it to make thoyr faces
faier.

Burging ALE

A good ale to purge.

Take Eguimony Bitony of each 1oz: & $\frac{1}{2}$
sanfa parilla Aniseeds of ..
each 1oz: the roots of faxifrag of lignum
ginger cinamon of each 2 drams $\frac{3}{4}$ oz of ..
walones of y^e sun stand put all in a bag wth a stome in it ..
to make it sink to y^e n^o put it in a gallon & $\frac{1}{2}$ of ale when
it hath don working let it stand 5 daies & then drinke
it more or less in a day as you find it workes in the mor-
ning fasting & at 4 Aclock in y^e after noone. you must
bruise the Spices ..

Diambria

An Electuary to be made of Diambria.

Electuary. Take halfe a pound of sugar put it to gomuch of roge-
water as well to wet it boile it to a thick syrop then
put in it 3 drams of Diambria & give it a
walme or 2 then take it from the fire stir it till it
be cold then put it wth into a pot & give gomuch of it
at a time as halfe a nutmeg This hath recovered one
left for dead & against surffeting & gnawing
in the stomach.

Cordial Water.

A most excellent water.

Take water
cloues ginger water
nutmegs of each 1 dram in very fine powder then
take gomuch of the juice of galadine as will mix them
well

wall together then put into it aynt of good Aquarite
 & 3 sints of good whit-wine let it steepe all night in
 a glas or earthen pot next morning distill it with an
 easie fire till all be run that will then mingle it all
 together to make it all a like & so put it up to keepe for
 your use insomuch take 1 spoonfull of it fasting once a
 weeke & in winter 2 spoonfulls every weeke the
 best time to distill it is in may the vertues of this
 water It is good for a qualteran Agu or any disease
 in the stomach taken before the fit do com st do

If the lungs be
 grieved or vexed it helpe & comforts them It
 suffer not the body to decay but the same in quantity
 multiblyes that he shall not need to be set sicke
 It suffer not the hart to be burnt nor melancholy
 sicke to be lifted up a true nature It excellenth-
 eldern mighty proffets the stomach marvellously
 it proffers in its owne estate both en-
 gender good conlour conserves the memories &

the palpy of the sinns & preserves
 from palpy & if the said water be given to one ta-
 loring towards death or spoonfull releaueth him
 of all waters none is better.

A powder to stanch blood in any wound.
 or any veine, ^{or} Arteries cut

Take 1 oz: of the powder of a piece of Leane Beete
 being first burnt vpon a gridiron on the fire till

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it be beaten to powder then take mastick & bole
armack of each halfe an oz & 6 wheat caues all
in fine powder mix all together straw of this powder on
the wound & mix som of it with the whit of an egg hill
it will make a plaster & lay it on y^e wound besyred
upon a cloth & it will both draw & heale the wound
assuredly

For giddines in the head

Take 3 handfull of Cowslip flowers wood betany tops &
rosemary-tops of each a handfull dry them very well
then take 10z of nutmegs 2 graines of long pepper &
make it by a quarter of an oz with white pepper &
pepper car all together to powder & search it then
take as much of the powder as will couer a shelling in
6 spoonefulls of roset drinke when you goe to bed.

To strenthen a back that is weake --
stay the whits & breake the stome.

Boile 4oz of congly flix
sing it till it be like past then mix it with Amber
red corall fine bole cinnamon Cassia yellow
or whit of each a dram in fine powder &
make it by in pills take 5 or 6 every morning fasting.

A drinke to qualifie hot sharte rays
& humors ascending bywards.

Take fenitory 1 handfull of Camomill & liquor-wort of
each 1 handfull of crowans 4 spoonefull a stick of
good licorice scraped & sliced put all these into a quart

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of new whey let it boile at a soft fire a quarter of an hower then straine it & drinke a good draught of it warme in the morning fasting & at 4 in the after noone you may drinke it a weeke together & leane it & drinke it againe.

An Electuary against fumes & obstructions
of the lynes.

Take armadr as a walnutt of conferves of

For the spleene Take

Take the tops of flowers of wood betany keepe them dry all the yeare & when you haue any occasion to use it take a handfull of it & boile it in a quart of posset-drinke to a pint & then put to it 2 spoonfulls of the gromys of manigoldes & drinke it 2 nightes at going to bed or more as you find cause This making will serue both nightes approued.

Another for the same

Take the leies of Ash being full size take out the seeds if is within them when the leies are dry beat them to fine powder & seach it Take somwhat of that powder as will lie on a shilling Every morning fasting in a little beare or what you will The seeds beaten to powder & taken in possetdrinke is exelent for the stone.

For those that be troubled with cholast.

Take

violet leafes harts-tongue
south-Thistle fennitory of all a bout 2 handfull boile them agrightly while on the fire in a quart of clarifie

whey

whey let it run thoro^{gh} a sifting-dish & drinke of it in y^e morning fasting.

A nother for the Spleene.

Take whit sicer in as fine powder as you can sweet = fennell seeds finely beaten & scattered of each halfe a spoonfull at one time mix them well in a pretty good draft of whitwine & so take it i^e mornings together v^ee exercise for an hower off after.

For thoe that haue the plague.

Take 3 oz. of liquores the inner vnde of an ash-tree still it with 3 oz. of whitwine let the patient take 4 spoonfull ouer 3 houers & if God pleas. he shall be well within 24 houers.

For the plague there is none more excellent & worthy then this w^{ch} hath been very well approued.

Take a cock pullet pluck of the tailfathers till the stumps be bare then hold y^e bare of the pullet upon the gore & the chicking will gas & labour for life & in the 3d will die then take another till the last will live for then all the venem is drawnen out y^e last chicking will live & the party amend shortly after.

A gree & safe medicine to cauge a sick man sleepe.

Take plantan leaves & y^e leaves of crope of willow a like quantity boile them in milke till they be thick like a poultis & so apply them to both streets & let it be

lie on all night.

To keepe the small pox from pitting.

Take the fat of rusty bacon put it on a red hot fire shoulde
ss go let it drop into rognater then take it & as soone as y
pox looke full & whit anoint them with it.

An approued medicine for a Confumation.

Take an newlaid egg & put out the white & put into it a
little grated nutmeg & as much water of colts foot as ^{the} geall
will containe warme it upon embers & go sup it up & fast
an hower after it then eat some mutton broth or any meat
that is light of digestur this continue till you find good by it

An approued medicine for any blast or hot shime
in the eyes.

Take waybread leaves being gathered betwene sun & sun wash &
wixe them with a cleane cloth then pun them & straine them &
take the juice & drop 3 drops at a time into each eye when the
party goes to bed & take the leavbe which you straine the juic
out of & lay it all night upon the balls of the eyes binding it
~~fast~~ fast on in the morning drop more in & as this age it 3 or 4
nights together if cause longes.

A nother for the Eyes.

Take whit sugar candy pun & search it thorough a liffey very
fine then opening the eye rut as much as will stand on the
point of a knif so close the eye & let the party ly on the
back halfe an hower before he stir. approued.

An other

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Another for redness in the eyes and rheums.

Take powder of Tally & in fuge it in plantain water & drop it into the eye morning & evening at least.

A very good powder for the greene
Sicknes or those y^e are inclinable to it.

Take 4 grains of muske & grains of ambergrise a booke-leaf of Gold a quarter of an oz of feed pearlē not dried 1 oz of finely scarsed ~~pearlē~~ filings of Iron mix all these together & let the party take morning noone & when slee goes to bed as much as will be on a groat drinke in the morning a draught of muscadine after it you must beat all these ^{to powder} ~~together~~ & put to them a quarter of a pound of fine barbary-sugart very fine.

An approued medicine for the Greene sicknes.

Take halfe a pound of currans pick & rub them & beat them to a past then take halfe an oz of Steele-powder 2 drams of rhubarb 2 or 3 races of Turnersick hafc an oz of Juicy-halfe a quarter of an oz of Caffron dry y^e caffron & beat all these into powder & mix them together with sack if you will you may make them into pills or else you may take it upon the point of a knife you must take the quantity of a nutmeg every morning & stir after it walke for an hower after it or rub a table.

A receipt for one that is troubled with the
megrim the dizines or paine in the head.

Take 1 oz of Peony-roots 1 oz of the Peony-bearries 1 oz of nutmegs let all these be well sliced & beaten to powder so fine as you may & cre it thorough a Tiffany

then

then put it into a boxe & let it stand in some dry place
where it may still be dry & when soone you find a
diseas in your braine take somuch of this wonder as
will ly on a shilling & mingle it in a goodfull or
beare to so take it downe with a goodfull or 2 of beare after
it this will presently helpe you - & bathe.

A cordiall water.

Take 3 pints of claret wine 3 pound of cherries 2 of them
stand & one on stond one handfull of rogemary toxes as
much spicer-mint & as much salme a quarter of a pound of
nutmiges as much cinamon & lemon yll fill all this in
an ordinary still & so keepe it for your use.

Another cordiall water.

Take a quart of strong mint water poure into it rogemary
bunbury & Cowslip flowers of each a good handfull & of cin= =
namon 2 oz: bruised a little then let all these stand 4 daies
together in a glas close stopper then straine it & add to it
as much syrups of Gilliflowers as will make it a per= =
fect claret wine colour so keepe it for your use all the
yeare

A medicine for the stone a bone all others.

Take the water of purgatory & water of rogemary the
water of sacreficing the water of penicils of each of
these one quart smalmye 3 quarts the water of Lau= =
stionne leaves or binnies & put all these into a still
cattory & stille them & drinke first & last at one time
4 oz: rebatur.

To kill

To kill fleas.

Lay a good quantity of Saffron in the chamber & vident
the bed. approued.

To take a way warts

Take a great red Gnaile that hath noe ghell rub it
on the wort & it will take it away.

Punging Pills.

Take 2 oz: of Aloes 1 dram of Jollop a quarter of an oz:
of myrtle & halfe a dram of Saffron beat all these
to a fine powder & fearing them severally then take an
oz: of Syrup of roses with Agarick which is to be had
at the Apothecaries & put as much of it to the powder
as will serue to beat to a stiffe past then put 2 or
3 droopes of oyle of Aniseeds to it & worke it well to
the past with a pestle & so put them up into a little
galliest & as you use them make them up of the bignesse
of the greatest wort these pills are to be taken a quarter
of an hower before supper 2 or 3 of them or more or ~~less~~
as you find them worke you did not keepe chamber now for
beaste any ordinary diet for them only drinke warme ~~water~~
or posset drinke in the morning after you haue taken them
you may take them 2 or 3 nights together or as oft as you
see cause & for beaste 2 or 3 dayes & take them againe.

They purge melancholy flegme & fullness of the body if
you are troubl'd ^{with} waterish humors you may put into them
a quarter of a dram more of Jollop.

To make syrop of Gilliflowers

Take a pound of Gilliflowers & dry them then take a pound of fine sugar & beat ~~them~~ ^{it} to powder put your Gilliflowers into a big gally pot with the sugar & lay of on ~~the~~ ^{then} a lay of the other & so put them into a Kettle of boiling water & let the water boile 5 or 6 hours then streine it out as neare as you can & so put it into a glasse bason & let it stand on ^{the} fire halfe an hower then when it is cold put it up for your use. The remaining Gilliflowers set into vinegar w^t gom sugar it will make a good gallet.

Another way to mak syrop of Gilliflowers

Take halfe a pint of balme water & halfe pint of conaq-water & mix with them a pound of fine sugar & boile them to syrop then putt to them a pound of chist Gilliflowers & stamp them in a stony morter very smal & putt them into the syrop & let them stand to infuse all night the next day streine it out & when it is strained boile it a little & so when it is cold putt it up in a glas for your use.

A Cooling Julep for al feare

Take of bath water 3 pints & putt into it 10z of - leucrese thin sliced 2oz of Aniseeds bruised a handfull of saigons of the sun stond an old pipin sliced & a little Harts-horne - let all boyle to a quart & so drinke of it cold halfe a stony groonefulls at a time as oft as you please.

To make excellent thin cheeze.

warne a gallon of new milke & put to it one quart of creame
very hot one spoonfull of runnet if it be old if new more
cover it till it be com then make your cheeze but broke
not the curd only take it up with your setting dish & so -
lay it in the fale turne it as oft as the clott is wet for
feare of gowing & within a day lay it in rushes & shift
it once a day & turne it often in aday.

A Syrup for a Cough.

Take coulfoote Maudenhair Cetracke of each a handfull --
wash them cleane put them in a pottle of running water
with a few Elecampane roots sliced then let it boile --
halfe a way then streaine them & put to it 2 pound of
sugar so let it boile to a Syrup take of it 3 spoonfulls
morning & night.

for the i. oct 24 1667

Mother take 12 of corall & 1 ounce of Red sanders
m^m flavis finely sifted half a handfull of oatmeals
searc'd put all these in a quare of
new milke boyle the a little & sweeten
ten it to your tast with sugar
take of this when the fitt comes

"Danil
for flooding beat a handfull of Grat^y
y is of Lady 2 hours then straine ym & put too it a
duncans quart of Claret a quarter of an ounce of
medicin cinnamon a little Bay leaves half an ounce.

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of sanders boyle it well before you put in the sanders
boyle ye sanders a little sweeten it cold drink it, in extremitie put
in Red corall
at the same time lay a plaster of soft waxe
to the navel

m^r Davis for the yellow Sandes

take earth wormes slitt & scourre them
cleane with water & salt then put them
in the ouen after bread upon a paper to
dry & powder them, take as much as will
ye uppon 3^d in white wine with a littell
safforne for 3 or 4 mornings or longer
as you haue occasion

m^r Davis

for the Ricketts

take yellow snails runne a thrid through ym
& hang them ups & with the oyle of sorges
anoynt the goyns of the child night
& morning

another

take once marrow Redd sage & margaron
shredd together putt ym in double gafes in
the ouen with bread anoint goyns belly
& stomach with this oyle Probatum

tak ground Guy Broome flowers Rhue Liverwort shred
& boyled in fresh butter boyled to an oyntment

- merdans a salve approued saltat cycle
take Deere suet Beeswaxe stone Pitch of each
a like quantity & boyle them a little while
& keepe it in a gallie pott for yo^r use
- it heals any wound new or old is good for
aches or any thing
- Elizabeth Smith for the Tooth aches
- Take ~~one~~ barrell pitch & rozin alike quantity
& twice as much Bird lime Let them stew
over the fire ~~till~~ with a little water till
the water be wasted the spread it upon
a new sheeps skin for yo^r use
- For a consumption or flegm in ye Breast Receipts out of my Coken somersalls
Booke Bayberrys
Take 2 ounces in fine powder mingle it
with Clarified Honey or syrop of coltsfoote
& lick of it with a liccoris stick ofte
- 2 for the Cramp
- Take Brimstone in fine powder & mix it
with fresh Butter & lay it upon a cloth
& apply it warme it also cures y^e stch
- for a carbuncle to break it Take corriander seeds prepared one or 2
ounces mingled with Honey & apply it warm
- To Break a plague sore Take dry salt in fine powder & mingle it
with the yolk of an egg & spread it upon
a clothe or flase so apply it

542 for Cramp Tak a ring made of a cows horne wear
it upon y^e finger & hold her foote
in your hand

6 for the hanging take the Joyce of succory & wett the
down of womens breasts with it warm
breasts

7 for the fitts
of y^e mother Tak mustard seed in powder, blow it up
into the nostrills, or take the fume of gall
banum, Asafetida, Bitumen let the fume go
into the nose & in the lower parts,

8 for a plurisy tak black pitch 2 or 3 ounces, oyle of Camo-
met half an ounce spread it upon leather
& apply it to the place,

9 for y^e Eiles tak an old shooe put it in a chafing
dish of coals & put it in a closestoole
& so sit over it,

10 for y^e fallen Tak the yolk of an egg a little Ry meale
& a little venice Turpintine, mixe them
well together, & spread it upon flase &
lay it to the place it will break & heal.

11 for very good
broth to coole
the liver tak 3 pints of fayr water & a handfull & halfe
of strawberys roots & leavens, boyl therein
halfe a chick or a quarter of a Bullet of a
yeare old a little hole mace & a crust of
bread & drinke it in the morning,

12 for a Cough Tak therid flower of brimston & put it
in a halfe round ball of conserve of
Red Rose with a few drops of vitrossall
swallow 3 of the balls at a time as you
see cause

for a sore throat tak 3 fews ears 6 figgs cutt in pieces
or quinsay taken bayl them in a quart of boyl water
in time to a pinte, & gargle your throat with it
often, if you find it ulcerated boyle a
spoonfull or 2 of french barley with it.

14

for a childe tak the bottom of a wheat loafe & stick
it full of cloves, cinamond & nutmegs
& stirre weakly cutt in pieces, then toast it all at the fire
then sprinkle it with muskadin & toast it
again & sprinkle it again, & sprinkle it
again a little & lay it in a thin cloth &
put it to the navel of the woman as
hot as she can suffer

for wind in
the sturack &
faintnesse at
a cart

make lozinges with sugar & a few drops
of spirit of wormwood

25
an excellent
mouth water leaves Redd sage woodh in Leaves Bryer
leaves Columbin leaves of each 1 handfull
& a certaine boyl ym in 3 pintes of water till one be
for choppes in water put in 2 spoonfulls of english
womens riddles honey let it boyl a little then tak
it from yt fire, put in as biggas
an egg of Roach Alum when that
is dissolved straine, & when tis cold
bottle it it will keepe good a yeere

A medicin y^t tak sake of Brimrose leaves, & if it be win-
cous y^t pally
it take away the
speach
then beat them them together & strain y^t
with Ale y^t is stale, & give a good quan-
ty to the sick person to drink, this hath been
promised

for one of Pitts
Blood

tak y^t Joyce of Bettony & Goats milk, mix
it, & drink therof 3 mornings together
for y^t Dalleyn it tak Cowslip Roots & seeth them in malmsey
the face be drawn & bath the place where it is drawn &
strike it towards the Right place as warm
as they can endure it, if he cannot speake
rub the ~~place~~ tongue with new mustard
& pepper & stanes acre, beat it yut it in
a linin cloth & lay it to the Roote of the
tongue. if y^t will not serue the turne
tak aqua composita & the Joyce of Rhu and
rub the tongue both abou & beneath, as far
in the throat as the party can suffer it, &
rub the naye of the neck with the same
& it will surely helpe

To stay a flux
& cause sleepe

against
melancholy

Tak Laudanum paracelsus opiatum two grain
of this made into pills & give it y^t party
when he goes to bed it will caus rest

takke of viole. mallow. & Cowslip & hang up
of rosemary flowers three handfulls
and as much of damask. rose. leaves
burrage and bugloss flowers 2 handfulls

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of bawmo leaves, and of pinkes, of each
them 6 handfulls of cowslip flowers
two handfulls, of marigold leaves two handfulls
of cinnamon grossly beaten halfe an ounce, of
nutmegs two ounces of aniseeds grossly beaten
three, and a penny waight of English saffron
in a chalice in a potte of the purer sack
and sett them stand so now and then stirring
them together as long as you please
wounds distill them in a stillatory of glass
or wherein you do roses, well parted about the
still, in the nose of the still have 2 or 3
grains of muske in a sagg cloth lett the
distilled water drop through that into the recei-
ving glass, you may also putt in 6 ounces of
sugar candy powdered that it may incorporate
with the said liquor: when all is distilled then
lett the glass that dothe contain it for an houre in
hot water that the candy may be dissolved: take
that 3 times in a weeke: Lasting 2 spoonfulls
att a time, and at any time when y^e O is heavy:

let the fire be as soft as may seeme
4 you will the water. For alll itt will be both
smaller and the less in quantity &

Cure. Colick Powder.

Take a pound of liquorish, halfe a pound
of annisees, halfe a pound of bayberries,
halfe an ounce of mace, halfe an ounce of
cloves, halfe an ounce of pepper, six date
stones, 6 cloves of lily rootes, 6 corners
inward parts of six oyster shells burnt w^t fir
two handfulls of red sage, two handfulls of
red fennell, blate all these generally to powder
and seare them. ch. purely and scatt, and so
dry them in an oven, then take the weight of
two groases of spermacete, and mingle itt with
the powder of the aforesaid things, and give itt
the party greene in posset ale, or white wine
to drinke, the quantity of one spoonfull of the
aforesaid powder. Brobatum.

For the Skinne:

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Take melilot and camomile of each three handfulls
of parsley, roman wormwood, Dittany, and
Kantane of each a handfull, beate them
small in a stone morter, then putt to them
three handfulls of fine rosin 12 ounces of bees
wax, two pounes of sheeps suet, and one pinte
of white wine, then melt all these together
in an earthen pot, and lett them stand so 4
daies, but be sure they be perfectly boyled
then straine and so vse it.

for y^e drospie:

For the Drysie

Take 3 great handfulls of elder Roots scraped
clean & slit, a gur of a yd of Ammisse, 1 yd of Ecoris
ignum vitas 2 ounces of Sweetfennill Seeds, lay all these
in a gallon ^{that} of Raining water 12 hours then boyl upon
a soft fire till they be half conurned, let the party drinke
this morning & evening qd let him drinke no other drinke
if he be too spent, let him eat Roasted mutton
& Raysons of y^e sun but no broths nor butter,
& keepe a sparing dyet

Eructatum

A very good salve for an Ache, a Bruise or any hurt
 & a Spare Cloth diped all oad is very excellent
 Take 3 pints of the best Sallet oyle & one
 pound of red Lead & halfe a pound of white Lead
 Let them boile wel togither then put in a wort
 of Camphire, Let It continue boiling til It com
 to a perfect body, which you may know by often
 dropping it into water. Then take It off the fire
 & being a little cooled, having oiled your hands
 make it up quickly into rounles, for It wil soone
 be cold. See you overboile It not. In my
 Experience I never tried a better, neither do
 I thinke a better can be had.

A Blaister for all Sores & Aches

Take a pound of oyle Olive, red Lead 8. ounces,
 white Lead 4. ounces, Spanish Sope 5. ounces.
 put these in a Pipkin wel glazed, boile them very
 softly an houre & halfe. Then increase it still
 stirring It with a Sticke til it waxe greenish
 & after of a more darke Color & when a drop
 of it wil come of a Table without sticking to
 it. It is Enough. Then put in halfe an oz. of
 Sores-grease, as much oyle of Baies, then spread
 it, & use it.

The virtue of It.

Applied to the backe, preventeth womens mis-
 -carryings, It is good for all wrenches &
 Bru-

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Bruises in the backe, applied to the stomach.
It takes away the paines thereof & of the
belly, & causeth a good appetite provokes wo-
mens courses helpes issues, & breakes all old
sores. & it is excellent for any sore, bruise
or swelling.

A speciaall receipt for an Ague. Sist. Boden.

Take as much Allum in fine powder as a
wal-nut & a quarter of a nutmeg in fine pow-
der, put it into a pint of rale & let it stand
close covered a night; in the morning give it
to the patient to drinke an houre before the
fit cometh. Let him drinke it all, or as much
as he can. It wil take away the ague by vomit
stooles, or both.

A medicine of bath often helped me
Quartaine Ague.

Take a nutmeg, & beat it smal, so much
Allum in quantity in fine powder mixt both
together, then divide it into 3. parts, then take
every morning together fasting one part in 4.
spoonfull of white-wine. If it make you
cast, it is the fatter, but then have ready some
posset drinke, wherein hath boild the tops
of red nettles. Pot.

For a Quartaine Ague approved m^r Brookes.
Take the back-bone of a fish called Cat

Cuttle-bone & beaten into powder give 1 drachm
in any liquor beer or wine, it must be taken be-
fore & cold fit come. if it goe not at first ta-
king, take it againe & next fit day when it wil
helpe, if god please.

A very good medicine for an ague to
apply to the wrists.

Take a good handful of Smallage, & beat it very
fine, then take a middy handful of bar-salt &
good large handful of Cobweb pickt cleane &
spidors, & beat both these well together with the
smallage. Then take 2. oz. of White Turpentine
& beat it very well with the rest of the things. then
an houre before the fit comes, spread so much
upon a Linnen Cloth, as to cover the inside of
wrists some 2. fingers broad, & so lione it to both
the wrists & let it lie on til the time of next
fit, & then an houre before the fit comes lay it
on as before, & thus in 3. times it setteth
to take & Ague away, sometimes sooner, but in
case it doth myse then apply it 5. times.

Dr matheus

For a Quartaine, & e approved
Take 2. handf. of horse-radish, 3. handf. of
Briony roots, 12 handf. of Scourvy-grasse 2 gallons
of white wine. Chop it al smal, & Let it steep
2. or 3. daies in the wine, then stil it w. a scald
fire & take of this water 4 spoonesque in 3.
spoonfulls of white-wine, & some sugar, & so
drinke of it evy morning, & at night before

sub-

supper, if he sit be not upon, take 4. oz. of
Cones, & one spirit of wypre, & 2. lib. of Rose,
steep in the wine, like hinciture of cones
out. Take 3 or 4. spoonful of this in y. or 8.
spoonfulls of whitewine & sugar when the fit is
coming & keepe y. 2. feet. Drinke in y. 2. hot fit
posset. Drinke wth Syrup of wood-sorrel in it.

To take away the Col fit of an Ague.

Take 2. or 3. spoones. of Agavita & juice of
2. or 3. oranges, & drinke it a little before fit
comes. Do this for 3. dier.

To stay the fits of an Ague.

Take 2. grimony a good quantity boyled in quart
of white wine, to a pint, & drinke a small draught
at it an houre before the fit comes for 3. dier
for a quarter, full approches, in som

To Cure the Ague in a womans Breast.

Take a pint of stale strong Beere, put therin
some wheat flower, & season it wth sugar to y^e
liking, & so drinke it at twice or thrice, as you
find cause, & 1. or 2. pints of this drinke wil
doe the Cure.

For a weake backe, or the wiles

Take a oz. of Cynamon, a oz. of white Comery
-roots, an oz. of galipony of the oak, 3 oz.
of white sugar Candy, make al these into
powders, then mingle y^e togither, & take

so much at a time thereof as wil lie on a 6^o. evy morning for the space of 5 daisies, & so likewise in the afternoone, & drinke a draught of red wine within an houre after evy taking. this maye taken a longer time if there be cause.

Another

Take lice, dry it, grind it, & strain it & of that flower make past with red rose water, & whites of eggs, roll it thin as wauers, bake ym in an oven upon wikk paper, in a gentle heat, & eat usuallie thereto.

Another

Take heifer new dung of a sound lusty young horse fry it in a darning-pan, put it into a cloth & apply it very warme to the belly wher you go to bed, & so use it evy night.

Another for the same.

Take the great black snails, & out shels about 20 or 30. bind ym up in a cloth, & hang ym up so that they touch nothing, then prickle ym wth a great needle, & receive the slimy substance wt comes from ym in a dish, & anoint the reins of the backe from the necke so the -

An Excellent Balsam

ole of Swallows 3. pound ole of hypericon 2 3.
ole of Sais 3 3. ole of petroline halfe an oz.
ole of Spike an oz. ole of Juniper one oz.
Turpentine of Venise wch is white a pound, natu
ral Salme a oz. waxe halfe a pound, red
sacon

Sandars powdered & 3^ʒ put in Swallow oil in a
large earthen pot & put it on a soft fire & re-
-solue & waxe into it. Then take it of the fire
& mixe & rest of the oiles with it, & then put in Sandars
into it stirring it continually, yf it may
mixe well. & being a little cold put in & turpen-
tine & stir al togither til it be fully cold, yf
the Sandars fal not the bottom.

Uses of It

- 1 Being dissolved it cureth any greene wound
by apointing, or being squirted in, if the wound
be deepe.
- 2 It is good yf any burning or scalding.
- 3 It cureth any reb, stich, or Sciabica, coming of
4 Col. agt & paine of the teeth, by anointing ym
gums. It is sovereigne good agt the
5 Bruise, some of it being dissolved in a perry
pot of hot Sacke & drinke it at going to
bed as hot as it can be drunke yf the patient
may sweat. & outward must also be
apointed therewith.
- 6 It is a preservative agt the plague, & like de nole
being apointed therewith in the morning.
- 7 It is good for straining of any joint, by apoin-
ting
- 8 Lastly for any swelling or impostume
for gathering, dissolving, breaking, draw-
ing & curing them.

A Balsame to cure all Diseases &
desperate wounds in 24. hours.
of myrtle, of Aloes, Hepat, of Chikenion

of Panguis draconis & Frankincense Monomy
Soborane Delium Carbo Saliamur Rmoniacum
Storax Ziziva of each of all these 2 oz, of the
juice of Castore 2 oz of muske 1. dram of
Turpentine & weight of all powder those you will
be powdered & mix them well with Turpentine
put all into a Limbecke & distil it with a soft
fire, take of Liquor distilled, but it close in a
glasse, & so keepe it for use.

The virtues of this Salsam.

- 1 Dead sores anointed therewith wil not corrupt.
- 2 It restoreth binet bones & are fallen away, temper'd wth rose-water & anointed wth necke
of roses.
- 3 It taketh away the shaking of lynes, if 1 hour
before & fit you anoint & back-bone warme
leaving it so upon a linnen Cloth.
- 4 In sounding it is as it were the last redige, to
anoint & back-bone.
- 5 For loose & speech lay a little water & tongue
- 6 For Suffocation or greate Matrix, in falling sick-
nes, & in many other passions upon necessity,
you may give 3. droops in some whiterwine.
- 7 It consootheth heart & therewith melancholy
persons wth are fad, weake & consume a few
such temper it wth one of roses, anoint mem-
bers affected, or back-bone in or out of a cloth.
- 8 To anoint & back-bone therewith prolongeth life
& likewise the nape of necke, from whence
all griefes come
- 9 It consootheth all bones sorell, & Palsey,

trembling or Leaping of heart & here ys no
medicine yf better wil yeste present comfort to
the heart yf Stomach being anointed with it.

To stop a Stich, or extreme paine in the
Belly.

Take a pint of posset drinke, & boile in it 8.
or 10. Acorns, 4. or 5. Bay Leaves, & drinke it as
often as you will.

To stop Bitting or stinging of a Snake.

It was tried by a Serving-man in Hants-shire.
Take the leaves of Buzdorke, stamp & strain
yn it so drinke a good quantity halfe a pint
at least, the simple juice is best.

To Stanch Bleeding

Take downe yt is ord falme or anifow when
it is thorough ripe, Don yt, & if you apply it to the
nose or an other part or wound yf needes.

Another for the same

Give the party 3. or 4. drops or somer more
If it be a man & strong 1 of his owne blood
in a draught of milke-beere.

Another for the same

Take a piece of Course rag & spread it with
the blacke juice or spauine of Toads gathered
in March, & as it spread it againe 3. or 4. times,
yn letis sic in the sun in April, May & June
then apply a litle of yt to the bleeding place
in man or a leare cloth.

An aforesaid Medicine to stop Bleeding

Take red Ruffles or other ruffles of iron

cannot get no simple & straine you alone or
themselves ther take ffruice & root all over
forehead & temples & so let it dry on a saile y.
or 3. hours. after you may wash it off, but tie
it close againe, come it againe. & mix of re-
nettles & red wine togither, with a litle Chalke
scraped in it & drinke warme bath beyond expe-
tation staid both bleeding at nose & mentone.

Another to stay bleeding.

Take a draught of new milke & stir into it a
piece of best Alum, or a powder, stir it well
& drinke it. it is a most special medicine.

To make a Powder to Stanch Bleeding of a wound or any vine Cut or Artery.

Take a piece of Lane brede, burne it in a fire or
a gretton til it may be beaten to powder halfe
an oz. of Mastichy halfe an oz. of Bole-armenick,
halfe a dozen of wheat ears al in very fine powder.
mix ym al togither, & wch you need of powder, strew
it on gl wound, or take a litle more of this pow-
der, & mingle it wch white of an eg, til it be
like a plastrer, & spread some of it on a cloth,
Lay it on gl wound, it wil both draw & heale it.

A Medicine for Bleeding in any part of for a wound in wch the Artery is cut, & was approved in the Dr Brooke, wch nothing else would stanch it.

Take of Spawne of Frogs in March, take it out
& wch water in a Sieve or nothing remaine but of
Spawne halfe an h. take of Spawne & distill it in
an ordinary stil, & not a Limbrick. wch you use

This water warme a litle of it in a spoon & so
drop it into y^e wound. m^r Lane.

To stanch bleeding in any part of body.

Take Alabaster & burne it in the fire. beat
it & sift it very fine & take whites of Eggs &
beat ym into oile, take y^t oile, & so much Ala-
blaster powder & mix ym together to be thickness
of a plaster spread some of it on a Cloth
if the bleeding be at nose & lay the plaster
upon & forehead, if the bleeding be by wound or
in any joint dor y^e wound lay it upon it & if in
& joint lay it a joint about. proved most admirable.

To stanch bleeding at nose, & prove

most effectuall. m^r March:

Take y^e whites of 2. Eggs, but into it so much
allum in fine powder as 2 nutmegs, beat ym
well together til it come to a white Curd, & take
3 pieces of Linnen cloth, 2. cut fit for 2 Temp-
tles, & 1. for y^e nape of y^e neck, spread y^e Curd
upon ym, & so tie ym close to y^e parts named.

To stanch bleeding.

Take y^e Spawne of frogs in March but it in a
sine y^t y^e water may run out then but the
gathered spawne in a pot til it be dry & in keepe
the powder in a boxe, & if y^e be an excessive
bleeding in y^e nose or any other part & oil
stanch it dor to stop bleeding in y^e nose put
a litle of it in fine Lawrence, & so put it safty to
y^t side y^e bleedes appoynd. w^r you use this or
2 rags, wet ym a litle in warme water.

To stanch Bleeding

Take a Toad, & thrust it thorough the head with a stick & hang him up to dry in the sun for the same, or tie it on the nape of a mule if any st. bleedeth, & it will presently stanch.

Another for the same.

Set a boxing glasse upon the Liver in blood come from the right side, or on the breast if he bleed on the left side, & lay unto it stones & good quantity of Towe & immerse it in Vinegar before a woman lay it on of breasts & so a woman let 2 Cupping-glasses be set under the breasts. The manner you set them on is this. put a Little flax into a glasse light it w^t a Candle & so set it to prove.

To stanch Bleeding

Cut a brace in & twist, lay it on the vine in the forehead & goeth to the nose & it will stanch bleeding. proved in many other medicines failed.

For the same

The powder of the scraping of a Catzen, & a frying-pan stamp'd & mingled w^t the juice of a riddle, & put into a nostril. Doth stanch the blood incontinent.

To draw & heal a Sile,

Take some Liver-honey, wheat-glister & yolk of an egg new-wax of an equal proportion & make

make it so thicke as it may spread. so lay it to
the place grieved, & venne it right & morne.
It wil both draw & leale. probat.

For an Aigne in the Breast as also
to dry up the milke.

Take good Agariba & Linseed-oile, warme ym
in a dish on a Chafing-dish & coales dip therein
2 cloths fit for the breast, & lay ym on the breasts
as hot as can be endur'd. Lay also a lumpe
of Flax-haw under each arme being wel
dried & warme & so dress the breasts therewith
morn & Evening.

A receipt for a Sore Breast.

Take a handf. of Dock-roots in winter, but
in the Sumner Leaves of the same quantity & like-
wise in the Sumner Dose-leaves a handf. in the
winter the middle rind of the same quantity
withal take a handf. of red Sage both winter &
Sumner, & 1. handf. of Groundsel. Let al these
be chopp very smal together & yn boyle ym with
oatmeale & milke, & so make a poultis of it
& apply it morning & Evening to the breasts
be broken. Then make a new poultis of
some things, adding 1. handf. of Ground Ivy.

A poultis to Creake a sore Breast
& to dissolve a swollen Breast.

Take a sheepe's head with wool on it cleane
it, & wash it cleane, yn set it over the fires.
in a good quantity of running water, & lay

Red roses
-try.

If boile til it be ready to lay in pieces, & boise
out the Liquor from the head, & take a quantity of
3. pints of Liquor, & put so it as much rice as will
make it thicke as a poultis, & when it is boiled put
to it a penny-worth of Saffron finele ground to
powder, & 2 spoones of oile of Camomile, & 2
yolks of Eggs, & apply this poultis morning &
Evening very warme to the Breast.

The Lady Killegrues poultis
for a Sore Breast.

Take a sheefes head with dwool on, & cleane it &
take a good quantity of Spring water to boile it
in til the tender, yn take the broth being
strained & cleared from the grounds, & put it in
to a Skellet, yn take a quantity of a quarter
of a pound of lice picket cleane from the hulls,
Let this boile very tender to of thicknesse as a poultis
being kept from burning. Then take 2 worth of
English Saffron being made fine, & stir it into it
wch it is of & give us also 2 worth of oile of
camomile wch 2 yolks of 2 Egg also, stir in this
being done put it into a glasse or pipkin, apply it
as you have occasion. This poultis is to reake a
swollen Breast & wch it is broken, or you find any
red knots & looke red, Lay on hony spread upon
brown paper somwt thicke, & the powder of
goats dung newly fallen, dried in a dish on a
soft fire til it be so dry wch you may beat it
into powder, & scarce it. make yor hony scalding,

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& put in of y^e powder to make it of a reasonable
thicknes, & apply it to the breast as aforesd & lay
the poultis over it newthel^e morning & Evening
or you find y^e corruption is al drawne out & the
breast freed from any hardness, & care off
poulties & the honey & y^e powder wil heale it up.
In y^e summer you need not make but halfe & quan-
tity of poultis at once, for it is apt to sourre, & y^e n^t
it is not good. keepe it in a cleane galli-pot or
glasse, & wth you use it spread it almost an inch
thick, upon a cloth, & heat it as hot as you can
indure it, wth you lay it on.

A plaster for Sore Breasts.

Take leaffes of mallows & wormwood of each a
great handful, seeth y^m in water til they be as
tender as butter, & lay y^m abroad, & draver
may run from y^m cleane wth after chop them
smal with a knyfe, for they wil not grind for eat
& straine y^m with a pound of swines greese &
& straine y^m with a pound of swines greese &
temper y^m togither til you cannot know fore
from the other. This plaster is very pretious
for paps, & it mitigabell paine not only in
paps, but in hot botches & biles, wther in y^e throat
or armeholes, or in any part other place of y^e body,
wth it lieth hard in y^e flesh. This must be laid to
warme in a double cloth of linnen changed
twice in a day. This plaster hath no peer for
such things.

For Sore Breasts.

Take of horsetay 2. handf. chop it smal boile it
in a sufficient quantitey of milke, putt some great
oatmeale fine beaten into it in the boiling, &

& a little quantite of hogs grease in the end of the
Boiling Day This poultice is a sore breast of swelldeth
& is full of paine proved often. It wil sometime
dissolve it without breaking it. breaketh it must
be healed with some Salve as when it is called
the blacke Salve.

An Excellt Receipt for a Sore Breast.

Take a yard of new Cotton, & give it to g^e Lye to
put into his wood salt, til it hath received as much
woolding as is possible, & cut it into 4. pieces, &
boile it in whiteswine til it wine be very cleare
you apply those Cloths hot to it twice or thrice a day
as you do fomentacione & make Tens of Lint &
diping in wine. probat. etc.

To draw & to heale a Bile.

Take some live-honey, wheat-flower, & 2 yolk
of a new laid Eg, an equal proportion, & make it
so thicke til it wil spread, so lay it to place griz-
-za, & renew it night & morning. - wil both
draw & heale. p. t. est.

A very approved medicine for any inward Bruise

Take Oculus Camerj wel is a stone in the head of
the Crabish, take a dram of this stone in fine
powder put it into a glasse, & put to it a quarter
of a pint of white wine vinegar, & let it stand til
it leane working. then stir it & give the party to
drinke probat.

For a Bruise or a Straine.

Take 2. handf. of henbane, 1. handf. of dog-
-tongue, 1. handf. of Elecampane, 1. handf.

of nightshade 1. handf. of plantaine 1. handf.
 of Tulas, 1. handf. of Cina-foile bruise
 al these together a little in a mortar & see it
 in halfe an houre in a pottle of fl. best sallet
 oyle, wch it hath boyled so long, put into it halfe
 a pint of ~~the best~~ Aquavite, & a quarter of a
 bound of yellow waxe. so let it stand til it looke
 very greene, & the herbs be very hard, & straine
 it thorough a new coarse cloth, & put it up into
 a pot. It wil keepe being close boorded with lea-
 ther 7. yeares very good. when you use it
 you must rub it very wel by the fire on the
 bruised or ~~scarred~~ part, yn wise wth hand upon
 a woollen cloth, & lay yt cloth upon the place.
 may is the best tyme to make the ointment.
 It is a special good one.

For a burning or Scald.

Take 3. handf. of yel. greene rind of flax, as
 much greene goose dung, beat these & boile
 yn a pretty while in a bound of fresh butter.
 straine it out very hard, & keepe it in an ear-
 then pot, stir it til it be almost cold, & when
 you use it, melt thereof & anoint the sore with
 a feather & lay a primrose leaf next the sore.

For a Lupoure

Take Marigollon, Daisies, Comfy & 85monds wch
 is a good ferme, of every one alike, wash yn in
 the water of a Smiths forge, boyle & part in a
 vessel covered wth a soft gire, & straine
 it, & give to drinke of it a good draught morning

& Evening adding redmore in his meats & drinks
the powder of the heart of a hart being dried. These
may be given to young children

To make a Diuision wch is full most effectuall
all in Syrups Catarches & other cal effects.

Take a heart of white & blacke Pidgeon $\frac{aa}{2}$ pds
may enhaire 3 pds. English Licorne seeds & scraped
 $\frac{aa}{2}$ pds. Rijubes $\frac{aa}{2}$ 30. Lettice seeds gr. mallow seeds &
quince seeds $\frac{aa}{2}$ pds. Boile all these in 8. pints of
water to 4. pints or unto of halfe ft. in streine
it take of it wch is strained 3. pints unto wch
ad sugar pennies & of Coorse sugar $\frac{aa}{2}$ lb. being
clarified make up the Syrup according to art & re-
serve it in a glasse.

For Roiling in the Cods.

Take powder of Gummin, Barleymeale & Calvados
honey, dryyn togither, make a plyster therewith,
bind it to luke-warme thereto.

A special good Medicine for Collick.

Take acorns when they are ready to fall & so Lay them
by you vpon occasion to use them grate or
scrape halfe a pint it in a spoonful of beere or
ale, or whiterwine wch is best, & so drinke a good
draught after it for a chil, ale or beere is best
wine being too hot.

A medicine for Collick, & hath helpe in
great Extremitie, & the bairn never had
it after. Geo.

Take an old root of an Artichoke i. Dext root
is the better wash & take out the pitc yn slice
& put it into a quart of whiterwine, Let it boile

To a pint yr being in bed drinke one halfe, the
other going to bed at night.

To make the Collick-water

Take 6. quarts of the strongest white wine you
can get & distil it in a Limbeck, take a handfull
of Slope Beline, Filipendula, Saxifrage, Beane
flowers, also wylthyme, bellitory of the wal
yernander a good quantity with one gill or
Samphire, Cut ym al to pieces & inde ym one
night before you distil ym, & put to ym also
a pecke of may-flowers if they be new gathered,
but if they be dry a gallon wil suffice, put in a
quarter of a pound of Anise-seeds, mace, & as
much Licorice sliced, ym distil it al together, &
when you are troubled with a Collick take a
spoonful at a time. This is an approved medicine.

To the Collick, & Excellt good for
the stone.

Take a gallon of white wine, & put it into a
Limbeck pot, hysop, fennel, Beline, Filipendula
Saxifrage, Beane-flowers, alio. Beane Eods, of each
a handfull, wylthyme, bellitory of the wal & Yer-
nander of each a good quantity, & a gallon of
samphire, so cut ym al in pieces, & put ym into
the pot where yr whitewine is, put thereto Anise-
seeds & Licorice of each a quarter of a pound
& put thereto a pecke of may-flowers & all
steep together one night & so distil it in a
Limbecke, & this water wil appease the
Collicke.

for

For a Collicke in the small guts.

Thyme made in powder taken 3. Drams of it with
Oxymel & a little salt purgath by stoolle tough &
clammy flegme, & sharpe & cholerick humor, &
is good ag^t strindines or of sides, belly, stones, &
genitos.

Another for the same.

Take methidate with a Little whitewine or with
decotion of Camomile 4. or 5. hours after dinner
if the patient be naturally loose in his body, or
else ^{make} loose by Chlyster.

For the Collicke

Take of the kernels of ripe when keies & of the
roots of Filipendula of each a like quantity, beat
yn smal, yn take as much as wil lie on a groat
or boster, & drinke it in broth or Cardury, or Ca-
momil possetdrink yf paine.

For a Consumption or Cough, or Shortnes
of breathing.

Take a quart of running water, boile therein a
handf. of madron haire, or unsot hyssope til it
come to a pint straine it, & put thereto a quarter
of an oz. of Licorice sliced, half a handf. of Rai-
-sins of sun stoned 2. figgs 2. dates jujuces,
sweet fennel seed, & Anise-seeds 1. oz. boile these til
almost halfe be consumed, then let it run thorough
a strainer & sweeten the liquor with white sugar
-Cardy to your liking, so drink of it 4. spoonfuls
at a time blood-warmed, in the morning a oz at
an houre before you rise, & at night for you go to
bed. Lie on y^r backe, & let it go leisurely downe.

For

For a Consumption a China Broth

Take 3. quarts of faire running water, put it into a pipkin & set it over the fire til it be ready to grett, then take it of, & put into it a smal handf. of China, & another of Parsa-clips, then stop it close & let it infuse upon Embars 24. hours, Then take a middle-sized Cock-chicken & free of the skin, & cut it open in the backe & take out all the garbage, & beat it with a pestil.
 2. It touch no water, but put it into the China Liquor, & put unto it 6. or 7. Leaves of Colts-foot & a little maiden-haire, 30. raisins of the sun stond, & a little fiake of mace, these let these boile togither til halfe be consumed, let it be strained againe very hard thorough a boulter or Cullender, set it on the fire, boile it & scum it againe, make it sweet wth sugar or sourc wth lemons, as the patient likes it best & let him take of this a good draught eas^t of 3^e clocke in the afternoone if he please.

For a Consumption or for a
Body that is weake.

Take one bottle of good milke, a quart of muscadine, halfe a pint of red-rose water, 2. handf. of raisins of the sun stond, a y^t of a pound of fine Sugar, 16. eggs beaten, mixe these togither, then distil yn in a common still with a soft fire yn let the patient take 3. or 4. spoonful abt hime blood-warme, root-net wth a little manys Christ, made of Ceral

Coral & pearl, when y^e things are all in a
stil, strew on 4. oz of Cinnamon beaten. This
water is good to be put in broth

A powder for a Consumption

Take Earth-worms out of a meadow, rub y^m
with a coarse cloth, then wash y^m wel in Vine-
gar, open y^m & take out the dirt, then wash y^m
~~out~~ in white-wine. Then spread y^m upon white
paper, & w^m bread is drawne out of the oven, put
in y^e worms, & when they are wel dried, take y^m
out, & beat y^m in a mortar to powder, y^m scarce
y^m in a Scarre, & after y^t to make y^t powder
finer scarre. If thorough a Laine or Tiffany, &
let the party diseased take as much of this pou-
der as wil lie upon P. Let ge some be put in
a spoonful of brede, & so take it 3. or 4. times
in y^e morning, so in y^e afternoone, & so at night
every day for a fortnight or 3. weeke togither. The
worms are best to be gotten in a meadow-ground, bee
they are sweeter & better, y^m in a dounghill, or any
other place, but they wil serve in other places, if
you canst get y^m in the meadows.

A most approved water for a Consumption called the Cock-water

Take a running Cock, but him alive, y^m kil him,
when he is ^{almost} cold, cut him abroad by the backe, & take
out the entrails, & wipe him cleane then cut
him into quarters, & break the bones, put him into
such a still, as you stil Rose-water in, with a
little

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bottle of sacke, 1. pound. of currans pickt cleane
1. pound of raisins of the sun stoned a g. & a pound
of Dates cut smal, 2. handf. of Lumborneel,
1. handf. of Rosemary, 1. handf. or with thyme
2. handf. of organy or with majororam, 2 handf.
of Bugloss & Borage, a bottle of new milke of
a red Cow, Stil these with a soft fire, put into a
glasse yt the water doth drop into wodwag & still
a g. of a pound of white-sugar-Candy beaten very
smal, a booke of Leaf gold of s. price, cut it
smal amonge sugar, 4 grains of Ambergrise
10. gr. of prepared pearl. whⁿ al this water is stil
mix together the first runnings, & last, & the
strongest & smallest be all one. yn drinke of it
2. spoonf. at a time, in the morning fasting, & an
houre before supper, you must alwaies shake y^e
glasse bef^r whⁿ you drinke yt. take of times ou
of 2 Dates. you may put in ioyne ther 3. gr. of
prepared pearl.

For a Consumption. Sist. mount.

Take 3. quarts of new-Cows-milke, put therein
a handf. of ysing-glass, a piece of China wood
the bignes of a shilling, cut into smal & thin pie-
ces, 1. handf. of currans pickt & cleane wash'd,
1. handf. of raisins of the sun cleane wash'd, the
stones not taken out. boile ym together at a soft
fire til one 3d part be consumed away. Then pur
into it 2. oz. of fine sugar, & Let it boile a little
longer. Drinke one draught in the morning fasting
another at night whⁿ you go to bed. It is prove^d y^e no-
thing oþr more strengthen^r nature, & preser-

preserue it then this oyl.

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For the Phisick

Take Aniseed, Licorice, Sugar-Candy & Campane root of each a like quantity, but of Campana one part is 3. of the rest, make all these into powder, & eat it dry morning & Evening.

Mr Maffias medicine agt g^e Consumption approved.

Take a quart of new milke, & put therin a handf.
of sownd hysop, a handf. of Colts-foot & 40 snails
with shels being boyled a little with y^e end of a
testill, & y^end y^en in a stil & shake wth distilled
water, & putt it into a glas bottle, y^en putt to it a
nutmeg sliced 2. or 3 sticks of Cinnamon, 2 oys
of white sugar-Candy & a handf. of rauins of grun
& stony take n out) sropal these close in a bottle
wth water last wal of these ingredients, & drinke
it morning & Evening, or at any other time the
other g^e better as y^e please, & It wil cure you.

To further Conception

Take twice as much juice of sage, as of Ale, &
a Little salt, & drinke thereof when or before you
go to Bed, & as Early in the morning as you can
if it may be as soone before & after Copulation
as you may, & take it 14. times, a reasonable draught
at a time.

To cause a child to stirre wth womb & to helpe Delivery.

Take unct Lrekies stampf & sodden in water
& lay y^en hot to the Navel, & the Child wil stir
within 5. hours, if it be alive.

for Con-

For Convulsion fits, for any paine in the
Stomach, for worms either in Children or
approved to be most safe & good by Dr Barker
Take Salt-nitre, & weight of 4d. of the flower
of Brimstone, & weight of 2d. mix them together
mix it with so much Consarcne of roses, or Consarcne
of Peony as a nutmeg, & so take it 3. mornings
together, & you may take it in milke, or a little
honey; is a child give a weight of 2d. halfe pou-
ny, & of Brimstone ye weight of 3. halfe pou-

An Excellent medicine for Convulsion fits.

Take of Alexander seeds dried yt may be
broken to powder, & scarce it yn take twice so
much of Consarcne of red roses & halfe so much
metheridate, mix ^{wel} together. Then give the party
grieved as much in quantity as a hazel-nut
3. times a day, w^r ye fit is upon him, or like to come.

For the same

Blacke-Cherry-water is very good for those yt
are troubled w^t Convulsions (or do feare it) To
drinke a draught evry morning, with some Sugar.

A Cordial water of strw. Raleigh

Take a Gallon of Strawberries, & put them
into a pint of Aqa-vite, Let them stand so 4.
or 5. daies, straine them gently out, & sweeten
the water as you please with fine sugar,
or else with perfume.

Gascours powder.

A most comfortable Cordiall, & as good
as bleeding, to take either in a feaver,
or to helpe digestion.

Take a pint of the best spirit of wine, & put into
it 1. pint of strawberries. Let it stand a day & night,
yr Let it run thorough a strainer, & put into the
same p. Spirit the same quantity of fresh straw-
berries, & Let it steep as before, & strain it in
the same manner as before. This do 8 or 4. times, &
put into it w^t quantity of Sugar you like, but make
it not too sweet, & so stopp'd my nose to it & don't
y^t use 1 or 2 spoonful. at a time is sufficient. &
this you may do with Raspis, w^t is as good. Crush
y^t not at all.

Dr Banger Cordial water, call Aga Maria

Take Canary-sacke halfe a pint of red or da-
-mask rosewater a os of a pint, & fine sugar
) Boile these to a Syrup, yr mix therewith of
Aga Salletis malibij w^t you may buy cheapest at
the Distillers in London. mix y^t w^t togidher by
often shaking y^t in take of white muske, &
ambergrise of each 18. gr. of Saffron 15. gr. &
Citrin or pale Sardins cut in thin slices 2. Orans,
or at least 1. Oran & a halfe, put al these & last na-
med into a Sarcenet tied up & hang it up in y^t Liquor,
now & then preying it with y^t fingers, y^t
Liquor may have al gr virtue out of y^t m.

A rare Cordial of red Cherry-water
Very comfortable upon any faintnes
or temper or weaknes of the Stomach.

Take 9. pounds of the best red Cherries, stone y^tm

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& bruise ym w^t a spoone in a cleane bason, yn
put to ym 9. pints of y^e best claret wine, of ~
Cinnamon 9. oys bruised, of nutmeggs 3. oys thin
sliced, of Rosemary 3. oys Balme, & Sweet-mario-
ram of each halfe a handf. Infuse al these in
a close pot 24. hours & yn stil all in a glasse
still with a gentle fire, & after it hath stood one
day, putt to it what quantity of the purrest fine
Sugar beaten you please, or Sugar-Candy, & in
a Linnen ^{fine} rag putt 3. or 4. gr. of muske, & so let
it hang in the glasse, wch being close stopped ~
wil keepe a long time, & you may take a spoonf.
or 2. of it at a time, w^t. wil be sufficient for
any faintnes, & remper, or weaknes of the sto-
-mach, or if you take more it is not hurtfull.

A fine Breakfast for those yt have
yr Courses too much.

Take a quantity of such wafers as are laid in
the bottome of marsh-panes, & cut ym in pieces,
yn putt ym into a reasonable posset of water
& a litle piece of Cinnamon, Let it boile til j^t be
of the thicknes of Parado, yn putt sugar to it
as you like, & so eat it as you like, but especially
at Breakfast. This hath bin approved most excellt
by a Lady yt miscarried of many Children, &
after she used this, went out her ful tyme, & did
wel. & Flix-wort turned up in ale or beere, or
boyled in posset drinke is a very good thing
for yt purpose — my mother

An approved medicine for one yt
hath his Courses too much.

Taker

Take 2. bricks, & heat ym very hot, yn watch carefully to take a Chickin assoone as it hath broken ye shell, & without wiping put it betw. y^e 2. hot bricks, down it is dried wel, put the powder into a box, & kepe it very close til you have occasion to use it yngine of the same powder about halfe a spoonfull in some broth or Cawle & thus take it once in 4 hours, & Godwilling in twice or thrice taking it wil assuredly helpe, if not alrege first taking. It is good to do 6. or 8. Chickins in this manner, for yr powder wil kepe 2 or 3. years good.

To bring downe their Crises
had ym. m^r Laine ffo^r dr^r of sputine.

Take the ffther birth, it must be raken hot from the body of a woman, & put it into a tub of water made hot enough to sit in as high as y^e shoulours, y^e she take no cold. Let the party sit in the water as long as she can wel endure, & as the water cools, putt in hot. It wil seeme to pul the belly, therfore as they come out, they must go to bed, & kepe ym warne. It wil bring ym downe in 3. or 4. daies to make the woman apt to conceive, so did one after, y^e had bin long married, & had none before she used it.

Sicknes to bring downe.

Take the worms y^e come after 2.aine & wash ym many times in whiterwine, til they be thoroughly cleasned, yn a crib or thorough y^e singere, & no gravel left in ym. Then after the bread is drawne set ym in the oven, & being wel brode beaten, take a spoonfull in whiterwine 3. mornings togither, in wht wine it stoom faile

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To worke its effect. If it be a dry season, & hard
to find worms, then stamp & straine Walnut-
Leafs, & poure the juice upon the ground, where
make you come forth abundantly. proved.

To stay Courses, the whiter, & burning
of the reins, & for those y^t cannot hold water.
Take the 4. feet of a Hare, haire & all from the
st^t joint, dry ym in an oven, & beat ym to powder,
& give so much of it as wil lie on a shilling 4. or
5. daies together in a little bosome. The she Hare is
for a man, & the male for a woman. proved.

Approved very effectual in the Cough
of the Lungs. Sir Ha. Min:

Take of the Conserve of roses as much as a
walnut, as much flower of Brimstone, & sugar-
candy (butter wondrous fine) as wil lie on a
P^d. mix ym very wel, & take as much in the morn
& at going to Bed, as this quantity divided twice.

For the Cough of the Lungs. or an
approved Medicine for any kind of Cough.

Take 4. oys of the Conserve of red roses, 2 oys
of white Sugar Candy, 1. oy of raisins of the sun
shone, beat ym al together, til you have made ym
of one substance, Then put in 6. drops of oile
of Vitrioll, 12 drops of oile of Sulphur, & mix
ym altogether, til it comes to a Crimson Color, &
so put it into a gall-pot. whn you take this, take it
in the morning fasting, y^t quantity of a nutmeg,
& neither Eat nor Drinke an houre after, & Take
as much t night when you goe to Bed. If this

Do not helpe at the first, ~~take~~ make as much more.

For the Chin-Cough.

Take Chine Bells, make you into powder by drying & beating you, take as much of it as wil lie on a groat, in Candle or in Broth morning & Evening.

For any Cough or Col.

Take halfe a pint of Line-hony, & a good spoonf. of the powder of Elecampane ^{root}, finely scoured, you mixt with hony, & so take it as much as you like at a time, but especially at y^e going to bed.

For a Cough & Consumption, & hal
cured by gods blessing w^r some 8 y^r
have given y^m over.

Take Elecampane, w^rset hyssop, Licorice, & Aniseeds 4. oz^s of the Elecampane & 2 oz^s al in very fine powder & scoured. put it al into so much line hony as being wel mixed wil make it like marmalad, But Boile it not, take so much in y^e morning fasting, & at night last w^r you go to bed as a walnut if you find cause, make more after this manner, as you like. Lady Mether:

A most aproved Syrup for any manner of Cough, & for yt of the Lungs.

Take a large handf. of Oake Lungs, wh^t is a broad white thing, w^t groweth high upon the branches of an oake, & shreadeth like Leafs. Boile it in a quart of Spring-water, to a pint, yⁿ put to it so much white Sugar-candy, as to make it a syrup. Take in the morning 3. spoonf. & as much last at night, til you fine use. You shal finde this upon y^e first making.

For a

For a Cough, Stopping, Hoarsnes
an approved Medicine. Sist. Boden.

Take a great Onion, stampē & straine it, & put
the juice of it in a draught of ale or Beere, & so
drinke it wⁿ you go to Bed. It wil helpe if not at once
at twice taking.

A Syrup of distilled water of Turneps
for a Cough.

Take Turneps, & wash & dry ym cleane, & distil ym
in an ordinary stil. to a pint of distilled water putt
a pound of sugar, & so boile it to a Syrup. wⁿ it is
taken of the fire before it be cold, putt in a like
muskē & amber-grise, & wⁿ it is cold putt it up into
a glas-Bottle, & take thereof a spoonful or more at
a time. You may take it at any time of the day or
night, but chiefly wⁿ you f^tle^r & Cough coming upon you.

For a Cold

Take of hyssop, red m^{any} netles, horehound, marden-
haire, colts-foot, french Barley of each a handf.
3 ozs of Licorice, 2 pennyworth of Anise-seeds,
halfe a pound of figgs, a q^t of a pound of raisins
of the sun. Boile al these togither in 3. pints
of running water, until it come to 3. pints, then
streine ym thorough a cleane cloth, ym putt in 3.
ozs of browne Sugar Candy. when you use it
take 3. or 4. spoonfuls at a time, in the morning,
an houre before dinner, & wⁿ you
go to bed probab. get.

For any old Cough, or Chincough
or Cough of the Lungs.

Take Turneps, wash & dry ym with a
cloth

cloth, & put ym into a wel leaded pipkin close up
the top of it wel with past, having put into it before
3. or 4. cloves of large mace, set the pipkin in an
oven with hough-hold bread, & let it stand there til you draw
the bread, Then take the Turneps, & presse out the juice,
& to a pint of juice, put a pound of sugar, & a little
saffron, in fine powder, let it boile with the sugar, til it
come to a high Syrup. one spoonf. at a time is suffici-
-ent to be taken, not swallowing it altogether, but by 2.
or 3. sips. it may be taken at any time but best when
the Cough is coming, & if you make Syrup of distilled
water of Turneps, it is as good, nay better, as I have
now tried it. Sir Geo. Bet.

An Excellt Syrup for any Cough in child
or old body, or for a Chin-Cough, or Shortwinded.
Take as much Colts-foot as you can get, 3. or 4. handf.
of Scabious, Elecampane-root or Leaf shred, maiden-
haire, horsehound, hysop, of each a handf., stamp &
streine al these, & take the juice of ym. yr let
stand til they settle, & take the cleare juice of them,
& put into it a spoonf. of anise-seeds, & a little sliced
Licorice, sugar-candy & raisins of the sun stond. & to
a pint of Liquor a pound of Sugar, & some old gold. Boile
it to a Syrup & Let ym take of it 5. or 6. times a day.

A most Excellt Syrup for any Cols or stopping
in y^e Breast, & cause ym to avoid flegme, &
may be given to children of 3. daies old.

Take Anise-seed water the best & strongest y^e can get
halfe a pint, (wh^{ch} is 8 oz) & 4 ozs of sugar-candy. put
it into a anise-seed water, & set it in a dish on a cha-
fing-dish of coals, & let it burne, stirring it Continually
till

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Til it wil burne no more. Then take it off, & put
into it 2 oys of rose-water so stir it wel til it be cold
& it may incorporate together. Then put it into a glas,
& keepe it for your use. & of the Syrup take 2 or 3
spoonf. morning & evening, as often as you wil
in the day.

for the Cough

Aqavite mixt with white sugar-Candy finely powde-
red, not made too thicke & a spoonf. thereof taken
late at night 3. or 4. times together doth helpe the Cough, &
hoarsnes, & breaks Cough marueilously. probat.
The like effect hath the powder of Campanie mixt
with the powder of Licorice & white Sugar-Candy
used a spoonf. at a time. probat.

Another for the Cough.

Take a great Aple, core it cleane, & take white
sugar-Candy, & Likewise of the best & purest Olibanum,
both beaten by themselves into fine powder then straw
one course of the powder of Sugar-Candy, & another
of Olibanum stil one after another, til you have
almost filled up the apple, after cover it, & rost it
til it be as soft as pap, & being rosted, mix it together
& eat it. This hath bin proved to helpe the Cough
w^m many medicins prescrib'd by physicians have failed.

for the Cramps.

The Surest & the best of all other is the infusion
of Castorum ministred the quantity of a dram, &
drinking of w^c is not only good, but the anointing of it
outwardly.

A very approved medicine for to helpe
Deafnes, seldom failing upon a Cold, & will helpe
otherwise, if it be not an Extraordinary Deafnes.

Take a

Take a quart of new milke, & put into it a spoonful of
bruised Cuminion seeds, & as much grosse pepper bruised,
let it boile away halfe, & then put the other halfe thor-
ough a tunnill into an Earthen bottle as scething hot
as it comes from the fire. Then take a cloth, & put
about the mouth of it, for burning y^r eare, & the
heat of the steame may go up into y^r head, & when
you find it coole, stop y^r eare with a little black wool
& put on a Cap for frare of cold, & weare the Cap all
the while you use this, w^tch must be 4. or 5. nights to-
gether. one stapple wil continue good 3. weeks; if you
keepe y^r m close in a box they wil be as good at the end
of halfe a year as at first making. The Easy Frane.

A most Excellt medicine to weare continually
in the Eare for Deafnes & hath helpt divers.
after you have used the fume of the milke as
aforesaid, you may weare it likewise, as long as y^r find
cause

take as much stone-pitch as a hazel-nut, & as much
reesing-powder melt the pitch in a spoone or Ladle on
the fire, & put into it the same quantity of reesing pow-
der, & s. gr. of Civat, & w^tch both are mingled wel
with the pitch, so warme as it wil worke in y^r fin-
gers like fast, make it al into litle things of signes
& fashion of a Clove, & tie evry one in a piece of fine
sarcenet, so big as to couer it, & leauue a long piece of
silke at it, y^r t w^t you put the smaller End of it into
the stapple of y^r eare, the silke y^r tie the top of it
may be put about the backside of y^r eare, by w^tch
in morning you may plucke it out of y^r eare,
wipe it wel, untying it, & then put in againe
into

into yr Eare so far as not to hurt you. If you
be drafe on both sides, yn put a stople into both
Eares, otherwise but on the drafe side, one stople
wil continue good to be worne 3. weekes, & if you
keepe yr m close = a box, they wil be as good at the
end of halfe a yere, as abd 15th making. The Lady Fran.

A medicine for Hearing.

Take Fasting-spittle, keepe it in an Oyster-shel, &
Cover it with another, & drop it into y^r Eare.

A Sodaine Medicine or Drinke for all
Sores, Bruises & Cuts as wel inward as outward.

Take a quart of white-wine 2. handf. of Sanicle
1. handf. of Betony as much wild daysy root & leafs,
red ~~with~~ Brambles 2 handf. Boile a handf. of Dent-de-lion
with the red ribs ~~on the side~~ in the leafs, Avene, Bugle,
Bugloss, Egrimony, Chervil, Lady-mantle of each
a handf., a few cropys of mugwort Rib-wort, & worm-
wood. Wash al these, & shake the water fro yr m in
a cloth, then put yr m into a kettle with white wine
& boile yr m on a soft fire, a q^t of an houre. Then put
in 3. spoonf. of English honey. Let it temper a while
after stirring it ~~it~~, well, yn streyne it hot & hard
into a cleane vessel, & whn it is cold, bottle it up, &
drinke thereof morning & evening, either hot or cold
or rather luke-warme 3. spoonf. at a time. It is good
also for wemens sore breasts, & for the Sciatica
being so drunke.

A very good Drinke to Coolle the Blodd, either
for Children, or others. Sist. Has.

Take Dandelion, or wild Succory, & wood sorrel of
each

each halfe a handf. boile ym in 3. pints of posset
drinke mase of Butter milke, w^t i^e best or oþer
drinke, if you have not that yt i^e made of milke & on
one pint is boyled away, take it from the fire, & let ym
drinke it cold w^t they wil, & in the morning fasting.

A Healing Drinke to be drunke morning &
Evening warme; 3. or 4. spoonf. at a time.

Take a quart of running water, of Sanicle, Bugle,
the Bramble leafs of each a good handf. Boile these
together til halfe be consumed, then put to it a pint of
whitewine, Boile these together to a pint & halfe, then
take it of the fire & streine yt, yn put to it hony 2. or
3. spoonf. & drinke it as afores. This drinke disposeth
to heale.

A Drinke to stay the rheume.

Take Pignum vitæ a pound, Sarsaparilla, Licorice of each
2. oʒ, Stachados, Hernodactyls, Epithymus, Anise-
seeds of each 1 oʒ. boile al these in a potte of run-
ning water to a quart. Let the pot wherein it is boiled
be close stopped, let it boile very softly, & drinke
yt 3. times a day.

La. Mory: A receipt for the Gropsy.

* & fennel roots
sliced of each 1. 3:
The tops of
thyme, winter
savory —

Take of horse-radish-roots sliced the longways as thin
as may be 2. oʒ sweet fennel seeds bruised 2. oʒ.
smallage * savory, sweet Marjoram, water-cresses, pet-
tles of each a handful, shred very smal, boile al
these in 3. pints of wine, a quart thereof being good
Canary, the other pint whitewine, close coverd, til it be
halfe consumed, yn remoue yt firs^t of fire, & let it
settle

settle 3. hours, yn streine it, & in evy draught of
y^e drinke, put in an oz of the Syrup of
5. roots, wh^{ch} is ready made at every Apothecaries.
This drinke must be taken twice a day, in the
morning fasting, & at 3. a clocke in the after-
noone, neither eating nor drinking 2. hours
after. If the patient hath with this dis-
ease The Scurvy, & many times is the
cause of the Gropsy, add to thy draught y^e
drinke, when you are ready to drinke
2. spoonfulls of the juice of Purro^y-grass.

The syriment is to be used
at the same time which is this.

Take Wall-wort or Garewort which is
the one older leaf, sweet marjoram water-
cresses, Penny-royal of each 1. handfull. Cut
the Marjoram then let y^e boile in a quart
of Sallet oyle for halfe an houre. Then take
y^e off the fire & let y^e stand in the sun-
nesse, wh^{ch} is best to be of earlⁿ 3. daies, then set
y^e on the fire againe, w^t it is thorough hot straine
it hard, & put into it the same quantity of herbes
same herbes as is before so, & so bruyde straine it
againe, le^t 30 hime put into it the same quantity
of herbes, which after having bin boyled in it
straine y^e oyl & so putt up the oyle in a
glasse, & let the party whose body is swole

with the Dropsy be anointed therewith once in
3. daies by a good fire stroaking the parts down-
wards an houre together.

Mr Thorpe. An approved Medicine to cure the Dropsy.

Take a quart of the Ashes of greene Broome
newly burnt upon a very cleane Brick or Tile
put them into a quart of wine, & so let them
stand a day & a night. streine the wine out in a
cotton bagge, such as gillye are strained withall.
put into the wine so strained halfe an oz. of
seaten Cinnamon. & having mixt it well with
the wine, drinke of it in the morning, & as
oft in the day as conveniently you can.

This hath bin approved to
cure the Dropsy.

Take the tops of greene Broome, so dry, as that
it wil burne to faire Ashes, then take a hand-
ful of those ashes, & put ym into a pint of
white-wine. Let it stand all night & in the
morning drinke halfe of it, the other halfe
at whiche you goe to bed. Scour it from the
ashes when you drinke it, & this do a fortnight
together, & in that time (god willing) you wil
be well. If you drinke of it likewise in the
afternoone, it the better, but morning &
night are the chiefest times.

For any paine in the Ear.

Take a quart of new milke & put therin
a quantity of Cloves bruised as wil make
it strong. Then set it on the fire in a cleane
skillet & let it boile till it hath taken all the
strength out of the Cloves, then take it boiling
hot off the fire, & put it into a narrow-mou-
thed pot or bottle, & hold it to the Ear of the
party, if of paine may goe into the head, & if
it coole, ~~heat~~ it againe, use this for an houre
together or more as you shal find cause, &
it wil give you great ease.

Approved by a Tailor of Lepton to

Draw an Earewig out of the Ear.

Take presently a dish or pot resone as you
find an Earewig crept into the Ear head, &
make water in it, then lay yt side of your
head to the pillow, where it crept in, & into the
other side with a spoone as hot as you can
bare in the water so full up the Ear & sudden-
ly you shal find the Earewig come out. The
water must be set in as hot as you make
it.

For an Imposthume in the Ear.

Take a great onion rooted in Embors, then
cut it in halfe, & as hot as you can suffer

Lay

Lay it to vse vare. a cleve in the middle of
the onion being rosted & anointed with honey
is marueilous good to put into the hole of the
vare, not too far, so vt you may with ease
take it out againe.

For Singing in the Eares.

Take a quart of Sacke, & put thereto a handf.
of ground Ivory, & as much of Penny-riall, & let
yon boile vnd togither, & as hot as you can putt
for it, let the steame therof goe into your
Eares by a Tunnell, ~~vt~~ it wil close Cover the
pot. use it in the morning, & when you go to bed.

For a clocking noise, & extreme paine in the Eares

Take 2. or 3. fine Silver Dels, & rost vnm on
a spit without any kind of basting. Take the fat
vt drops from vnm, & as before drop 2. or 3.
drops of it in the Ear, & stop it with black wool,
& lie on the contrary side, & it wil helpe you.

Sperme Salve. For the Eyes

Take hogs-grease

for a cold

London Brown paper diped in warm
Brandy and som taken from a candle
diped on it applied to y^e stomach warm
help some and y^e nose of gash is very
good

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89

To heale the Emrods

Take Anise-seeds dried to powder & mixe it with
Triade, & beat it up into the sand, it shortens
the length of ymbe heales ym for dw.

For the Pox

The silt of great Lushes to grow in the water mixe
into powder, & strewed upon ym, destroys ym utterly.

Another medicine for the Emrods.

Take 2. handf. of mullet Leaf, 2. handf. of mal-
low, shred ym very smal, then put ym into 3.
pints of sweet Creame, Let it stand a day & a
night, Then boile it softly on the fire, Til it come
to an oile, Then streine it hars, & keepe it to
anoint with when you need. Add to the former
herbs 2. great handfuls of flowers of Stors.

For a Red Face.

Take Sulphur vivum halfe a mowke of an oz.
white Copers, mustard-seed, & Camphire ^{all} of one year
- tity, beat these smal, & put ym into a glasse will
halfe a pint of the sharpest white wine-vinegar,
so shake ym al togidier. Then boare out some into
a Cancer, & with a rag wash the face wtht when
you see the place to be smooth take a side un-
quentrum alorum. & put on yf place this leme use
one night.

For a Blemish on the Face.

Unguentum. Citrimum dol. take away the
Blemish on the Face.

For the falling-sicknes.

Take of the after-burden of a woman, dry
it in an oven, & when you use it, give it in
powder so & patient to drinke in what you
please. Note It must be a womans first being
a male child.

For the falling-sicknes

Take a frog & cut it along the back & backbone, take
out the liver & wrap it in a woor-leaf, &
put it in a new garnish-pot, so boyle it
till it will beat to poure, then beat it small, &
give it to a patient to drinke in ale, or
whiter-wine, & so continue it till he be whole.

This medicine hath bin proved to
helpe both of falling-sicknes, & mother-pot.

Take a quart of good whiter-wine put into
it a good scale of stord horse-owng, & let
it stand al night, having stirr'd it wel together
in the morning streine about halfe a pint
of it into a glasse, & mix therin it somuch
metheridate as a hazel-nut & so drinke it.
& let the rest stand till coming to bed, & in the
same manner that metheridate drinke halfe
a pint more & so the rest the next day at
morning, & at night. proved

For the falling-sicknes a certaine cure.

Take a Laven bee closest you can get, put
it alive into a red hot oven, & stop the

over close til it be coole. Then wil the Laver of
the ful proportion in Ashes you must take the
Ashes & give some or you in broth to be eat in
the morning fasting, or any other time so long as
nothing be one. proven

Another Recett for galline - sicknes
take 4 penny worth of fine seeds of bear
powder also take 4 pen.worth of red coral &
likewise 4 pennyworth of man's seed & beat
it in small powder mix all these together & so
3 mornings before the full of moneth & Easter
take 2 or 3 spoonf. of this in mulle broth & lye
broth if it be for a child put as much of the
powder as you can lay in a 3d. but if it be
for man or woman it much more & for thy
must have a little methiorate spread on a piece
of Scarlet & turkeet & bit of Stomach. also
there must be a little Sarcenet bag made like a
Heart & you must slice some fine root very
thin & strew a like of the powder upon it then
quill it in the bag & hang it about thy
neck in a string & like this downward to
bit of Stomach & let a poure relieved smelt
open to due. probab.

For the Spotted feaver

Take a dram of Virginian Snake-root in
powder in a spotted feaver or in any yellosome
disease. It appelleth the yellosome & Jaundie & the
size of one. It was given on the head in name of JES.
It is likewise good for a quartain ague. the drau-

of it taken with white wine in the morning fasting before coming to bed & again the next day for 3 times taking it twice at one time. Mr Cosin Michael Stann. now had a most extreme & violent paine in his head with the furne of his root taken into his nose with a tunnel & having his boiles in milke suddenly tooke cleane away. His root worts not taken by vomitor alone but by a gentle sweat. In any pestilent feaver po. or measles or the plague tree & the common 20. grains. It halfe cures Nose if have bin bitten with a mad dog taken inwardly & put some of it likewise in the place bitten, cheued in the mouth first.

A Garde w^t helped mrs. Kate Leigh
it was of meanes to save her life when
in a hot gasser her tongue was blanke
& her throat & dangroustly sore, & she used
it once in an houre.

ing-paste

Take 4. water of milke stilled with sink
galls & mix it with Syrup of Citron & juice
of Lemons & Syrup of Raspberries & take about
a Little of it downe also. putt 3c. Sinkgalls
into it mixe & so still both togither in a rose-
water-still & besides washing the mouth & garg-
ling with it, it is admirable good to take often
to coole, & putt Syrup with Sugar to cole wan-
ting Syrup.

An approved medicine for Burning feaver.
Take a handfull of Sullen vine, a handfull of

Lay-salt a hard rostet egg & a raw
onyon & a raw onyon stampē ym al togither
make 2. plaisters & vnde ym on clothe & lay it
on the sore. Let it lie on 10 or 12 hours

For a Fellen

Take honey & 2 yolkes of an Egg, & wheat flower
& mix al togither, & yn stampē fine, & put the
juice thereto & Lay it to y^e grieved place.

For a Fellen or Uncomē most approved
Take Bird-Lime, & spread it upon a cloth like
a blaister & Lay it warme to the Sore, & in
twice dressing or thrice at most It wil holde.

To kil an uncomē or a Fellen an
approved & most special blaister.

Take feather few & haire. smallage 4. hand.
stampē & streine ym togither put into this
juice as much wheat-flower & honey as to make
it a blaister. & a little sope. al being wel mi-
together. Lay it to y^e sore.

For a Fellen. on Jamprod

Take Castle-soape shane it thin with a knife
yn take a Little yeast & a Little bay-salt a
little eye-leaven & mingle these togither
mineral in a mortar, put in also a little Tur-
pentine & mingle therewith. Lay this to finger
end it be timely applied. It wil an Fellen
It shal go no further otherwise it wil
weak

breake it, & draw out the Coare & w^r & Coare
is out yn take only a Little hony, & wheat
flower & yolkē of an Eg make it into a
past & hit laid to wil helpe it.

For a Bloody Flux.

Take Cobwells a great quantity, Lay y^r upon
a board & seat, Dust out of y^r as cleane
as you can yn Lay y^r one upon another &
make a thick cake so y^r. Spread y^r wth
whites of Egs, pricking It wth a great pin
& it may soake into it. Then lay it in a chafing-
pan wth salte & so y^r is warme to
the navel & as it dries moisten it againe wth salte.

To stop the Flux a Sure medicine.

Take about a handf wth Bay-salt & lay it
on a very hot brick-hear, the fire being
raked of, yn lay 2 or 3. nutmegs upon it Then
lay some more bay-salt upon t' nutmegs &
lay hot Ambers in it & so her & nutmegs rost
about an houre. Then take out the nutmegs
& burn ym to powder. & after you have bin
at stoole, yn take some of the powder & put
it upon a chafing-dish of Coals & sit to the
fume. use this til you be wel. If you be too
much bound drinke some of the powder in
lasse, & It wil helpe you.

present

A great Remedy for the Wild-Fire.

Take a quart of Creame either sweet or soure
sweet is best put into it being very well beaten
first gradually to yow al together a handfull sheepes
lung a good handfull of horse-luke good handfull
of a greene barkie of Elder. Let al boile very
softly as may be till it come to an oyle. Then
streine it & take it in a streiner & lay it on
warne where the wild-fire is. Take it evrey
morning or in 12. hours & yow anoint it with
other oyle till it be wel.

To heale a Fistula or any old
Canker or sore.

Take a Gallon of Smale-water strained
thorough a cloth take halfe a pound of white
Copperas & dwooth of Lambhire. boile yow togidher
till t^e 3. pt of water be consumed. then cleare it
into a bottell or glasse. if it be a Fistula searng it
with a squirt & so wash it to t^e bottom. Dip a clothe
in t^e water being warme & laid upon it col it
rouse & beneath t^e flane & yow no further.
be not an open sore or Canker only wash it
Dip in a clothe & lay it on warne & dress it thid
a day & by gods grace it wil heale it.

Take a Gallon before it brake a caner.
Take a good quantity of Bay-salt buyne it fewe
& hot tile-stones till it be blake beat it to
poudre

powder & mixt w^t w^t alth^g of ke o^r an 29 use
it plaster in twice a day. prob. to

an approved medicine to cure of
calling downe to the ground.

Take 2. oz of red sage leaves when they're
not weight of other sage dry & before fire
burnt & powder & try it thorough a Scarce. on
one rare occasion i use this take a little vini-
ger either red or white rather strong & warm it
very well & take a piece of Scarlet cloth. Dip
it therin & bath of ill-affected part therewith
downe take of powder & strew upon part & let
the patient either go to bed or have a houre
or sit upon a bed or soft chaire for a like space
of time & done apply a piece of Scarlet cloth to
the place & so rest quiet.

To cleare 3 pipes from pleurme
take of rootz of Campane 2 hand. of Sope
1 hand. of Licorice scrubbed beaten in a morter
seth m in a bottle of white wine to a pint.
keep it in a close vessel ^{thick} in morning
cold & in the evening warme

1 poultis for the Bout.

Take 4. hand. of mallow & 1 of wormwood
chop them together very smal & take sheep suet
& set it so smal it won't melt so long
not to scree, & the herbs & suet boile tog-
ether a quare or two houres & put down a quart
of ground of stronyale & let it drye this is

boile togither till the herbs be very soft. Then
put into it of oatmeale bever & tie it so neare
as will shitt or poult a little you putt it to a
little sallet oyle. & stirre it very well togither
till so softly the boallies warme to be swelled flesh &
aeten. Swelling is abated lay on of Iable of
a plaster. If the swelling be great as before
these things a good handfull of Chick-weed. The
medicine is most excellent for any swelling of the

for the Greene Sickness.

Take wormwood & Rue of each a handfull. Straine
it wryng out the juice so as but halfe a pint &
vere pure Honey. Boile it togither untill it be tho-
roughly clarisifted. Drinke of this a spoonful both
morning & Evening. This is an excellent medicine both
for the Greene Sickness & for any sickness or weak-
nesse of the Stomach.

for Coming Downe of the Land & by good likewise for the piles.

Take Frankincense & Stamel or Scarlet cloth cut
smal put both togither & take a Chasing-iron &
put a coale or 2 in it wyl kindle in wyl & burn
Frankincense & cloth upon it & let the party sit on the
yon while putt the Chasing-iron shirke a close stroke.
This may be ussd alone for the piles & if it be too
conuent it wil be more effectual to make
another for the same.

Take a Subpository of wool & tis moist & dip it in
the suet of Lekke withoute a blade, when it is dry
renew it againe 3. or 4. times It is a secret remedy
for those whose quadrant comes goff. or else pur-

The water of the decoction of white frankincense alone into the bunction.

To plucke off Haire.

Take of white lime 4. parts, orpiment 1. part & mix them together in gaire water. If a goose quill sea ewe being put into it, the feather will fall off. In this water streate on & place it w^t you would take the haire & in short while ther stroke on & place with gaire water & ther will bring the haire off. It is very good being so sharpe a thing to anoint the place after washing with sile of roses.

To an imposthume in the head & neck draw on red poultice of mutton fat.

Take of like quantites of womans milke & the juice of 2. Limes; mix them together & put a poultice of it into & painted there lying on the side. Do it for 2. or 3. times togidre twice a day.

To an imposthume in the head. It wil also rehelme & hasten colds.

Take of juice of grounday & rebecke & mix the juice with a little honey & snuffe it up twice a day into the nostril, & but it up with a syring w^t a soft rag. Dr. Linn.

To a great baine in the head & legs.

Take a quantity of womans milke & as much of rosewater a quantity of romanes grated.

boyle you together in a Cressing-dish & vales you take as much of a rose cake as you see

from one temple to the other, dip it therin &
lay it warme to the temple.

For the paine in the sorepart of the head.

Take a handf. of Rosemary stripp'd from stalks
beare it in a morter & warme it betw. two
fingers with 6. boons of Rose water, 2. spoon
of womans milke, & the pouder of a myrrhe
soothe againe it. Lay it on the temples of the head
from one to other.

or Vertigo. Swimming in the head.

Plaies is good doe.

For the Head-ach best cleereth the head
Anoint the temples & nostrils wth juice of
my mixed with oile & vinegar.

For trembling of the heart. Moste graver.

The mane of an old Cocke dried made in bou-
ster is exceeding good to drinke in sweet wine
with a little Saffron

the Poule
water

For approved red water for Jaundise
the Conicke & especially for a Consumption.

Take a bushel of golden Snails, & wash them in
a great boyle of Rose, or make of Rose
water very cleane & boyle out halfe a bushel of
Cinamome & set them on fire & so rare briste
thoroughly & with a shooel make a great hole
& poure in the Snails, scatter some of the Rose
among you & so let them rost as long as you hear
you make any noise. then take them out & with a
knife & a coarse cloth pick them & wipe off the

greene croth from a very cleane y^e pot or
 into a stone morter, & let it take also a
 quart of earth worms sliced & cleane y^e
 with salt & wash y^e & beat y^e to pieces
 in a stone morter y^e & pot being made
 very cleane w^t & y^e set on Limbecke
 put y^e into it & about 2 hand^s of Angelica
 laid in d bottom & 2 hand^s of Salvia & upon
 y^e set in a quart of rosenmary flowers
 also of Agrimony, Beares-foot, Dock-root of
 bark of Barberry, tree wood-sorrel, 3 berries
 of each 2 hand^s. of Rue w^t a hand^s. of
 Cleary-herbe, & Surmerieke 2a & 2j. of Peppon
 well dried & beaten to powder & right as 6d.
 y^e poure in 3 gallons of cl best ale you can
 get great measure & coulde not be better had
 in right place where you meane to buit
 fire under it in morning & put so y^e in
 holes beaten into boder ~~2~~ ² & ³ before you put
 fire to it & put thereto 2y^j & 2hartsome grated
 or else in boder before you weich it you must
 not stirre after it hartsome is put into it last
 & go downe to f^o bottome y^e set on Limbecke
 & make it fast w^t like dough & ryghme, & rader
 in hand^s or it may be digested in Balnes. The
 first rader is the strongest & must be remuied
 by Itselfe, & last is y^e smallest & it may be remuied
 by putting it on the strongest whilis wet.

Water must be given the patient in mor
 ning who must fast 2 hours after it & not

sleep

Sleepe, but use moderate Exercise upon it, & it
may be given betwixt meals - hours before such
meals; he must take 2 spoonfulls & strengthen w/
spoonfull of Ale or white wine, & or you give
the smallest sort, you must use as much of it as
drink.

Tor & yellow Laudanum.

Take 1 pound wort of Barberry-bark & powder
it seedall w/ grass & wash the whites of 12 halfe
cayron & steep it in ale.

Tor & Laudanum

Take Duck-meat & bicker it very cleane & stamp
it very fine & streine it & mix it w/ 1 pint of
buttof too much Sowden w/ a hazel-nut, & there
is much Turnericke in fine powder & a little
cinnamon & a little white sugar - mixt. & mixt al
well together - 3 line of ports & 4. spoonfull
in the morning fasting & at going to bed will be done.

Approved to break an inward impostume
it doth ease a flury. 3rds. min:

Take an apple cut out the top & take out some of
the core as much as you can & put into it in
very fine powder as much Olibanum as it will hold
roast it at a soft fire turning it sometimes &
roasted Eat it warme in the morning fasting & so
another at going to bed. You may if you will eat
it 2 daies together.

A Diet-Drinke derived by Dr Smith
the Dr Tylor for Mr. Middlemore
with the use of 25 - the year of

big 2d

~ his Kidneys & Bladder were heated.

Cape Berony Sanicle Sincocaille Plantaine
Lions-foot Egremone Straw-erry leaves
Selin reale or Ladies mantle or each 2. handf.

A Abergony Scurvy-grasse

^{receipt}
water against tak Rue egremone wormwood Salandine sage
Plague small Balm Rosemary muggwort dragons pimper
nle or any fustit nill featherfew Burnet sorrell mothewort
cardus Angelica Bettony scabious tormentill
~~watriecon~~ mangolds scordium Century
+ Anvans of every of theie half a pound
except the Rosemary of which you must
be a whole pound, a quare of a pound
of licorise & ounces of allcompagny,
sweete Fenilleseds Caraway seeds harts ease
Aniseeds Chop theie herbs & roots very well &
bruise the seeds & steep them in a galloun
of whiterwine of a potte of sack for 6 or 7
days stirring them evens day then distill
this in an ordinary still put the first & second
water together, & tak 3 or 4 spoonfulls of this
warne with sugar

take a quare of a pound of white Cyparis
beat it into fine powder then beate into
powder a quare of a pound of Reach allom
then mingle them both together & put
it into an earthen wan, & set it over
the coals till it be well burnt, then beat
it into fine powder & keepe for yo use

the fistula
Medicin

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To make the Thistula water Tak a gallon of spring water q̄ set it on y fire till it boyl apace, then tak it of, ther & presently straw in a spoon full of the powder, & stirr it about, then let it stand till it be cold stop the bottles and keep it for your use

The way to use the thistula water warm it on y fire & wash the sore then tak clean water q̄ a clean cloth whch you must fold in y or 6 double, then wett it in the water, so lay it to the sore thus the sore must be dressed 3 tims a day & every time warm

To make water take a good quantity of ^{green} walnutt in the beginning of June Break ym in a morter & distill ym in a glass stile keepe that water by it self, do so also at midsummer & keepe by it self q̄ a fornight after midsummer distill the like quantity then distill all these in a glass limbeck & keepe it in glasses

the virtues
of this water

one drop of it will turn a basin full of ordinary water to y collor of milk one drop in the eye healeth infirmitys in them, it maketh a woman apt to conceine wt chihl if she use it moderately, 1 spoonfull inwardly cleanseth the filthyness of the face being wett therewith, it healeth yalty being drunk with wine fasting, it can geth sleepe if you wett the temples, it wonderfully heals botches & ~~bad~~ billes cloſt stopped & wounds, it drives all infirmitys out of the body being moderately used with wine & water

an approved
Medicin for
the Kidneys

for a y^e Day ne
the Bladder

to keepe the
breast from
breaking if it
be not far gone

for a bruise

for fainting fits
& a woman in
child bed

case the After
Pains yt come
from copie in
child bed

for y^e Rheach

Tak a gur of a pinte of milk water
that is stilled, & put into it a spoonfull ^{of} 105
or 2 of syroux of violets & drink it in a
morning fasting

tak paarsley smallage & Fernill, of each a like
quantity, stam them with water. & being
strained drink there of & you shall find
cure

gnead S Clay with very shaxy vyniger
& the yelke of 2 eggs, & a little englysh
soffron Lay on as much of it cold as
will cover the Reddick, if it be reddis
better to be liked then those yt have no
colour

tak a good handfull of comfrey when it is
blown, of the yongest leaves you can get
wring ym with yor hands, put ym with
fresh butter out of the churn unwashed
into the frying pan, & holde it a good way
from the fire leting it boyl together till it
be green so strain it

tak white amber in powder as much as
will ly upon a groat, in mace Ale warm

tak a spoonfull or 2 of oyle of sweet
almonds newly drawn in yor selfe drink or in
Coulde morning & evening tak it indirent

tak a very world of Aquaritas & 1 pence worth
of oyle of Rose mix ym & anoynt the place
as chatecey

for y^e stone

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ye Salve to mak
the fistula tent

the blood of a goat distilled tak 2 or 3 spoonfulls at a time for 3 days together or dry the blood & beat it into powder & tak as much as will ly on a groat in the quantity of 3 or 5 spoonfulls of whit wine or whit wine posset drink

to half a yd of pure Resin the quantity of an egg of mutton suet well tryed up & melt them together, then tak fine hollond that hath been worne, warm the salve & Rub it lightly over the hollond, then cut it the longest way of the cloth into such a breadth as when it is hard roled the tent may be no bigger then a packthrid

I for gidyngs
in y^e head from
Rhum or wind.
in y^e stomach

the powder to
dip the tent in
for y^e fistula

tak every morning fasting the quantity of a nutmeg of venie Treacle

tak the horn yt comes from the hide of a steer or cow, & lay it in fayr water 9 dayes, everyday changing it once, then fill the horn with blacke Sage & fry it in a frying pan till it come to powder, sears it & keep it as you keep sweet meat & it will grow moist & soon decay

tak so much mothridat as will ly on a wallnut with as much sage stamped mingle them together & ynter too cinamond water & mak a plaister therof & lay it to the nape of the neck

a Souaign powder tak burnt hart horn, Coraline white corall for any obstrukcion of each 2 drams prepared pearl 2 drams Rhubarb 1 dram my lady Goring mingleth with these as much powder of wortas as

for any flux a good spoonfull of planton seed boyled
in milk & drunk ; 107

or if rising of tak 3 grains of musk in a pill or tak it in
the mother what a spoonfull of what liquor you please

or soe alredy tak Bettony & planton & smalleage of each of
ast cure in the 3 herbes a yd of the fluxe, put it in
panne in engl a pan & put theretoo 3 ounces of clean
ad of a Cow in new waxe yt came newhise from the hony
pane it wil two ounces of the cleanest & whitest frān
leaf all wound
are curable
kinke, melt these by themselves with a
soft fire, then put the fluxes thereto
& boyle ym together till all the fluxes
be wasted, be sure alwaies to stir it, then
tak 3. ounces of terpentine & temper ym
together & when it is cold put it up, so
you may keep it as one of the most
precious medicins you have ever used

alwaies chafe it between your fingers a little
& then spread it on leather & let it be long
enoff to cover the wound, & wash the
wound with white or red wine & hony
goddēn together, morning & evening wash
it warm, & each time mak the plaister
warm in your hand, but remember you
mak it clean befor you hel it, then lay it on
hemp & mak therof a tent & wet it in the
water & putt it in the hole of the plaister
into ye wound to ye top of it, & if the wound
ake for pain tak a little oyl olive & pair
on the wound & it will take away the Aking

for a burn
or scald made
& ground que

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yle offine qf snow water anoint it
with then make an oyntment with
ground que & hoggs Grease, dip
pieces of lawn in the oyntment qf bay tho
m & when tis dry dwett it with a few
upon the lawn, till it be well, if it be
dangerous then use the plaister yt is mad
of Red Lead oyl & turpentine Probatum

for one it is
Burst

3 handfulls of Bettony 1 handfull of St Johns
Wort a little Rosmary dry ym & mak ym
into powder, add to it a little white sugar
candy finely beaten when this is mixed
take half a spoonfull in posset drink night
& morning a week together about the
full moone.

An excellent
Plaister for g
out or
Seatica

Take of the suce of sweete yarrow
2 ounces, of the suce of sorrell horsetail
garlick, Henbane, Elboringer of
each 1 ounce, put to these suces an ounce
& Frankincense a ounce of myre
2 drams of myrtick, half an ounce of
Gum Lumnia, 5 ounces of sallet oyle
3 ounces of yellow wax, an ounce of Black
Pitch, half an ounce of Rozin, an ounce
& half of Turpentine, 3 ounce of the gall
& an oze 3 ounces of Redd Lead, 2 dram
& a half of Camphire. boyle all these

together to a plister & apply it to
place greene skin sooth & easie and ¹⁶⁹
if burning, if it is the place re-carried this
will draw out the humor & leave the place
& make one sound for 2 or 4 years, this plister
laid to the neck behind draweth back all
humors from the eyes, & layed to the
ears helpeth the hearing.

III Trehern for the sickness of eyes & limm
take 2 spoonfulls of the syrup of clider
2 spoonfulls of syrop of Brown hinde
2 spoonfulls of syrop of Raisins mixed in a
pint of whay drink this y^e morning
together exercise an houre after it fast
2. intermit 4 days after that
repeate the ychick 4 dages more

Mr Trehern
for new worms

3 pennyworth of wormseed 3 pennyworth
of Lane treacle diuisid into 9 doles &
taken 9 day before the chancse of the
moone so much more taken before
the full moone this reapeing 3 months
will by godd blessing break their hold
it tak away all the matter of newen
from them

Mr. Trichorn

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A generall medicine

for all obstructions of the stomacke, crudities
indigestions, soule & malignant humors
venomous, & incurous corosions of the Guts
& distempers of that kinde

Take about 2 verry worth of metaridate
an ounce of syrop of cloue & willow-flowers
put into helle a pint of ~~the~~ common
Cardus water, if the party be strong
Drinke it all i weake at 2 times ~~as~~
upon an empty stomacke either in the
evening upon rising in bed or in the
Morning fasting 3 or 4 hours after it.

La Loulace

For of droppie seurarie & tally

take full ripe elderberrys crush out the gace
of ym put it in a vessell let it work
then stop it up close & about x maff
still it in a Limbeck then take 4 spoon
-fulls with a little sugar fasting for
a month or 2

Oriental Pearle

To make the best Counterfit
Oriental Pearle

You must get heade of the best suare maiest
what bengis or fether you like, you may have y^e mle
in Rose or in the rakkon of a best stell that
giveth no ff or dray of leare water mch hel
then stirre y^e Silver w^e water together with a good ferrell
till they be thick then y^e ore of the mon besy

Beads on a small iron like a Sirmans Brode
 & must not be so sharpe at the pointe of
 it. My way of hole of the head like little
 lowe harkole in a broad earthen pan with
 lowe ashes in the bottom & take red iron with
 the beaten on it & hold it over your hand
 over of fire turning it round till it be hot
 then stroake it over with your pesset tips
 in the silver very wet & wise is lightly
 over till it be bright. Then do it over
 as before, & when it is over dry wine & over
 with gold the better. then take a new earthen
 pan whereof was never used & put into it
 a hempe woth of ten annas of about an inch
 square & not bygged being cleere &
 white, cut it in small pieces and
 together with it becom clamy then blow
 away the skin. It will be on the face
 of the annas as if from the beads burnt
 into it & hold the nose out of hand & it
 be very dry the bres of silver & then it
 is made effect pearly
 if it be a wantant work you must have
 the real brassell & all fore you make
 it & you must have a paire of iron
 nippers such as a coblesmiths use with a
 clamer or ring to it & it clost you may roll
 the bandon in one end of it for it self
 when you make it of then mak it narrow
 & long

for all sharp humor
to cure stomach & make fat

Take a pint of new milk from the cow & pour
to it half a pint of spring water let it boil
half away then strain it sweeten it with white
sugar candy. drink half of this in the morn
fasting & warm keepe or bid an hourre after
without sleepe this is best to be taken the first
month, you may take the same quant
in the afternoon if you are in a coniunction

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Argentum ac fagi.

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Dodroff

A receipt for a Tympan.

For a dozen pounds of black cherries brast ym stones
stalks & all - a mader as smal as you can, but
to g cherries a gallon of & leet of a red Cow's milk & 2.
handf. of black berry leafs & 2 handf. of wood-
bin-leafs. These being beaten also wth cherries
must be mingled altogether & party must drink a
quicke of a pint of it i f morning fast 2 or 3 houres or
more after it, & must be a little warmed before he
takes it. The best time or season to take it is i
Spring & fall

L' son de l'U. laud & A. str. viol. str. de Nymph. Alba
& L' la misse.

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A Bath for a Sorene or Ach.

Take a black sheeps head cool & cl. pull
out the brains & the eye. lay it in
water. pou Yerds a good quantity of fferment
as much of mallow. 3 or 4 in Camomile.
Boile it bothe til it comes to a grom, &
leyp. when cold ge haue w^t ge same bath
as hot as you can suffer.

F^r ym & cast by weakeⁿ of y^r Stomach.

Take ye rather Crust of browne bread by
it at ye fire. yn steep it in wine.vinegir
a like while. take it out & spread w^t it
4-5 dren of Cloves & mints & ringer. warme
it againe. Lay it very hot vpon to the
Stomach.

A water for ye dulnes of y^r stomach.
& to put away ye heynnes of y^r hart.

Take Rosemary flowers. Borage flowers, but
not so many as of ye former. also take ye
youngest bud of sweet Marjoram, the buds of
Brome, young basil mints, theri sh wine & sacke;

I feel in no more sign then wil cover ye
ye stil yr & nor ye sign is out of ye
drink it fasting, & one house before supper
is best in ye winter. stil it in a cold day.

A special medicine for a loose wel aprob'd.

Take 2 fine roots, & a handful of Comfrey, &
handfull of dark dely roots, & stamp them all
together, yn streame out ye juice, & stir it to ye
a draught of ale or Bere Lukewarme, give it to
ye patient Evening & morning 2 or 3 drams.

For y^e wind Colick.

Take flowers of Hawthorne, & pick ye clean
& stil ye, & drink 6. spoonfuls of ye water
at once, & yt wil help. ~~it will be a shoo~~

For a Blach.

Take ye leaves of ye red flowers of a row in ye
house, pullyt to powder & give yt to y^e sick,
it wil help. Ye stil y^e water & drink with the
powder, & yt is best.

For y^e spleen & y^e right blood.

Take y^e white of an Eg. beat it w^t rosewater
but thereto ye fift of a rotten apple, & make it

to drinke

Some time, & spread it on a cloth & lay
it on the bed.

For the Purse.
Take Rue, & a ^{1 lb. of} Burnt ~~Grasshopper~~ & beat them
together. & take some Salts & mix them
all together, & wash it, & lay it hot in a place.

For one that cannot make water.
Take radish roots, & mustard seeds, & dry them to
powder, & drink yr powder with white wine
in the morning.

To make a binding water.

Take 1. handf. of wormwood, 1 handf. of
red ~~root~~ roots, 2 handf. of plantains, 1 handf.
of onions, 1 handf. of Cinnamon beaten, & halfe a wind.
of pomegranat beaten. Lay these in a pot of
red wine a night, distill it yr next day in
a rose still. When you take it, take
3. or 4 spoonfulls in the morning, & so, or
last a night w^t a litle sugar dissolved in
it. It need require you may take it any time
of the day. It must be warme when you take of it.

The other Purse.

Take 1. Drumbell a dram & half sliced, &
will be about yr weight \approx 25.2 of we. Honey

or, & said the weight of it, is about
of Jeene halfe an once, & the
weight of xij^d, & Mullen-hare a small
handful. Boile these in as much faire water
as will well cover you until there remaine
quarter of a pint; Then straine it, & let it stand
the scuttle in thy liquor liuour an ounce
halfe of Manna. Drinke & fast after it as
after a other almon-milke 3 hours, & drinke
some hot broth. in other things you may use
y^e ordinary course as you doe only. you may
clarifie this medecine w^t the white of an egg
after it is mingled with a Manna.

A Rister given by Dr. Farre.

Type of docke-root, pippard-root, mallow-root
or such a good quantity sandal wood sliced,
boane in a barre large a fist, mallow-leaves full of
oil, & speck red myrry of the hore violet
leaves to every a hundred. Boile all together
a Sheeps head in a Saffron quantity of water
five water in bladders or ready to f^r from
the bone; yn to the myrry Sheeps head, & boyle
broth strongly from a day, & take of it broth
a dozen shires, & 3 parts of a wine-glass full
into it these shires following ther 20 shires = 02.
Ground sugar as much, 3d vols & 2 new
one mil of oil.

Take 3 pds. of Biscathylion hellebore
or roots; see being well mixed together
let them be ministered warme for a Clyster
2 hours or more before going into water,
but better it were to bath the day out once,
in the afternoon.

A medicine for Falling-Sicknes -

Take a live raven, a bether & belliz, project
an oven red hot so hot as you think may
consume the raven to ashē. yn sweep down
very cleare. & put in the raven alive; & stop
the oven very close, let it stand until
you think the raven consumed to powder inside
of the oven as he was alive. Then putt together
the powder & more of the same powder
& a little broth, & give it the sick morning
& evenings & it will helpe with wanries.

For Soothing Strengthening Bath:

Take 10 pds. of Juniper wood & is arid. Cut
it in small chips, & boile it in 10. or 11. gallons
of water & strain it 3. or 4. hours, &
boile 3. or 4. hours. & red Sage & a sprig of
bay-salt, & let it stand 1. hour more together
in the water. Look greenish wth Sage, yn
straine it & put to this water a gallon of
red

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red wine, & bathe y^t. joints - Counter, when
have done, & made an 3^d w^t of bath, then it
is warme as ye bobet with morning, & Evening
full of 3. daily sponges, & dry y^t. legs & hands
when it is hot in dinner hose againe if you have
y^t other hose upon, & reme of cold, & dry a
plaster of mastick & salern Benjamin made in
plaster w^t hot waxe to y^t. neck or breast, &
& 3^d Pinew^s as long & as broad as y^t. hand.

Great Cancer in 3 months.

Toake 1. handf. of crowne sage, 1. handf. &
crown fernel, 1. handf. 1. handf.
bay-leaves, 1. handf. of wood-bine leaves, burial these
into 2. quarts of running water, & let them to 2.
spoonfulls of honey, & halfe a pint of white-wine-
vinegar, & 1. oz. & 1. 2^d of roeb-almon, & boile all
these together, til halfe be consumed.

To make a syre of pipion

For a heart burning & fume
in ye stomach.

Take huse a bound of small wormwood & a
quarter of a pound of common comynwood &
rootes of myrris & spikenard 3 crowns weight good
whitelivere & juice of simes 2 poudre & $\frac{1}{2}$. mingle
al together, ~~bebeate them~~, & let it stand in an
earthen vessel al night. in streine it leaveth
Sugar make a Syrup thereto.

It easeth al heart burning, breaketh flegme, &
comforteth al ~~brent~~ exceedingly.

To make Syrup of Rubarb.

Take a good handf. of Savory rootes as much as
Inaine, 6. good rootes of parsty, & as much cennel
rootes; boise you al 12 hours in Vinegar; then
take you out of ye Vinegar, & boile you in boone
3. pintes of water, til it be consumed to 2 pintes;
yn take ~~it~~ the same decoction, & boile it til one
part thereto be consumed, putting therunto 3.
quarters of a bound of Sugar, & o. drams of
Rubarbe grossly bruised; you must binde Rubarb
to a little bag & by a thred hang it to y^e stoyle same
decoction, until it comes to y^e p^tition of a Syrup
using al rewarde 2 spoones of y^e decoction into
1. of y^e Syrup w^t 3. spoones of a decoction made
of Inaine, or Suckers; & if it is to be taken in y^e

Morny

morning fasting. It is exceeding good to cook
open & purge the Liver ^{so as} of Choler.

The Decays approved by Paracelsus
Take 2. oz. of ye oil of bitter almonds, -
~~Commonalts~~ 2 eggs, 2 33. oz. of juice of tree
ynd i nether, & warme it full 3. drops of
oile into ye Ease. In morning, Evening,
ye Ease, & black wool newly plucked on
2 eggs of ye Sheepe, & lie on of contrary side 1. h. peri-

For 2 black slates by me.

Take 1 pint of Sallet vire or greene vire, $\frac{1}{2}$ a
pound of good red lead, 3 spoons of fine vine-
gar, Camphire & weight of $\frac{1}{2}$ pwt a Rose ip-
ther, & boile it till it be blake sti stirring it, when
it is blake cast it out into a faire & faire water
suddenly; yn take it & worke it very wel vnewne
yer bands, & yn make it up into rollys.

A Volume for the People.

For a few weeks now we have had
this bird at our feeding-table,
it is very tame. It feeds and perches
on the lawn.

卷之三

Give fresh water & clean the brooks beds of
the channel - from 100 ft. up the river bottom &
at the head of the stream. At 33° and 55°

For a Conjunction.

Take a bottle of Soot water, keep it close
from the furnace beaten in fine, & add
one or two of these following, & mix them
to make Soot. Use it upon your hands in winter.
Smell it every morning & evening, & you will feel

A salve for the Flame.

Take Marjoram & Rosemary & take
out your leaves before fires of strange wood,
take the root & by means of these infuse
them & strain.

A salve for the Flame.

Take Myrrh, white, large pieces, & the oil of No-
tum & the oil of Saffron, & the oil of Rosemary
& Rose, & a common Lotion, & mix
them & break them up. If you be troubled
with pustules in your hands, rub the tops of
Celandine & Marigold, & the oil of Saffron
apply it to your pustules so hot as you can忍耐.

For a Scalding.

Take three of fresh Turnips, wash them &
boil them & then take away the skin &
the root & boil them again.

An ointment for Scalding

or Burns.

Take of Sheep fat lard burning
root of comfrey & Turnip roots
& mix them well & rub them on

in a basket, as much of the following -
first you mix flour, sugar and a little
salt some water and a little butter
then add yeast dissolved, adding the same
leaves of cardamom. when you mix it
mark it with a piece of colorado &
your a second batter, adding a few more
flour with a spoon.

An sponge round for my dinner
will be like

Take of round flatbread by three grains
of the egg 20, has not salt nor
oil or fat but you a little marmalade
put to you of new old oil as cold sweet
butter in a basin, and boiling water in a
pan - take your sponge when
it will a thick, in sponge not too
bony - powder with the greens, & let it
the more basin, so this cold like of the
greens the hot water you put to the up
to face which is so much better and
make Marmalade substance for dinner and
you will speak to him more of the fiber.
If you can get a good water, put in that
pot of bread like.

To stay round -
Take 3 bushels rye, when you clean, put them
in water, then wash out of water afterwards, then
let you lie a long time drink it.

A water for sore Throat & Cough.
Take a nut or Chestnut & split it open &
out of both halves take out the meat of
large size & in it a small piece of a sun of
such allowance as will fit. Boile it three times
till first of the water be wasted. So as it is
the next y^e m^r & drink three drams
of decoction fulls. Tisone a good. & that

An ointment for a sore
Take a pint of new milk with Rose bosome 2 oz,
2 flake of orpiment & 2 drachms of Soot &
reboil it in a pot; & when it boileth
of a common way, & a drachm of Soot of
rose; two drachms of Als from a bush of
flower of bosome, & a drachm full of gin
& mill the powder & set it passing thinning
it with per no more of Sulphur white like
the sun & apply.

A Salve for Hyperacanth.
Take a pint of best untempered White fat
one lb 2 oz. of hairs scalded & dried, four
ounces of 3 oz of flower of bosome & one
lb 1 oz. rase of ginger & the like
as you have before being all right mix them
to make them ready to be ready first & last

A Sore Drinke.
You must have a ditch full of 2 gallons, & when
you fill it with water you make 1.03. of seas

before it is not more than half
weight of salt & then eat it you
must fast for 24 hours & then in your diet
you must not less than 3 pounds; you may eat
the same things that you fast after eating
them & no meat come in diet but what you
may eat will course best agree or rather
that you may eat nothing but such salts &
peppermint water you shall make the best
drink & live well for any disease. you shall
conserve this drink & keep 20 or 25 days
eating a moderate diet, eating salt, make a
few, but little meat. It may not be for cure
of a disease soles.

A medicine for stone to remove.
Take a spoonful of powder called Saffron
brown & mix it with a spoonful of water
or wine or sherry, let it stand a hour then you
can take it.

For 3d Plague

Take a pint of water per bottle of Drunken
wine; add to which a slice of cinnamon & nut
meg as much from as will make it thick.
If it will be hot put in 3 or 4 pome-
granates; these to cold air & expell the
fleahs, & so do them in a skin, &
then to give grief very nimble be it &
such cold change it to you self think of plaining

John

The drink for the plannys

Take a pint of white wine, put thereto 1
pint of a small bose water to draw from the
boose binne with the rafes of ginger
finely beaten & added, & let it stand until the
water be congealed, then lay it before the
open fire to drawe out the side

for the greene sickness

Take 4. oz of cold sugar in fine powder, a
pint of an oz of cloves, a mace of nut
megs as much of mace, 1 oz of card, 1
oz of ginger beaten & run wth you greate
pepper & mace finely beaten, a galt of
an oz of sea-pease, the water and oz of
white coral finely beaten, & a little powder
English marke root, & a little Liverpooles
mace, the water, & take of it evry
last h. at 3. & 2 clooke in glaftemoone
so much as you can take up at 3. times betw.
of finger & yd. thumb.

For a white
tyre

A pinte of white water boile 1 pint of cleare
water 1. pint of the, red sage & rosemary, and
fennel ribbony leaves like Card. double
boil it a half h. then strain it

Excellt & Soaigne Balsome

Take a gill of the balsom of vell wax, &
it into small pieces, & put it into an
iron or betwixt a pair of tongs, & by only
it burning it will melt like it doth wax
ye take therof a boud of vell & balsome &
was, if you use water, you take a thin
sheet of alder-ale, & there out of ale
Takethere into the pan wch vell wax is wel
melted in the Sacke. & boile you al togidher
with a very soft fire until you be wel temper-
ed; you take it from the fire, & let it cool
therof thoroughly cold & then lay the cake of
Sacke in the pan again, & when it is colder
but in an ooz. of the vell & Balsome therof
stirring it continually with a cold vell.

This Balsome is good to cure any mere wound,
very meane in a Spone & with a feather
anointing it therewt, & putting upon it a
list of the orifice. It is good for any burning
or scalding, or any bruise inward or outward, &
for a chilid being very warm wth Sacke, or
for a chilid in the arme of the arme.

for strong good medicine for the Wombe.
Take four grains of mercury before m
in full dran after 3 mornings fasting, & fough
t you are worth. This may be given in any
young cold. It will be of use against you may
have as many times as you be young &
never so. for it is as much as may be given.
It will be good also in a fluxion.

For the King's Evil open sore.
Take a powder of red roses, wormes rice,
corals, white coralline & some red pickins
of a fawcet, gr ann 1 oz. & 2 dr & the rest ale
red rose, & wine mixt ym self, apply it to the
open infected flood-worme. By salt soore
a riper, draw & bale.

The great Cordial & vertue of Baracon.
Take 2 white Coral, white amber, Croc-
-drys, & 15-21ne l. h. d. of Cassy 1 oz. &
the magnesiorum of peper 2 oz. & Casr India
bezur 2 drams. & black rips of Croc drys
as much in weigge as of the rest, powder all
and the powder into a verry small powder, & mix
ym self nother, & make it up into balls wth jelly
& booke some color a little if you please wth
a blade or 2. of Saffron. The Dose is 2. or 10.
grains, & do obiou as you shal see easie.

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It is no engine at pulling you in your place
and it has alwayes w^t about 50

In afford winter feare here
in the Head.

Take a part of Cowslif, Lovers, a bitt of
rosemary flowers, a pint of Bittery flowers,
3 or 4 Turnes, a little Long may; Imprised
in a bottle of the best sacke, & let it
lie 3 daies, & then strain it in a rose water shal.
Drinke a little wine glas of the water morning
& Evening 3 daies together one a moneth first
& Last, if you wil have it exw^t the nexte, put
in the same quantity of flowers of Rosemary &
May, & strain it over again.

To a sore Breast.

To half a pound of lamb-sheep's meat, a pint & a
pound of mutton fat, a pint & a pint of
salt & a single onion together, mix them
well very well & a shelter'd set upon a very
new fire of charcoal 'till you see it rise up in
a thick smoke, so soon as you see it burn gal-
lantly take it off & pour it down in other form.
If it stand it is foggous to be cold; you work it ex-
-tremely well & a spoon full to be made of cold buttery
ones of lard; you beat it up also a pint to use. In
a scale or burn you must use a feather in
cold water for a scalding with a little of it & hold
the scalding. If you dip a cloth in it & lay it by it will

To burning or scalding, after bath to
take away the pain.

To elder-wicks & scrape a good quantity of old man-
nins; you take Sheep-swickles & let them be
boiled either in an oven, or by the fire, but not
hard, as much & quantity as you have of old man-
nins of elder, beat you well together, & scatter
on either 2 covers, or sheep-swickles not hard not
too much soft to you; & when it is boiled not black
green, & if you take it you'll be given full force
and strength of elder-barrow, & so you will recover
out of all disease; you strain it. This will heal any
burning or scalding to skin & heal any child &
-blain or pines.

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A poultice for a Burning

To a handfull or more of Groundsel & yongest yew
cayget & 2 leaues of horse-radish wash them in
a Colander, & stamp them together very small, & lay
a thin cloth strabbed upon it & wrap goodly, & lay
the last, & lay it to the sore.

A poultice for a Burning

To Burnet grass & melt it down to a thick
mingle, & lay it to the sore, when you dress ye wounds, warm

A poultice for a Scald

To willow, & temper it w^t water, & when ye fire is out
take a quantity of sallet oil, & a quantity of hen-supper, &
quantity of Virginian wax. Stamp them well together, & lay them

A poultice for a Scalding

To blades of English Lettuce, stamp & strain them w^t cream
& lay it to the sore place, it will take away the burning.

A Salve for a Scald or Burn

Briery roots & flowers & leaves of each a like quantity, & a
few briery-leafe stamp & strain. Boil these with butter, &
strain it & keep it for your use.

A poultice for an Inward Bruise

To red Comyn one spoon, & pokeweed in the morning
for 3 months together, & then

A poultice for a Bruise

To fish & rosin unsworeight w^t x, & flowers or wine grapes
like quantity boil these together & strain filte & cover
a salva. In a sticke of a linen cloth & lay it to the
bruise, & let it be 4 or 5 oys.

To swage the Ach or a Bruise. To a quantity of murrey
root & Mortar. Wash you selfe in Ale & drye it they will

to lay it to the sun, as hot as you can suffer it & then

For a sore Breast it is needed.

To one handf. of mallow, one handf. of wormwood
with a running water & a cloth give it they
be hotter. you take your hot the water clean, &
when one handf. of mallow & wormwood
of quality of hairs of hawks be so long as many
fingers & will keep it warme & when it com-
eth hours, & lay it to Cooke, large covering plaine.

For an ache in the Breast

To 4 boyl scalding in fair water, & if I water wash
the Breast twice or thrice & make a plaster of
mallows & lay it to the breast at whole or you
get to bee. pain.

A good plie for a sore Breast.

To a potle of curring-water & a platter full of clof
mallows & scald you till the mallow be soft & you
take a potle of ale-honey, & boyle in salt alaylly
& take a good quality of Leathers bridle grinded small
& a quart of whitemore, & seeth you altogether. If
they be hard you lay it to the breast. & when heat
it - 3 or 4 drakings. & rub by divers.

For sore paps

Chardion to sage & white geras stamp all together
& lay you cold to your paps.

For a hard - woman's Breast, or when you ought to be by former's rule

I lay four stones, & triangle is all vineys or like
wolke of iron by spread it like a plai, for on a
linen cloth, & lay it on to sore breast & so let it
lay till it be dry, & you remoue it, & lay another
like again if need require.

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To cure itch in a woman's breast.

To the root of Brown madder made to powder. Drink it with milk
in at the root of the peps & it helpeth.

A medicine on a woman's Troubles

To 7. or 9. leaves of Bedstraw, a pretty quantity of
Madder, a sprig of Pennyroyal, 3. marshmell
branches or 2. St. Johns wort; boil all these in a pint of
white wine or ale. after they boile, put 2. spoon
of saffron & boil it a gathering of an hour. give to the
patient to drink warm.

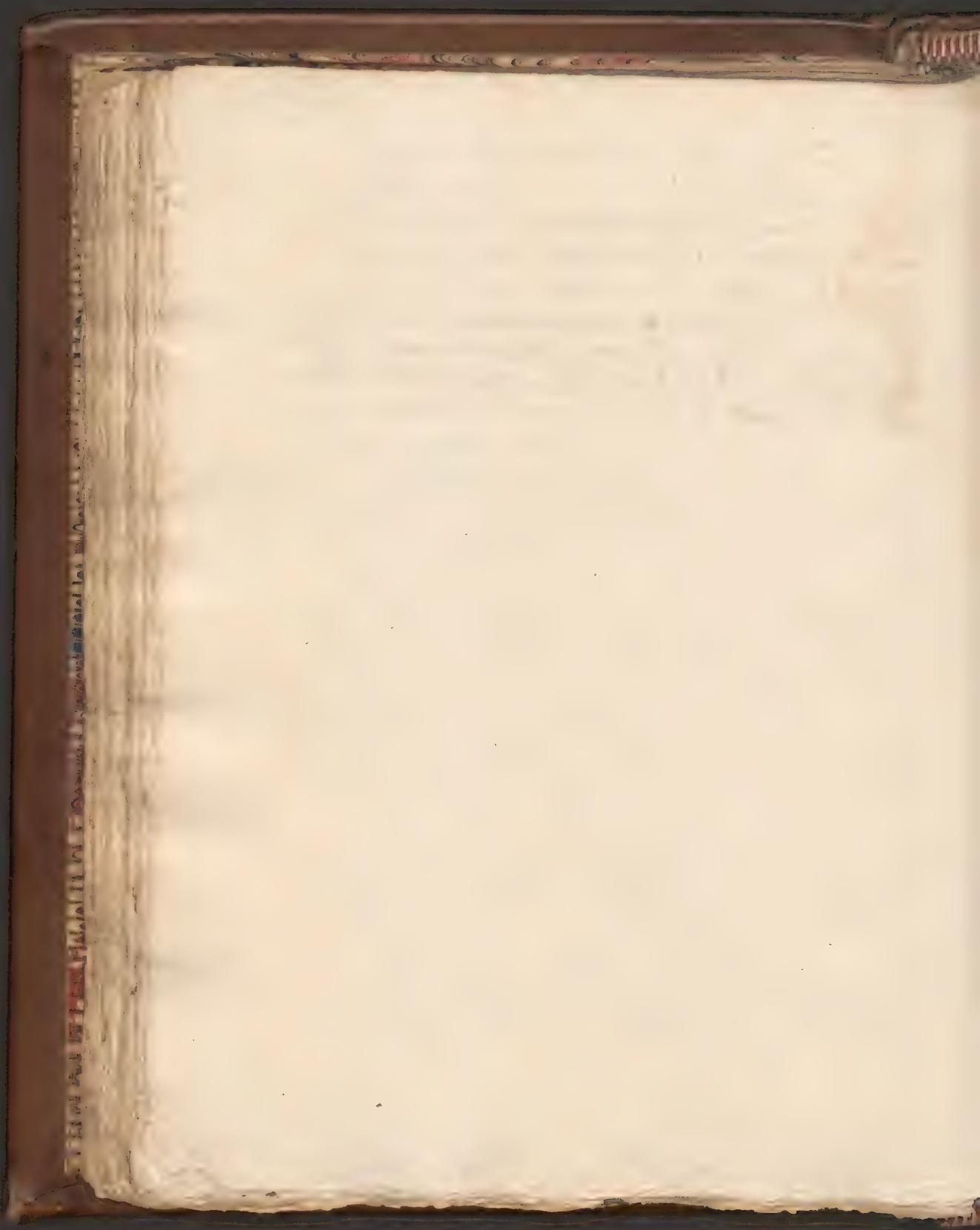
To stop a long time a flux.

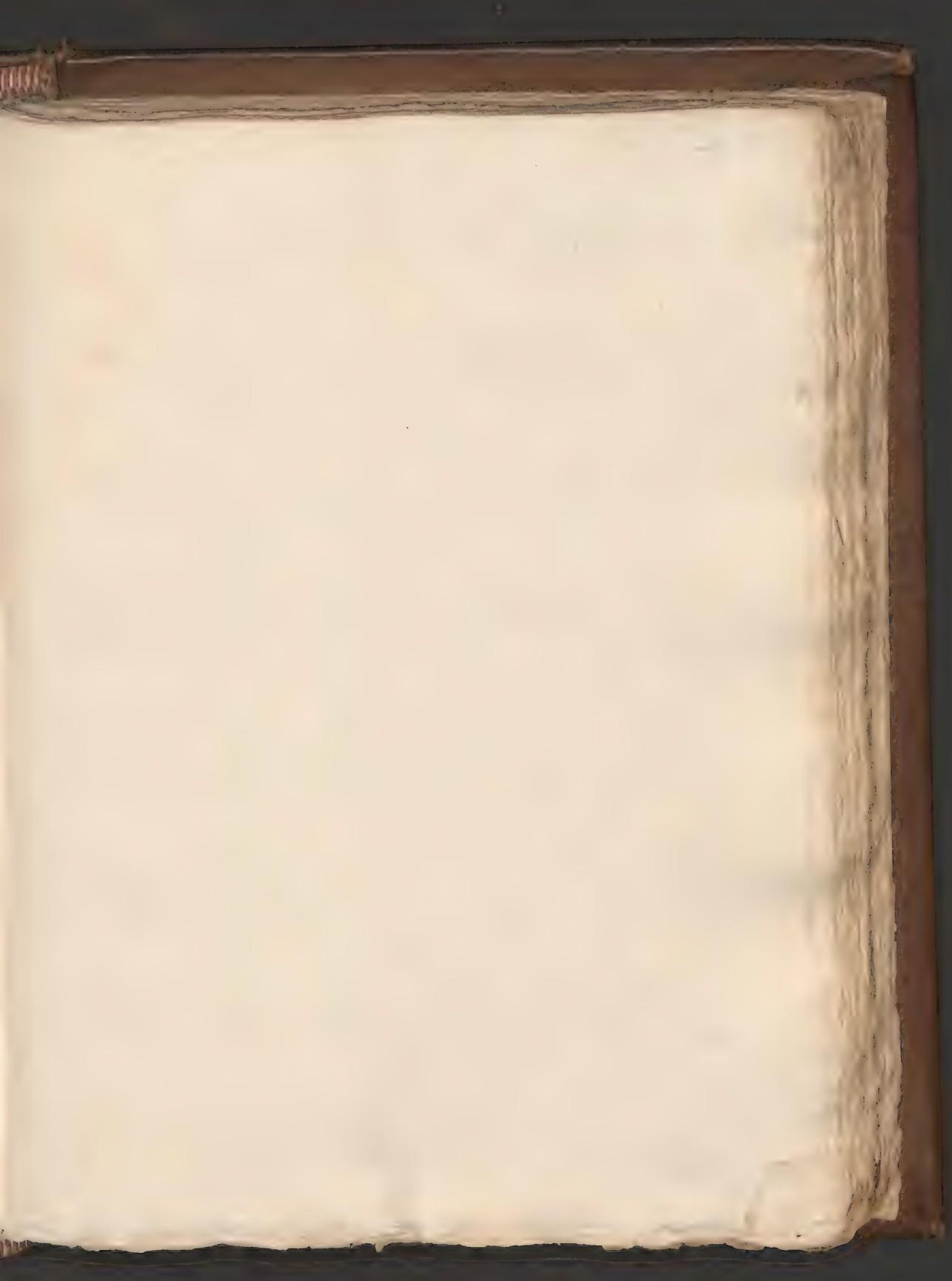
To 2. pounds of Rue or 1. of one leaf, 5. or 6.
Saffron roots. scald you altogether in a pot of white

A receipt for drawing through
children

La. in Alba.

First century of flowers & comfits - while
you never hit & vinegar looks strong of you.
you take 12 of roses & put them out of drawers.
A hit the best & the last sharp of the vinegar.
you take a water & lay it like a sponge upon the
fire together hit it 3 or 4 times & let it stand by
morning a spoon full a month together





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To comfort the Brain & Liver, & help
up the Weakness it causes the pulse to go out
and so to the Lethargy of the head.

Take of Siccum & a point of a bark of the
Sage steeped 12 hours in 40. gallons of fair
water, & a calder cover'd in a heat hot with a
convenient fire; after warme the vessel, and
bevers of fire, be let cool gently until 12. m.
3. gallons be consumed: then water strained
out a bushel of malt more or less as you
mean to have your drink smal or stronge.
The boord be put thereto as to any other Boord
when you have it hang at the furnace in a thin
linen bag wch. som weight of the flowers of
Sage, Consilis & Rosemary 3. lbs of each a great
handfull, & som Campestris flowers much mul-
tiple of that one 3. lbs the salts of Ivory mixed
with small peper of each 3. pounds long
2. Drams. wch wrought sufficiently stop
& refel close, & drinke if stale & cold.

To make a gilt leather bag when you take
the boord it is.

T. 2. for Lethargy & weaknesse, & to help
the brain & liver, & to help the pulse
and the heart wch. you take a glass
and fill it very full & cool it wch some of the
water & rub salt & bran mingled together wch
you can take & lay flat upon the
fist or fill it on a flat plate wch you
knowd of & lay it flat on the back of your
Lay it on your head straightways set it wch

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~~any balsom oyl for sores as long as you have
the sore & it will not break away as you pull
it off.~~

To knot wrys. bins of oak, & young oak leafs
cemy, & digil al these together & after set them
in the stil. 3. spoonfuls of sweat to be taken a line
for a knot back

To a Great r. a. mutton. Break the bones a number, for to
cooke hot milk, saunders & red mint. Wt. it is well boyle
it in morning roasting with sugar

To the Sore strenghtning bath.

To 11. pounds of Juniper-wood Brdes; cut the small ch
ark it in 10. or 11. gallons of the hot Bath water, & let
3. or 4. hours, you put in it 3. or 4. p. of salt, & 1. or 2.
p. of Bay-salt, & let it stand. then mix all together
water look greenish with the sage. then strain it & pour
this water a gallon of red wine, & bath your joints &
other you have bone & r. side in 10. of the bath, & in
water as the hottest bath many & every day
tans together, & dry yet lay & joints well after it, & for
litter hose after it every time, & put other upon it &
lay a pincushion of mustard Salson & Benjamins
a flaxseed oil hot wax to y^e cheek neck to comfort
of the sinews as long & as broad as y^e hand.

A most excellt oyl for pain in the Sores.

Half a pound of Bayes a p. each. common wood, one p.
vine, as much red sage 3. of sweet straw. beat you all
these very well, & put 2. parts of silver oyl to 1. of
straw & a little oil they be made. you boil it til the
crisp. you strain it into 2. oz. of oyl of spike.

A very good remedy for headache &
Back

To the white of an Egg, & a spoonful of oil of Roses.
Beat you well together - you take a piece of white
bark about 6 in. & a handfull of a peacock's tail
(year) & 3. nails long - & lay it = the oil & Egg being
boiled, & lay it = & lower bark of the back & tail
will take away the pain or beat up it.

~~For a Consumption.~~ a Broth
 3. a rib of veal, boil it - one pint of water with 2
 3. leaves of Bay or some sprig of Garrow. Let it
 stand until the veal be half boiled. strain it
Spoonfuls of water & sugar

A very Easie cure for Consumption.
 Tie a red cloth & black him alive, you gather him little
 out his breath, he are in cleare. If a green cloth, you
 tie quarters in a bottle of yest sack & put into y
 of a morning. At the peraysonal pimporne, or
 each week night. add 3 shillings very hot water
 into a poume or currans. so let it stand in the sack
 2 hours. you shall see a shill. & if the water keepe
 the 2 shillings before dinner, you have done. before supper
 let it will much ease the patient.

~~For a Consumption.~~
 To a potte of goats-milk, & a water as a pound of
 Cinnamon broken 2 pieces. & a quarter of a pound of
 Dates. y. stones pulled out. & a quart of red wine
 沸热的水入一升。 Drink it at morning & night.

~~Inches.~~
 To a pot of goats-milk, a handf. of Cinnamon, a handf.
 of R. ot grass a handf. of Cherry; a handf. of dates
 stones pulled out. a sucking pig broken 2 pieces bones
 & all, a good quantity of Cinnamon broken, a good quant.
 of currans. & a fist of resper-nine. put all these
 together into a shill. & stir it. & if it is a weak & drink
 it all sugar the morning & at night. If the patient
 be weak, it is better strewed in pot.

For the Consumption of the Lungs.

To a quart of new milk or a brown cow's milk
12. sc. vials, mostly taken off from it & 2. vials
of the Liver & 2 pints of water put it in one glass & 20
watercress & 12. drs. of Suger & roses in a
spice box this put a parsnip root of the same & brown
candy & drink half a pint of milk frequently after
it is warm so do likewise at night but put no
leaves of sultanas & st. John's wort by m. 14. d. p.

For a Cough of the Lungs & Breathing Pains

To 4. oz. of essence of red roses, 2. oz. of white
bergamot beaten, a pint of a pound of raisins
of the sun dried, beat all these together
and add 4. drs. of oil of violets
12. drops of oil of Sulphur, take of this the quantity
the morning first & at noon & fashion an I. r.
over it & cast it right & left at the chest under
~~the~~ the it the Cough & asthma.

An arrow made for a Consumption.

To 6. oz. of raisins of the sun some you'll
stamp & very small take 4. oz. of Brown su-
gar candy beaten small, 3. oz. of roses &
roses. Beat all these together. I find with 1. m. 24.
drops of oil of Sulphur & 2. drops of oil of
violet. use this morning & evening.

For a Cough.

To one shilling of sugar beaten well & boil it
in a bottle of water & a close fittin. you put
in it 2. ounces of raising bread; size out

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Take one ounce & half, dates stoned 6, English Liver
-rise scraps 2-3g. Boil all this a pint of water
you do boile it & lay it, the ike a hair cloth, & lay
it on a hand, & poustes on spouts for the lungs.

A present remedy for the Extreamest Cough it is.

To sage of Bethlehem or a good bante. Boil it well
in fair water; you strain it so that you get all the
juice out of it, & then make an Almonds-milk.
take thereof fasting 3- or 4 morning & night, 3-4
halbs. If you mil this juice w^t cows or goats milk
it is good. This sage is an herb, with both its
leaves full of whitish spots, & bears a money color.

An Electuary for the Cough.

To 14 vassins of red roses & vassins of violets for the
stones, & each a like quantity, spirit of violets as
much as to make a like quantity. Take leaves as
much as a vasson dry money next to heart, &
right on you go to bed, & sometimes fol before sleep
& suffice an hour.

The syrups for the Cough & Clean by the nose also.

To 14 galanthus & good roses roses, & each half
a pint, fine Barbam sugar servis a pound. minde
& boil you together to the proportion of a syrup but
not to the eighth. take a spoonful & lay it being warm
to stink down ye throat easily of itself, & it will be
easy to expell out of the lung, or any other place rather
for the lungs.

A Syrup or Sucus for the Cough or
any affections in the Lungs.

Take a pint & half of myopwater, half
a pint of rosewater, & a quart of agapite
a good quantity of Licorice, well bruised, 2.
spoons of Ammisseeds bruised, & a portion
of white sugar candy, 2 oz of Saltingul
Gum. Let all these boil till it comes to a
syrup, & add a stick of Licorice you may
take of it as often as you will at all times
of the day or night as you please.

If you will make it in 2. pills

you must let it infuse 2. days & nights, &
then boil it to a chafing dish & cover close
covered, till it boils, & then keep it still, stirring
it till it come to a thick substance as you may
work it into pills, & so take one, & let it lie
water yet longer, & it may drop down to
the lungs. These shall help any cough. To
be taken by morning & evening.

For a Sooth

Take 1 lb of your own old hens slices & boil
an oz. of Camphire slices & cut sheep
meat - a quart & half a pint of fair water
upon the Simmers 12. hours - a close stone
pot. you but to it half a bullet or good chick-
en, a small bunch of Maiden-hair & a
bunch of mace, & boil it to the last upon a
soft fire of charcoal. you strain it, & take
one of it at the first; & drink half a wine-
glass.

drink or have now the morning at 7. of the clock &
like eating at 4. o'clock - in afternoon fast
again it each time 2 hours.

The first

Take crops of mallow & violet leaves, or full to
the root of each one handfull & great raisins
30. of small barley small horseradish & celerie
to clear out the fat. boil these well & fair take
a hot wine or a yntake one oz. & half of
Almonds & veray small & astre in rosture. & boyle
about 2. oz. of manne well clarid & add thereto
the rosture with the Almonds & the broth as much as will
well dissolve it. you shewm a through a linen cloth &
drink this 1. morrow morn for st. fergy.

The other fergy.

To 4. lemons of manne well sliced with oil & saffron
in an 12. of 8 silver of Agarick & weight of 6.
of white & green biet an oz. of horseradish the 12.
of manne in a small horseradish. boil these in a good
pot water as wil wel cover them until they come in
water of a wine-pint. & strain it & let it settel & in
the liquor distill an ounce $\frac{1}{2}$. of manne. drink this
at first after it as after the other Almonds with 3. hours
then take some hot broth. Next day you may use
all ordinary cures as you do daily. you may curdy
this medicine with a white of an egg when it is mingled
with manne.

A medec for of Colick or stone.

To in may the buds of Broom flowers, pick you
very fine & clean, & mingle you with you may
butcher & beat you in a morter very fine, that may
be put in a close vessel 10. days, such an hil at
the strength of the horses ar forth. you strain it, &
anoint the place w^t the hand bis of oil of colick
or stone.

A present remedy for y^r wind Colick.
make a bister of the oil of walnouts, a strong
claret wine & one half a pint, but before you
take the Bister, you must take one ounce of
cinnamon-water with 2. oz^s of oil of sweet almons
late an hour before. a woman being bister'd at
the Colick, may take it at y^r beginning of her ha-
morrhoides great good by it, & no danger at all.

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to make a Soupy-broth.

Breakle-bones or veal in an old cook, & cut it in pieces, put it in a pot, & a pint of Soupy after it has bin scalded boyle; let it be two hours to boyle, put soother thanf of 3 pints
of Beers, a handf of coriander, & a handf of mace
on leevens & when cold add a Doz. of sponges
of lean scrat & boil up in a bunch, & no re-
maining. Let f-broth boil & al the next mornit
be half an houre.

Furging-drink.

3. ale pints of Conduit water, one handf. of harty
long, one of Liverwort one of mace-mallow & 1.03.
of raisins of the sun shrowd, six figs sliced, one oz.
of Aniseeds, halfe an oz. of Limes sliced. boyl these
together & a pipkin til one pint be consumed, then strain
it through a clean cloth; you put to it a wif of Senna
& so let it by in it selfe of time you are taking it,
you must take 6. spoonfulls at a time strained fr. yf Senna
you must take of it un you go to bed, & w. you rise.

An exellent med. for the Drosey.

T a gallon of chees whey, be 6 whites of a doz. Eggs,
seeth yf whey down to seeth well, cast 4 whites
of the Eggs, & so let them clarify wel together; in
with a summer take away cleane yf whites of the
whey out of the whey, you strain the whey through
a clean cloth to the vessel; Cast it again over
the whey & put also it a handf. of walkeort seed
green & yf hands, 2. handf. of wormwood

& a pennworth of spikenard of spikenard, boil all these together with a gallon to a pottle, & when strain it into a clean vessel, & let it stand & sink during the night for 9. days, every day a pretty quantity. & he who receiveth this medicine shall not know what cometh, & if it doth come he shall have no fear, & this is a medicine therefore. Take crops of rice & somt more of groundsel from betony, leeks, stonys & these herbs in a stone mortar alonost so much as you make green sauce, temper am wth red vino
I say al - upon, & let it be as hot as ye patient can suffer it. put it to & lye of his head before bed & call the nap & let it ly there a night & so day warm it often, & it need be chyng it often. So this divers times, rubed it dillily, & it will cure.

To make an exectt drinke for any
that is melancholy or wroes, for rheum
of eyes, & many other things. hurtful for none.

Senna 2. oys saxifrag half an ounce, Licorice half an oyz, polyposit an oyz, hemlocktyle 2 drams, 2 drams 6 half an oyz. China an ounce, Sarsaparilla 2 oyz, Muscum 4. oyz, fennel seeds coriander seeds, caraway seeds of each half an oyz. - a few gilly flowers, roses, my flowers, cowslip flowers, Egromony & such a phisick handf of raisins red & sun, anis-salsh half an oyz, camomil-flowers a handf. put all these into a bag & scalding, & bur it up 2. gallons of strong ale, & wth it 2. tuns the drinke so much as will purg you 3 or 4 times a day, a pint or less. This is but taking it from

Use it but you may use it at anytime its upon Extraordinary occasion. & that may be visible.

A drink for all obstructions L. C.

Take 3 roots-hay & Liverwort of each 2. handfulls
of horsetail & root - or garden-sorrel, half a pound
to the rest curers or better fowles. Like. Soe
it well & 3. carts of Spring-water till it is full
but a yard deep then it out. give it to you selfe to
drink for it costt dringk. shalbe a like.

of scurvy grass 2. handfulls of watercress, Liverwort
size of each 1. handfull. wash these herbs in
with a convenient quantity of hot water & you 2. add
along side a handfull of your wort. after it boyle no
longer & strain out let the liquor be cooled & reduce
by fire. & on it is ready to bin take of by gillies
all a smooth stone but do it soe as it be sick & long
it is a convenient vessel. you put of beer into it. when
ever 6. days make use of it.

physick Drink.

Senes 2. oys, sarsaparilla 2. oys, Ligustrum 4. oys.
Linnosetulus 2. oys, rosa solis 2. oys, Liverworts 5. oys
& net - seeds a handful of em 0ys. Erysimony 1. oys &
the sarsaparilla, Ligustrum & Linnosetulus, will be
watered & shake them & small - after it strain them & the
other ingredients 2 a morrow; you putt you selfe in
water like a pocket both ends sett up. & lay
by for you selfe a gillie & half of spoon ordinary ale
then turn up. Let it be a stoup set in a spicet fit
to receive so much; & when it is 2. days old draw it
out

drink half a pint at a time; the one in the morning
the other in the afternoon - at first 4. to 30. you may
safely take it; you may increase or diminish it as
you would have it work, or as you find it will
incuse it. It's best taken in the Spring & fall & may be
taken at any time. No need is an hour bed - much
moderat exercise after it. This requires no strict obser-
vacion of diet. Let 3 ingredients be sound & not strong
drugs. The ingredients for one bag will not cost above 15.
It's good for old diseases & worn out suppleuous humor.
It's of such a temper & quality, that it heats not & sears
Inflames not & choleric, cools not & alegmatic, Piss &
Leth not & melancholy. In feaver, it's good for all
fours, inflammations, rednes & pain of the head, eyes &
face. It cleseth the stomach of all alegmatical & grec. u-
nions; it relieves & cures of the lungs & the beginning &
shortnes of death. It opens obstructions & obstructions of
the Liver, spleen & other p[ar]ts. It's a special help for
gouty & pains & combs; for it takes away the antecedent
heat humor. It cleseth the Blood, for it purgeth by
urine as well as by stool. It cleseth the veins, & cures
many & many way viseys. It takes away & humor, &
with the stone it prevents the increase of it. It helps
& indure of morby gallie, if it be not of long continu-
ing. It's good to be used in gonocouer humors & running
teeths because of humor is steady. It takes away con-
gest humor, & cause ulcers, sores, & fistulæs. It can
cure & makes you look swarthy round. It cures all
otherway addicions. It takes away corrupt blood & corrupt
flesh such as leprosy. It helps ulcers, sores & fistulæs & can
he scurffs. Taken in spring & fall of the year, it
preserves from feble diseases & worn out corrupt humor.

An ointment to bind up a
wound or sore.

To make up a pint & two pounds, melt one pound
of mutton fat & quantity of a violent
burning pitch 1. 03. white & half a pint, &
as much vicksburg as will color it. Boil all
these together a quarter of an hour. Use it cold
for sores or ulcers.

The black salve of cure of Ulcers & rotten sores.

To a gallon & strong ale very stale, 2 bushels of
woodbine roots, halfe a bushel of old roots not
old, as much of rotted sweet bay, a pound
of unset livers, halfe a pound of red onions, halfe
a pound of yvonne filled, a good handf. of fine
potions of rotten post of oak. Let all these be
strained by themselves very nicely, put your hands
in the ale above, & halfe a pound of rock alum, &
set you on a soft fire, & let you boil awhile, & strain
you into a clean vessel very hot, & put thereto halfe
a pound of clean yellow wax, halfe a pound of good
rosin halfe a pound of green roses oil, a quantity
of stone honey, & as much orange flower. You set me
over the fire again, & seeth you well, & so putt you
into a close pot of Earth, & stop it close, & when you
will, spread it on cloths & lay to the sunne.

An ointment for scalding & burning.

To a sheep's fat & fresh uncoocked reflect a like
quantity of mutton & halfe wine of ale, as much
of young goose, & mard od slat herring. Any al-

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Here is a fair poultice of submarine leather oil.
In steaming, & anoint the place gripped thereof
the sore w^t leafs of harts tongue. Before you use
anoint, take out the fire. If scald oil & water be
other, applying it to the burnt place with a feather.

To make the Oyntment of rosted
Whelps. Approved.

Take a Couple of Whelps - cut off their heads,
& take out their guts, & then pull off their skins
& then dry their bodies with a Cloth, not wash
them. This done take a pound of Hogs Lard
or Boars grease, or more, i^e that yo^r whelps be
not fat. Let not the whelps be above four-
teen days old. Take a pint of Agarike
that is good, but not too hot. Then for your
herbs, Take Scala celi, Cumfry, Knotgrass
cinquefoile, Yarrow, Bartsly, Angelica, Valerian
Elecampane roots or Leafe, Tutsan, Orpine-
stickwort, Melilot, herb Roger, Filipendula -
red sage, Rosemary tops & some flowers, smallage
Saxifrage, Betony, Egrimony. Take of each of
these halfe an Apothecaries handfull - Except
these that follow - Scala celi, Valerian, herb Ro-
ger, melilot of each of these take an handfull.
This done chop all these herbs very small, & mix
them with yo^r Lard or grease aforesaid. Then

Then fill the bellyes of the whelpe as full of
this compound as full as you can - sow them
together. Roast them on a spit, & fast them with
Agarica until it be almost all spent. If there be
more herbes then will into the bellyes boyle them
in a skillet with some more of the Lard. Then
take off yor whelpe & beat them in a stone mortar
very well while they are hot. Then set it over
the fire, & let it boyle a little & scum it - and
take the bottom from it - & put it into a cleane
pan - & use it as you think fit.

To make Licorice-Baly

Take a pound of Licorice very well soap, slice it & beat it, you take 2 or 3 pounds of fine sea-salt
wine & mix it with a pint & half of roses water, then
soak it in cold water, & so much by & by
put the licorice to the water, let it steep a night
in the morning strain it off then once
boil it up a sick fire w^t continual stirring, till
it be reasonable thick, you take a pound of brown
sugar-mandy, & a pound of Roast refined sugar, being
finely beaten & scalded & mingle you together w^t
much green dragon & cherry tree jun as you think
good, being steeped a night in a spoonful of
these waters & mingle it w^t the sugar & put
in the boild Licorice, but the Licorice is w^t you
can suffer it, now you have made it to taste with your
hands beat it w^t a mortar & now it is wrought very
well, make it to like baly.

To make oil of Almonds

I hold a pound of Almonds blanch them & let wa-
ter dry you well w^t a cloth, you beat them w^t a stone
mortar exceeding small, you put them to a silver pan
over a zeck you set a pretty sick fire, keeping it con-
tinually stirring till it be thoroughly hot, you strain it thor-
ough a canvas strainer w^t great strength but not
a little at a time to the stones

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To make oil of violets.

To two pounds of good violet oil. & 6 oz of violet flowers; put the violets & flowers into a small jar or
pot either pot, & you let y^m continue it. or otherwise go
along being well stopp'd. you boil the same violet flowers
again in a same pot or jar. another vessel containing
the 3 hours space; you draw off y^m. & put first violet
into oil. & after two days living - strain, & boil it
again, & likewise the 3^d time - you strain it & add it
at the y^{et}.

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To make an Exellent oyle for answounds.

To a good many of the flowers, leafes & scatts of the
- wood, lay it - stekc - a round white wine glass
- you - a glas, let it stand - the sunne 10 days
there to evry day stirre it, as it wanteth water
so let it stand - & when ther is 10 days, take a pot
of full 2. oz of vynegar, one vyn of Saffron
redness 1.03, stones 1.03, myrrh half an ounce, rest
of the fine hale an ounce - mingle all together.
Put it in a glasse stil with a wylde - you water
it evry day with a drachme of ynglysshe water & white helle
or you use to wash it, & put it to a wounde - if ynglysshe
water is good to wash a wounde.

To make oyle of Hispanion.

To 3 pounds fowle 3 pints by measure of oil olives
150. 2-pints of the best white wine you 3 buds of
Hispanion 1.03 blake root 3. Lemon or small lemons
1.03 being boyled a little & then beaten, you shal have
With a said oil & wine - a vial or glas & place
2. days, you take a pot of saffron, & put two
spoonfulls of hay & of bottom, filtering, & then water, & putt
glas there 1.03 of oyle, steking it likewise with hay &
the other & see at the top of the glas & stand a pot w/
stone & water, & another glass com in, w/ you will
stop very slakeley, at the air may come out, & without
not fill it up to the top, if it may not reach over, & it
is helpe to be filled higher on the water wherein it
is boyled, for fear of breaking; & note of you must
put

put the glass w^t the oil in the hot shott w^t bay
 before it com to the fire & the one may heat the
 other moderately: See that sudden heat will
 make any glass break. This done, you shall let
 it cool - the first of which heat or burning do you
 bring w^t cold - Then you should strain the same
 so that no bits of Hypericin remay, to the
 quality as is aforesaid, boiling it again as at first
 you shal let it to a rest & take off Hypericin so
 much as aforesaid. At this of boiling is to be soon
 applied 3 times i 6 Days; consideration of the bits
 must also be shewed & the oil of space of 2 Days
 before you boil the same. You may take longer
 space at ye lesser, & may conveniently boyle it
 twice yearly before hand. To help here are to this
 two kinds. The boyl'd as aforesaid; & the w^t oil boyl'd
 the 3 times & strained, you shall to be ready pounds or
 pint of oil, if you shal soe make thereof at first
 12 oz of ven. jup. & 2 lbs of whole but 6.
 oz. of strown nuttum, instead w^t oil if t^e do not
 be gathered, you may use so many oz & 2 lbs
 w^t oil is cold by also in faire be burnyng & mixte
 therof you may use so many oz of w^t oil oz. not
 Almonds. Then 2 lbs of whole a penny worth of
 salmons, & oz of drie white worms old weight 2 yds
 whitening, of Drams of Galbanum, Galbanum
 & flowers of gentiane, of Drams of Costardell
 w^t 2 lbs being beaten & made to powder, you
 shall mix w^t the rest & the oil & w^t the rest, w^t
 being close stopp'd w^t to be set i 2 sun the space of

40. Days, or to be set - a vessel filled has day, and
space of 20. Days, set within you may let stand - &
then, & when I reserve it for your use close up it:
when it is the better it is.

of the virtues of this oyl.

If a Lot of Oyl, it makes soone, & heals all wounds in
short time you & the sinnes being cut. It will go
burning wth the fire. It easeth & alieveth & wonderfully
the passion of the stomach, & pain of generation, &
lancor parts of the belly & thighs. It provokes urine, &
is very good for women & children, for if you put the
youth in fayre st of the hand, & dragees

of the oyl to apply this oyl.

For a woman, take a fine Linen Cloth, & burn it as
you would make binder, & quench it - a little of oyl
put it to a round wet you shall bind up fair & soft
& so let it stand 24. hours before you uses & some with
the like, & so continue till & healing thereof. For other
grieffs only anoint the place to be healed therewith
for the woman it must be drunk.

To stop Bleeding at your nose - take
a cold cut of y^e blood Turn it to a good
part of hours & you make powder of it & yo
ake the powder & pourest it into y^e nose also
you must have the blood of hawks & the hawks
blood must be very fresh & the juice of the hawks
blood & hawks be always on y^e nose.

To stop nose - to stand Bleeding
by - strong - water & vinegar & let it to y^e nose.
Anoint y^e nose w^t the juice of nettle.

To stop Vomiting

To stop Vomiting, wash y^e clean y^e face & then
drink two more Ears of grans to pepper, then
let y^e lie 2 hours & y^e drink it.

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A good medic for the Cancer:

To red sage feathers, one rosemary bush full
of leaves of bay salt & corners of pepper. stamp
all together & wrap up in a linen cloth altogether
& lay it for two months.

A medic for the Cancer - the mouth.

To of brown sage, brown fennel, hyssop & brown laurel
of each a handful; put these into a quart of warm
water & put thereto 2 spoonfuls of honey & add a
pint of white wine vinegar & an oz of $\frac{1}{2}$ oz of rock
alum. boil it together till half be consumed.

Any other place for Grenades.

and you are my children and I am your Father.
I am giving you the Spirit of Adoption so that you
will no longer be slaves but sons and daughters to me.
So come to your Father and receive his promises
fulfilling all the time, I send you my love.

for me to make him

I also get a species which upon a cloth, & says it
has all the properties of setting powder.

The horses from the hills.

the importance of the movement, and
there has been no better way to do it. In
addition, the movement is not a cash crop,
it can be easily transferred, it creates a platform
among the people, it gives us a

Chances of success under varying conditions
of temperature, and of wind, in the
propagation of fire.

To make the blood more

To take a pitch of honey water, as much as you can drink, but again no pitch of sugar, until it has passed.

The present inquiry before us
is how far it can be made
to bear upon the question of the

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3. 0z. of Sikkim 3. 0z. of the root of ginger
and 3 pieces of fresh horseradish, mingle all
to a smooth paste in a vessel, add with
a little sugar, make thereof a syrup. If you
have any broken ginger, it would be store well.

Take, burn in the fire.

In a pot, steep the compound in water, boil
it to the water, take off heat & let the water cool, strain
it through a white cloth.

In front rub it back & forth, also
back & neck & forehead. Rubbed in saline
water it will be more efficacious, according to how

I. 3. 0z. of common sugar-cane, a stick of licorice or
long 3 yds sugar sticks, a spoonful of Aniseed, boil
in a small quantity of water, strain it to a lotion cloth
about you & parts of which shall be held away
keeping it from scorching. It will force you to
spit out what you eat the strongest, has much in
the strong passing, & fasten loose about it.

For the King's Evil

Take of Toogles, stamp or incise
one & set them on four white pieces
of white lead a point of fresh butter & stamp
them with them & let them stand
in a glass & stand over by like manner & when
the oil is dried & let them a good time about
when drawing it off it have not loss, & so by cold
Knights & by the sun, & it will keep it from drawing
so hard to you yet use it before it draw
as a small bairn do by sun, make it no more
than a bairn, lay it upon a leather cloth & apply it to
such a sore & draw it away, & so you will draw
the infection, & lay & refresh it & some cold, yet
you must not draw so long as will keep smooth.

Here you may know whether to be the

Kings-Evil

The evil is a knot of sticks fast & a knot it
looks like like the other skin & grows not up
sufficient but is long before it comes to any bigness
it will be sucking after you have it & it will
it will break the body & lead a man to death
again, & so you are worse & worse, & so take much
time, to make it to pass he makes the cure
many times lets go into the bones, it shal not be cured.

For the Mother

To a pint of common sugar one of Saffrons,
half an oz of wormwood beaten small & the
glass together, & let it stand up hours, then strain
then to use it.

A portion of my old blue hat - a small piece less
than a foot of white lace from the same house,
of Spanish rope - but the said lace bordered by this
an inferior sort and yellowish green - a good
and fair one. I have it now mostly disengaged.
A slice of wood of some sort - remains of
the same to you, & you can distinguish
it by the color & the manner of its
being cut. It is white & yellowish green
darkening to greyish white & red - however it is
so small, that it is hard to make out
what it is. A piece of flaxen
cloth which has been put to use in plaining your road
to the river - plain it is a mile, & will be a
long time in breaking it up well, either by stone or rock
or whatever lies to do it. This flaxen cloth
is good for years, although it is of place oriented. By noon
you will have it all ready.

The value of CaCO_3 . Applied to stomach it removes a good amount of the mucus away at first of the stomach, applied to the belly, it helps to collect mucus from a very slow & applied to the rectum or rectal lining it also takes away & here a wonderful amount of mucus & mucus & mucus. It removes such a mass of mucus, mucus & mucus & gelous & it softening, it really
totally removes, it especially makes the bowels

I think so often he does.
of wood 3-4 feet as long and 3 inches
of sides which do company me back to the
but there is 10 years old the place is always to
work here it's most interesting to you like you,
days after you drink it it is of course a question
the others & more it will be the top.

To stop a water in the Eye.

To the stell of a candle by the fire.

Put it in a thin glass & let it stand over

a lighted candle & when it is cold put it in

the water & when it is cold again put it in

the water & when it is cold again put it in

The water is best for the morning & least for the

To cure a water in the Eye.

To the stell of a candle by the fire. It removes
water, but if eyes are a heat as white copper
it will move it much better you difference, & as
much more white copper money. At this time of the
seasons of a cold just take a small use one not
to be moving & when it is the evening, & not to move
after.

Another remedy for a water.

To wash the eye, & so as always to heat it
between 2 tiles, & lay the cover of red after
the medicine.

To stop a stope or hang the Eye.

To cinnamon, nutmeg, & mace, & cardamom
together in a wooden dish. Let it stand there, &
will take away the pain.

To water you can Eye.

To draw of white copper, & long - about 2 feet
of red resounding glass & water, fair running water
of each a yard or a foot. mingle them together, &
make the copperis in open in a glass jarthen, &

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or let you stand all night, & four or five hours
round in a salver glass; & what or no may be
the facts to some more or less considerable
it will not be like it's usual form for Lentish
herbs & roots, or rather the commoner ones may

For a Sore or red.
Take first of very little a handf. of common fennel
a handf. of 3. leafy rays. Stamp these between your
two wine; & drink it first & last.

For a sore.
Take 3. spoonful of clarified honey, & as much fresh milk
of him of yourself a man 110; seal up together
in a pot, & put it a night close. put into the mouth
for 4. hours a day, one cup at a time.

To prove the effect of Robert's medicine
I found a large vein, planified, a resonable quantity
about the weight of 6^{oz} of the powder, & given
some drops of water, he as much improved as
before, & the quantity of a large vein at first
was about 10^{oz}, & after 10 nights his hair went
white & he was very strong and again
had his hair, & was much stronger than before.

For the cure of scalds you may have the
following receipt for poultices

To a pint of new milk for 3 hours, & much more
of other oil or butter, & so rub it on the
Scalded head, & let it dry & help.

For burns & scalds

To warm water & add oil, & heat you will not
need the fire & a feather.

the Job the Fox.

190 To a point a mile & a half east of 190th parallel
Soil & vegetation like all elsewhere
Stream is a small one

Another very fine

To a point on marble ridge over which passes road
to castle, or castle rock, about 1000 ft.
Brick house made of raw gypsum will stand up

for a long time

To a point a mile & a half west of 190th parallel
Soil - like marble bedrock below it, many
thin sand layers, to take long time to wash off

the growing tops from 10 inches
standing, cutting stems & each
a handful, poorly-rotted, general rot
stoppers of such a nature, probably
in a green, Marigold, of such as of
a handful - greater to generalize
of such a portion of a tree, however
left in one, raising the curving a
portion of such a stem left in one,
leaves about them a portion of a tree
one rotting. Cut all these together
in a good quantity of clippings rotting,
about 3 parts in a pot, & let it stand
10 days & it will be rot then
soak it preference out the roots & cut
as can be, to take off a little gradually
in the morning & at of in the afternoon
light fire & too much, take it out
one day. will work, but it not so long

20 or 25 of violets, 2-3 feet in water, May 27 of 1900.
A bed of blue-flowered violets, with a few white
violet flowers, and a few yellow flowers, all in
the same bed of willow soil, which is
6 inches in height, it is the root system.

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To make Sage poultice
To galangal leaves, gillyflower melilot, Calendula, one
ounce of each & 1/2 oz; of the juice of Salicornia with
a sprig of mint, & 1/2 pint of warm oil each with a pint
honey & 1 pint of red wine hyssop, a stick of card
2 pints of very good white wine. mingle you all together
in a pot you make a still, or bottom pot, & this is to stand
night close stopper'd in the morning distill it & take
leaving nothing by itself, & so if 28 & the juice poultice

the body there under.

To Salicornia roots, rosemary, Rue, wormwood & a root
of red dragon scabious, Eryngium, fennel, common carduus
bendish, horehound, 2 oz each of each a common root, small
roots, angelica roots, zedory roots, tormentil roots, 2 oz
of each Let them be 2. scrap the roots & wash the herby
in a cloth. you strew you into a gallon of white wine
& let you infuse 2 days & nights. in still it is an
everlasting still. keep the 20 running of itself before & about a pint

the Lady Brook Cordial Balsomwater
very comfortable for the stomach.

3 quarts of such, & boil down to 2 pds. & add 100 grs.
Cinnamon & Cloves. a good handfull of Sassafras.
and as in the above are the soap root & white al-
mond. & some mace & a quarter of a pound.
a sage 3. oz. & gent. 3. oz. cut into halts
boil them 3. oz. in a clove of fumitory & a pound of
white longfingers & boil them for 3 hours the spicess in
water & the herbs you steep in the wine for 2.
then strain it & dilute it in an ordinary wine & you have
a cordial. like the 2d best root of all. I find so
much sugar too of a labor, as will make it past too bad.

The Water Balsom.

To a pint of Wine add 1/2 lb. Sack & two pints of
water, & a pound of white muscovado. Boil them
over a fire until it look white, you will see
when it is done a white smoke come from it
it is done. then strain it & add 1/2 lb. of
ice if they will not melt in the time of your taking
it out & stir together again the water & wine & you
have the balsom. don't let it sit a day & it will
either be thicker, or a concretion.

The Juice of Licorice & Turnips may be used

1/2. oz. of large Turnip seeds & 1/2 lb. of Turnips
of white root, & boil them Colander one hour
if necessary place them the next day & Colander
you water & strain out the juice & mix with
Liquorice, you have a Turnip Turnie a Skillet, & heat
it the same time it must be warm enough to

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is being weighed higher & higher up a quick fire hill is
as thick as your locusts, always burning in your face &
with steam it looks like a green volcano. It is so hot the
ground is as warm as the sun in a clear day.
The ground is to be very high, always burning
out of coal & broken stone & many fine colored
rocks & the smoke from the bottom of the sea
keeps it hot, & dry, & there is no water
up there sticking to your hands you would think it was
hot water, where you can't find water for some distance
in the very place.

The Major's receipt for 200 lbs

In a month of January, I found no birds, in a month
of the winter, & had no - parts of peacock and
turkey in a party & on it is all, but so much scrap
of wood & iron is as well & when it is cold day, & there is
another

In January, I let it sleep & you sleep at night, & don't
forget say "I got meat, or in you please."

An hours receipt for 200 lbs
a cure of "fever" may be also found
many diseases & in both cases with doctors
first, & then I'll say of the more age than must be left
him & the younger of the two & have veins to come for
the doctor, & the more they bleed the better you
must take care not to be in a sheep pen or
wet, & if it is to be in a dry place, & not the children
it's willing to injure the child, nor the cool under
or out of 2 days together, you must be notches mostly

Buy you both the best white silk stockings you can
Buy you the best white stockings; buy you both the best
apart from white lace of Nottingham, that may be good with
white lace. And if it be not long enough to be some ways
shorter. Take two yards of fine
white silk stockings and lace them over with white
lace, & put in a white wattle, i.e., & so you
have the strength of the lace's web, when it is being
worn, and yet green enough, so sharp some more
white, & will it be a good sleeve; & will make it
with the greatest dexterity, in green to about
height of your sleeve. The white must be with me other
white.

To Cure the Rickets.

Take Laysins of the sun stoned, & currans
of each one handfull. Maidenhair, yarrow &
speedwell of each one handf: - halfe a handfull
of Dragon Leafe - or for want thereof two spoon-
fulls of dragons water stilled in a cold still. a
good handfull of Liverwort. nine leafs of harts-
tongue - one spoonfull of Aniseedseeds - one ~
ounce of Licorice. Boyle all these in a bottle
of Ale till it come to a quart. Then

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Then streyn it, & put it into Little Bottles, & so
Let the child drink thereof, a draught in the mor-
ning, fasting - as also about an hour after meals

A Diet drinke.

Rx of water four quarts. But into it of China -
roots four ounces: Aniseeds halfe an ounce.
Raisins of the sun stoned two ounces. Let the pot
be stopp'd, & stand twelve hours as hot as it can
without boyling. Then let it boyle till the water
be diminished unto two quarts. That being done
Let it settle very cleare. Then shewyn it, and
drink it every week. adde an ounce of China
roots to the same proportion of water till It
come to four ounces. Then make a period.

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A good Cooling whey for any Heat or
distemper to be drunk every morning.
Take of Borage, strawberry & Viole
Leaves succory fellitory of the wall & blue
bottles that grow in Corn fields of each half
an handfull, & boyle them in Three pints o
whey till one pint be consumed, and so drink
the other two pints in two mornings. It shoul
be drunk six mornings together. You need not
make it all at a time lest it grow Scur.

smu r̄tss. fc

{ tantur cum decal
one seminum papav
iris & melonum - au
cum aqua rosarum.

Lachua - rosar - Balauisticana drachm una
scotis & feris. Elechi ana drachm unam & semi
boli Armenia in aqua Continuae sole drachm⁵ dñ
Sem: plantag: scrupulos galv: Sassafras scrupulos
cum mucagine seminis Citorio⁴ in aqua nenuphan
Extract. fiant & trochisci. Dosis - a scrupulo un
ad scrupulos duos & Semis, aut scrupulos tres ad sum

To make a Syrup of Muskroot
 pluck all the leaves of musk-root, put them into a
 gallon of clear water, boil them very little, letting them
 also covered; you let it stand 3 Days, then strain it
 by night, so that the juice be strained out; then put
 to the same juice 4. handf. of fresh sally, boiling
 & straining it as before; this is 3. handf. in the whole.
 take one pound & half of sugar, & boil it till it
 draw juice like it be syrup; if not take 3. spoonful
 fasting wth a little white wine. It will give you 2. or
 3. handf. It's not so very choicer; it is very root in
 & by burning fevers, & other ague, & pleurisy.

To make Syrup of Dufort

To a good handf. of succory roots, a good sh. of onions,
 6. good roots & parsnys, 1. leman, fennel-rots. Im-
 fuse them al. 12 hours in Vinegar. then take them
 out & boil them al. 2 3. harts of water, till it be con-
 sumed to 2. pints. then take a pint of the same decoction,
 & roll it till no part thereof be consumed, putting
 thereto 3. quarters of a pound of sugar 6. Days or
 reynolds grossly bruise. you must rub of Dufort into a
 little bag, & by a hole hang it to the same decoction
 till it comes to the perfection of a syrup, using after
 2.5 spoonful of the first decoction with one spoonful
 of the syrup with 3. spoonful of 2 decoction make
 of 2. spoonful Succory. It's to be taken 2. morning
 fasting. Its excellent to cool, open, & burn the
 Liver & choler.

200

A Surge

several Licorice, & aniseeds as each 3 Drams. Take the
Licorice, bruise the Aniseeds, & put them into a pot of water
it is ready to boil. put the Seame on this pot. Boil the
water they as much as you think fitting, or about 1-3. now

To draw a plague from the heart

To good ver. yourself. spread it to a good fire on sheep-skin
a hand breadth, & let it be reasonable thick laid on the bed. &
last about both the wrists of the sick party. & when the
sweat comes to a stand, & you have it away, & when
some draws to a heat, root Lilly roots, & lay it to warm
yourself & your draw to Greek it. after lay a Sparrow
blister to it till it come to draw death - about it give him
some angelica root or carding water to drinke.

A special water for the Pestilence. Imperio Lycii

To 6 foemenhil saffrons, 1 drachm, pinkernell, dragon
& such like yanith. & stir you together. for this is a
cleafer water against poison, & namely the Pestilence.
as the Philosophers say. It is impossible any man shal
die of poison or pestilence. if drinke it next of hereto.

Pestilential pills

To 12 myrrh flowers, Lubans saffron, & mastic, &
several rare. Beat all these very small; & mix them
up with syrups of Lemon. like ordinary physick pills.
make 3. pills one day in a fortnight. for a child under
12. take the quantity.

The Bath for the fitter

To holly berries, french mallow, bay before dicontin-
ueing. boil all these together in fair water & sit
over it so hot as you can suffer it. you after anoint
the place with this ointment. Take the yolk of an Egg,
a saucer & oil of roses; temper it together, you spread
it on a cloth & lay it to the place ointed. on the 3d day
wash it & take heed of taking cold after the bath.

For one to speak in his sleep

To manoram, & sweet roots yew, & drink it with
wine.

A water for a sore throat

To a part of stale wine & put thereto a pound of
brown sugar-candy burnt, & lay焉 male held in one
hand of rosemary & as much allan as
suiteth. boil all together till part of the wine be evap-
ped. in this cold wash your throat thoroughly & at
the washing swallow down a spoonful

A red for of Taking

To a part of Ruck stale cream, & a pint of Camomile
let it boil till it com to an oil & you put it up for use

To the young of Teeth

Take root of henton & small berries lay them flat
3 nights & then boil them

To take away & To helpe a by rotten roots

To a poultice of Sage, a part of stale ale a piece of
cheese cut about 3 yards of long, full pectoral
as my fist it want of like a poultice lay it about
the neck & back & let it lay 4 hours as hot as
you can bear

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To kil works.

Get you the mavisole leaves + or a bunch a day bring
together. —

For pouponne

I piece of cloth and you'll have it. Bring it to me
when you're ready

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205

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200

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If the Poxie

Medicis not with this disorder but in hot weather, or in a gentle choler begin with a hister.

Then give them will diuined out of Matthieses wh^t I shall find in Peckingay
sterwall in the et chapter de Champey or ground frost and by thos wills 3 drachms
right for one week or longer, but if they avorte above three intermit alway night.

S. v
10. 03

Then let them on the fourth day as farr from the place affected as may bee.

A day or two after let the patient goe to the pines againe. And some night he may come and kill a ratte in the thornes
of the spruce of Champey.

12 or
14. 03

Then he hath some stir about a fortnight or 3. weeks then bleed on the fourth day
again.

Then let him galle to the wills of spruce against a ground rocke or the spruce of paracay or Campey.

12 or
14. 03

Then if none do bleed egypt. Blodding
is a choise thing in the cure.

If there do growe of any baneys printing
let the place be anointed with some hot oyle as of Turcinate Exeter,道士, comp
ing therewith some oyle of myrrion or
some wort of aquavite.

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gl. - of sex lactic - $\frac{1}{3}$ fulv. Hol. 2.0
red declination matto mes. Beets com
or fulv $\frac{1}{2}$, dr & $\frac{1}{2}$.

Recd
for Recd
Recd.

For the Stone.

Take of 4 robes of white saxafraze gathered in y^e even-
ing of may, dry y^m in a window, wⁿ you use y^m, pull
of y^e red skin, & boate y^m to powder, then take thereof
asmuch as will lye on a groat^z. wools in every
quartor of a y^e yard; for y^e first wools tare it
every day, y^e 2^d wools every 2^d day, y^e 3^d wools
every 3^d day.

This boing continually thus used will root you for-
ever, you must drinke it w^t posset drinke and
sugar proual.

Another. ¶ Calecul.

Cabo y^e blood of 2 hares, & as much sheeps or coates milke,
mix y^m wth together, & lot y^m boyler together in a new
earthen pott untill they come to a Calo, y^w w^t bring
it neare to powther, & finely soarsed, giue y^e patient a
good quantity, in a littel fountaine water luke-warme.
It will breake y^e stone to dust, & make it to pass away proual.
To try this, put a ston^e into it w^t a littel water blood warme,
& in half an hour it will dissolu y^e stone.

The iuice of Onions is also very good against y^e stone, &
as they say will dissolu it.

Calo y^e folches of Brooms, dry y^m & boate y^m into powder,
& drinke of it w^t a littel white wine it giues pfect easse.
Also take y^e pearlcs (alias) y^e Buds of Elder, dry y^m & take
y^m in drinke.
Swallow y^e stones of Olives morning & at night, after

Supper

supper digested.

Another for the same.

Take barley malt, & make therof good wort, & put into it a good quantity of Cherry stones & cornolls, & gum of frankincense in y^e cherry trees, boyle y^m together in y^e wort, until ha- y^e wort be consumed, yⁿ strain it, & put it into a favor vessel, & drinke therof morning & evening. This did never fail to cure.

Another.

Take y^e urine of a Boar, & give y^e patient to drinke, & it will drinck out y^e stones whersoeover it be. or take a groat & flintstone, & heat him very hot, yⁿ put it into stale ale, & drinke therof at evening & at morning.

Another approved for y^e stont.

Take y^e green wood, y^t cometh from y^e sea amongst y^e oysters, wash it very cleane, & make it into fine powder, & drinke it divers mornings with malmsey, & it will drawe y^e greatest stont.

Mrs Beale's medicin for y^e stont.

Take Marsh mallow roots made cleane & sliced, Burnet seed & parsely seed pounded; boyle y^m in posset drinke; y^t strain it, & drinke a few drayf^s y^t it in y^e morning, for 3. mornings together. Then take 3. ounces of Althea, & put to it 1. ounce of Syrup of Violets. Put every night 2. spoonfulls of those syrups into a drayf^s of posset drinke; & drinke it 3. nights together.

Also take venice turpentine wch beaten with Rose-water; make pellets therof, wrap y^m in sugar - candy.

- Cury, & take 3. of y^e pollots once in y^e woodes; in
some one morning after your mornings draft.
Another woodes take w^t turpontine after yo^r nights
draft, but y^e turpontine must be taken out once
in y^e woodes. Probat. &c.

The best medicin to avoid gravill as saith Culpeper.
Drinke every morning of y^e iuyce of possety of y^e wall.

A rare medicin for the stond.

Take a good handfull of possety of y^e wall, a longe -
stick of Licorice, boyle these in Rennish wine, from a -
quart to a pinte & an halfe, then take 3. croates groones
Lemons & crush y^m into it, if it be too harsh sweeten
it with sugar, & drinke therof.

for the same.

As much of y^e small filings of storrie as will ly on a 2^d.
& drinke in white wine in a morning.

Also to eat butter & honey to break fast is very good.

Another.

The iuyce of Radish-rootes, mixed with white wine,
& y^e ponder of Turpontine, burned or dried in the
sunne. probat.

Another for the same.

Drinke y^e water of mollibet in white wine.

Another.

Take water of arsmarts distilled in may, & mix it
with

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with a fourth part of water of horse Radish. pease.

An incomparable medicine for y^e stone.

Cake y^e mawes of pigeons, slit y^m & wash away y^e mawell, yⁿ take y^e inward skins & dry y^m. after
boate y^m into powder, & drinke y^m in a quantity
of white wine. probat' probat'.

For the same.

Drinke a good quantity of whey every day for
many dayes together. probat'.

Another to expell the stone.

There are found in y^e livers of Swine little stones,
or hard callosities, white of colour, w^{ch} boaten
into powder & drunke in wine to expell y^e stone or
gravell.

To break the stone & procure urine.

The Barrios of gyv dried & boate to powder & drunke
in wine. 2. or 3. dayes together.

To cure y^e greene sickness, to provoke urine,

To waste y^e stone & drinck it out.

Take water Cresses chop it & boyle it in flesh broth,
& eat of y^e broth a month together, at morning
noon & night, & it will cure as above said. probat'

A

A cure for a Stoppage in y^e Stomach, y^e Windes
in y^e Guts, also tis good ag^t y^e Stone.

Take half a dozen or more as you think fit of stones
such as Falconet, gins y^r Hawkes, & Swallow y^r.
This hath done rare cures.

To helpe those y^t cannot make water.

Take wood Betony, bote y^r roots & y^r leaves, wash y^r very
cleane, & dry y^r in an oven, y^r boale y^r into fine powder,
& drinke y^r same in white wine, posset, ale, or ordinary
beere, it will cause you to avoid y^r water wth easie.

For y^r same.

Roast a Turneape soft, & spread y^r pap therof
pretty thick upon a cloath, & lay it upon y^r navell
as hot as it may be suffered.

Use this twice or thrice, & it cureth.

Another

- Take y^r powder of Frye berries, & drinke it in stale
ale, or white wine warme.

Another.

Take f. or y. berries of Frye & stamp y^r & straine y^r
with ale, & give to drinke therof.

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D^r. Wrights
bill
Sept: 22.
1652.

To cause y^e gravell to passe easily.
Syr: & or Alth: seond: & 4. Syr: viol. Syr: & nymph.
Alba: & 35. miscd.

A singular medicin for all y^e griots
of vrino; to provoke it being stopped, to
help thos & mabs wator by drops. &c.

Tab^r extraction of comon tansoy, or y^e inyce drinke
in wine. It is also very profitable to expell
windes in y^e stomach, belly, or bowells.

It will also kill wormes in children.

Against stopping of wator.

Mabs posset drinke & byls thorow, mallowes
& winter croissons.

A remedy for one y^t cannot hold his water.

Burne y^e cleas of a Boro; or sow to ashors; & drinke
therof in red-wine; it will help retention.

for y^e strangury.

Drinke one ounce of Camomilo wator in a
morning fasting, & eat a little sugar after it.

for the Collicke passion.

Take Corall, Ambar, & goats, of each y^e quantity of
a Walnut, weigh y^e that they may be equall, then
take a fayre nutmeg, & booke altogether into fine
powder. Take therof Evening & morning (when
you feele y^e fit coming) y^e quantity of 8. or 10. graines
in a spoonfull of warme thin broth, drinking a
little of y^e warme broth after it, soops y^e powder
in a fine bladdor.

for y^e Collicke.

A little saffron dried to powder upon a tile, drinke
in a spoonfull of malmsey. probat.

for wind in y^e belly or guts.

Boyle walnutt leaves in milke, put y^e into a
bladdor hot, & apply it.

Also take a suppository of allum. probatum.

Against y^e Collicke.

Take venice treacle in broath made of
mutton, or veale, or of a yong pullet.

for y^e wind Collicke.

Take winter savory, stamp it & strayne it with
strong ale, drinke this warme, & imediately y^e
paine will cease.

Also a cupping glasse set on y^e navell giues present easse.

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Another for y^e Collick.

Take flower & ale & drinke it unsud with a little sugar. Or take Thompsons & dry it, & make a powder therof, & drinke it with ale or wine.

Against y^e Collick.

Take Vronics tryalets in broth made of mutton, or veale, or of a young pullet.

The dose is y^e weight of an Egyptian Beans, or a Drachme to be taken fasting. It is not to be given to children, nor very old folks, nor women w^t g^td.

Take an handfull of Aniseedes bruise y^m & ty^m in a linnen cloth, warme y^m at y^e fire, & smoll to y^m. It curseth. Probat.

Old Mr. Charltons medicin^r ag^t y^e Collick.

Eate evry day a good quantity of horse Radish steeped in vinegar; And drinke sider mixt with ale, & this will helpe against y^e stoppadg of water. Both these are approved.

For griping in y^e belly.

Bruise y^e herbs Colondino with y^e roots, & heate y^m with y^e sylo of Camomile; & apply y^m to y^e navill.

For a Cough or stuffing of y^e Chest, as also to
cleanse y^e Liver or bladder, & to expel y^e stone.

Take y^e decoction of fforow- few. with some sugar or
honey put thereto; this helps y^e infirmities aboue
mentioned.

Against an old Cough & to provoke
urine made by drops.

Take an handfull of Hysop, 2. ounces of figs, one
ounce of sugar-candy, boyle y^m in a quart of mus-
cadine untill halfe a pint be consumed, & strain it,
& take therof morning & evening,
It also helpeþ to breake windes.

Against y^e cold & Rhounatick distillations.
Drinke y^e Bay-berries in wine or boore for seueral dayes
together.

Also an Electuary made with Bay berries & honey is
good for old coughs & distillations. . . . virtues of Rosemary.

~~Par-~~ne decoction of Rosemary in wine, helpeþ y^e cold
Linson. Distillation of y^e frayne into y^e oves, & all other cold
distillations of y^e head.

Also it is a remedy for windines in y^e stomach & bowells,
as also for y^e Hippocratick passion & winds in y^e spleene.
The dryed leaves shred small & taken in a pipe like
tobacco, is good for thos. y^e haue any. cough, Tisick or

or Consumption.

For y^e windes, spleenes, & stomes

Stitches, shortnes of breath & wheatings &c.

The fresh rootes of Enula campana, preserved w^t sugar,
or made into a syrup or conserv^e.

The dried rootes made into powder & mixt with sugar,
doth also cause urine; & easeth y^e paine of y^e stone in
y^e Kidneys; It expells melancholy, & moves y^e
belly downward.

The iuice of it in wine killeth all manner of worms
and gargled in y^e mouth or howel fastneth case
Tooth."

for the y^e thisick.

Take cleneed Licorish, sugar-candy, Enula campano
rootes, pare away y^e outer rindes, & take y^e white next
to it; make all those into a powder, & eat it dry ~
morning & evening.

For phlegme & stoppings in y^e Stomach.

Take 2. handfulls of honysuccles-leaves, 12 of
Amisoeds, 3. sticks of Licorice, boyle y^m in a quart
of water to a pint, & drinke thereof in a
morning fasting.

To cure a dry Cough.

Take yellow Srpiment otherwise called Amri pigmentum,
mix it with y^e yolk of an Eg, put it on a poure of new
cloth, & upon an hot tile or brick & stire y^e softe w^t
a blanket close y^e you may receave y^e fume, & go into
a warme bed, & swoale a little after it, & in twice
or 3. times usdyg, with 3. or 4. dayes betweens, it will cure.
Probat^r by Mr. Thomas Davies of Wigmore.

An excellent medicin for any cold or stopping
in y^e breast & to cause y^m to royd flegme

w^{ch} may be given to a child of 3. dayes old.

Case of Amsonie water y^e strongest & best you can get
halfe a pint: put into it 4. ounces of sugar-candy,
put y^m together in a dish, & put it upon a chafindish
of coales, & let it burne untill it will burne no more;
continually stirring it; then take it of y^e fire, &
put into it 2. ounces of rose-water, & stirre it well
till it do coold, y^t it may incorporate; then in a
glasse scope it for yo^r use. And therof take
2. or 3. spoonfulls morning & evening, & as often as
you will in y^e day.

for a Cough.

Take one pint of Ale, one penny worth of large
mac^r. i. sprig or 2. of Rosomary, ad to it a
quartern

quartor of a pound of white sugar to make it a
syrup, put to it an ounce of Enula campana, & take
it with a licorish stick.

Another for y^e same.

Clarify a pinto of hony on y^e fire; take of y^e scum, &
put into it an ounce of English Licoris, beaten &
searced, 2. ounces of red currans bruised, of anisodds
& sweete-fennell seede; halfe an ounce of each,
grossly bruised. Put all these things into y^e
hony, & stir it with a spoon^e untill it be coulid; then
put it into a pot, & take of it night & morn-
ing, or any time upon a licorise stick. Probat.

For a cold.

Cate sweete wortz of Ale y^e first shute, & boyle it to a
thick syrup, & roule it in fine sugar, or sugar candy
probat. It is also a cordiall.

This curseth any dry Cough,

Cate a pinto & a half of Hisop water, half a pint
of Rose water, a quart of aqua vita, a good quantity
of Licorish wort bruised, 2. spoonfull of Anisodds bru-
ised, halfe a pound of white sugar-candy, 2. ounces of
Caligall bruised; Let all these boyle till they come
come to a syrup, & with a sticke of Licorish you may
take of it day or night.

If you will make it into pills, you must let it infuse 7. dayes & nights, & if boyle it on a chafondish of coales close covered, & scoop it alwayes stirring, until it come to a thick substance; as you may make it into pills; then take & let y^e melt in your mouth. probat.

Against the Rhume.

R. 2. unces of Syrup of mirtho, & take thoro' a spoonfull whene you go to bed. Probat.

Against a consumption or dry Cough.

Borbo garlick in 3. severall waters, & let y^e water boyle every time before you put in y^e garlick, then pound sugar-candy smale incorporate y^e & take first & last. y^e probatu.

For to stop a flux of Rhume.

Take of gum Olibanum & sloope with it in y^e mouth every night. Probatu.

Betony good for all sorts of coughs, whoesings, or shortness of breath, distillations of thin Rhumes upon y^e Lungs. Thus taken, mix y^e powder of it with pure honey & so eat of it.

The Syrup of hor-hornd doth wonderfully, & above credit, ease such as haue y^e Cough of y^e Lungs.

For an old cough.

The decoction of hisop, made with ffigs honey water & R. & holpe in an old cough, shortnesse of breath.

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or any obstructions, or soppinesses of y^e breast.
Take surup, or iuyce of y^e same; taken with syrup of
vinegar; purgoth tough & clamy flegme in stoor,
& driveth forth worms if it be taken with eggs.

S^r Tho: Edwards receipt y^t cured his
father of an Impostume in his body.

Albanum boate to powder 2. or 3. draps, & put into an
aple & rosted, & eat it.

ffor a Consumption or dry Cough.
~~Boyle's partie me.~~

The use of veniced Tryaules.

The dose is y^e weight of an Egyptian Bean; or a drachm
to be taken fasting.

It is not to be given to children nor very old folks
nor women with child.

Against y^e Collicke.

Take it in broth made of mutton, or veale; or of a
young pullet.

ffor y^e Cough

Take it in sweet wine; if y^e party hath no ffors
ever, otherwise in water where raisins haue bin
steeped or boyld.

ffor

For short breathing it is a sure Remedy.

Give it with water of squills, or with y^e decoction of hyssop,
Enula campana, or seabions.

Against obstructions in y^e Liver or spleene.

Give it in Aecto mulso, vinger & honey, or axonal, or
in decoction of asaro Cinistra, Brambo, or scolopendria
spleenes wort.

For an aqua.

Take Tobacco & currans of each alib; & a few Cobrobs;
beate those together in a morter, & bind it to both y^e
wrists, a little before y^e fit comes to bed, & in y^e
fit drinke a good draide of posset drinke, made with
y^e juice of Oranges, And let not y^e stuff be taken
off till you be currd. y^e probat.

For y^e sand.

Slice a Lemon thin & stoope it in aqua vita, y^e
make it very thick with sugar, & in y^e beginning
of y^e fit eat therof. y^e probat.

Another

Take Bay leaves & sage leaves, sooth y^e in white wine;
strain out y^e leaves, y^e take Bay berries lightly
bruised & put y^e in y^e wine, & drinke it a little
before y^e fit comes.

Another

Make a Cardus posset, & into a draft of y^e posset drinke
put 2. or 3. spoonfulls of y^e juice of feaver fow.
probata by Col: Harley his Lady. or make a
Lue posset.

A rare cure for a burning feaver
or any distempore by heat.

Catch a pickled Herring & take out y^e bones, then
heat it & lay it to y^e bottoms of y^e patients foots
as hot as he can endure it. probat. & batum.

For tremblings of y^e Heart, for faintness
& palsies &c. & for such as are subject
to vomit up y^e meat.

Catch y^e Conserves of Rosemary flowers every morning
fasting. / probat.

In approved good powder for y^e winds
or giddiness in y^e head.

Take amissodos, sweete flonoll sodos, & caraway sodos, of
each one drachme, of ginger & cumin sodos halfe a
drachme, Enula-campana, & angelica rootts halfe a
drachme, cut y^e rootts & grossly bruise y^e sodos, & ad 5.
drachms of white sugar-candy. & use it at ys: pleasure.

In present cure for y^e head-ach.

Take Camomile & dry it betwix two hot tiles, then
put it in ys: shoes & go upon it. y^e probat.

To purge y^e head or to cure disswess

Snuff up into ys: nose y^e iuice of Bootes rootts.

Against y^e Head ach.

Take y^e iuice of Fry, & oxle of Rose, mingle y^e together
with wine, & anoynt ys: head therew^t y^e probat.

For y^e falling sickness.

Take a live Raven y^e ouder y^e bottome, heate an oven rod
hot, sweep it very cleare, put y^e Raven alive into it;
y^e stop y^e oven very close, & let y^e Raven be burnt to powder,
then put y^e quantity of a spoonfull or more of y^e powder
into a little broth, & give it y^e patient moring & evening.

Another for y^e same.
Take y^e pony roots, dry y^e well, & cut y^m small, & give it y^e
patient to eat in his potage at meales, & let him drinke
it continually in his drinke, especially in y^e morning
fasting & at evening.

for y^e Pilos, or Kings-Evill.
A decoction of y^e leaves & roots of comfins doth wonder-
fully helpe y^e pilos or Homocides, as also, all cornells
wounds or tumors.

for y^e Kings-Evill.
Take Egromonye or byler y^e roots & stalks of it untill it be
soft, wash y^e sores & apply it, also hang y^e roots of it
about y^e nose. Probat.

To stop y^e Blood

Take a linnen cloth & burne it not to dust, but untill y^e
white be out of it, then dip it in wine vinger, &
apply it. Probat.

To stanch y^e bleeding at y^e nose.

Blow y^e powder of Bold armoniac into a quill into his nose.
It bindes y^e patient with malle very hard about y^e temples
of y^e head.

To stanch blood.

Take red nettles & red colenwort & hogs dung, stamp &
temper y^m well together, & lay it to y^e wound. Probat.

for y^e Homocides.

Take a linnen cloth, pilso on it & apply it in y^e bed.

ffor Rhouns in y^e Eyes.

Let an eg hard, take out y^e yolk, & putt a good pece of Allome
botmeone y^e whitnes, & as it molts squeeze y^m together & apply
y^e water to y^e oys.

ffor y^e Eyes.

No distilled water of ground soll, curseth y^e inflamation of
y^e eyes, & watering of y^m.

A very good no[n]e playster to draw back y^e Rhouns/
take a quartier of a pint of muscadoll, 2. nutmegges, one peny-
worth of clovers, 2. penny-worth of large mace, 2. penny-worth
of Burninge pitch, haif an ounces of no[n]e diaculum.

The spiccs must be finely beaten, & putt y^m into y^e muscadoll,
& boyle y^m to a salve; wⁿ y^t is done putt in y^e rest of y^e ingre-
dientes, & let y^m boyle a good space; then spread it on leather
or velvete, & lay it to y^e bone in y^e neck, 3. fingers broad
& one finger longe.

ffor y^e Rhouns in y^e Eyes.

Take lapis calaminaria, heate it & quench it often in white wine
& drop it into y^e eyes. Probat?

Vine wator also curseth y^e inflamation of y^e oys. & also
sugar-candy dissolved in water.

Mrs Dow her medicin to cure sore Eyes.

Take halfe a pint of spring water, & putt into it as much white
Copreas as will ly on a shilling, incorporate y^m wolle & y^m wash
your Eyes. Probat?

for y^e tooth. Abt.

Take y^e powder of corall mixt it w^t red wax, & stop y^e tooth.
Or take Bold armomac & stop y^e tooth.

for y^e sanc.

Take y^e iuyce of Honband with loofe-sodde, burne y^m
together, & roaste y^e smalke through a fannell.
for tooth.

The ^{or decoction} iuyce of Colandine gargled betwixne y^e tooth tisoth
away y^e payne. And y^e powder of y^e dryed root
laid upon an aching hollow or less tooth, causeth it to
fall out. Or take y^e fume of sugar.

Another

Take y^e fore foot of a moule, & hang y^m about your
nose. Probatu. Edm: Whittingtons medicina.

To kill y^e long wormes.

Mints boyl'd in peper drinke. It is good ag^t y^e graving of y^e heart, it
stirreth up appetit, it taketh away y^e obstructions of y^e liver: It is good
ag^t y^e gravel in y^e kidneyes, & ag^t y^e stynes & strangury.

To kill wormes in stomach or belly.

Take a little of y^e iuyce of water Gormandor, or of its powder
in drinke fasting.

To kill worms in children.

Take half a spoonfull of wheat meal finely drest, &
put it into a little running water, & stoope it untill it
is ffor white as milke, & giue y^e child y^e water to drinke.

To cause children to breake y^e tooth easilly.

Take y^e brains of an hare or an hen & boyle y^em, & rub
y^e queuos.

For y^e Rickets.

Take aylof Gill, aylof vermill, & aylof night shade, of
each a like quantity, mingle y^em together & anoynt y^e child
from y^e breast to y^e armes, & downe y^e sides.

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for $\frac{3}{4}$ Conto.

- Take milde small plantain leaves, & wheaten flower,
boyle $\frac{y}{n}$ to a plaister, & apply. y^r probat?.

Another.

Take 2. handfuls of Wormwood, heards of mace, -
Sage, Rosemary tops, Bay leaves, & an handful of
Bay Salt, boyle those in stale boore & so bath y^r
legs in it as hott as you can suffer it, till it be
cold & y^r go to bed. this must be done upon an
empty stomack.

To wash y^r Legs to strengthen y^m ag^t y^r Conto

By D^r Mathias.

Take a quart of Claret wine, of Rosemary, Sage, & bay
salt, of each one handful, boyle those together a quarter
of an hour, close covered with a simpering fire, then
dip a spoon in it, & wringe it a little out setting y^r feet
in a platter, & rub y^r feet scales on all, but not above
y^r Ancles, sponge y^m a good while, & after dry y^m with
a warme cloath, when you are going to bed.

For ^{the} Scurf.

Take Savy, & mix y^e juice therof with wheate flouer;
make a playster therewith, & lay it where your foote
doe scurf.

For ^{the} Scurf, or paine in ^{the} hips.

Take mustard seeds & Cumin seeds of each a like quantity,
booke ^{them} finely in a morter, then temper ^{them} with vine =
gar (wh^{ch} is well finid) untill it be thicke like a salve,
then lay it on white leather, apply it to y^e ioynt at night
& so let ^{it} ly on till y^e next day at night, & y^e renue it,
4 or 5. dayes or nights together & it will cure. / probat.

For a stitch.

Take a cake made of Ry & slit it, heate it by ^{the} spred
car upon it & so apply it.

To make oyle of snayles wh^{ch} is good for
all Aches.

Take olde snayles put ^{them} in a linnen bag, & hang ^{them} on
y^e wall, putt into ^{them} some salt, & receive y^e oyle
as it drops from ^{them}.

For any Stitch or Payne in y^e side or Hips.

Date shall snayles, vurnes m^r with Coulets-foote & whitnes
of Eys, & being incorporate therof a plaster &
put y^m into a thin Linnen bag & apply y^m. I probat.

For Ach^e or Payne in any part.

Date one spoonfull of oyle of S^t. Johns wort, & y^e like
quantity of oyle of Camomile; mingle those with
halfe a spoonfull of aqua vita, & chafer it in
with a warme hand..

A rare medicine to cure any Payne
in y^e Hips, Thighs Legs &c.

Date a quart of sallet oyle, one pound of red Lead, halfe
a pound of white Lead, beaten in a morter & scarse
3. ounces of oyle of Bayes. 10. ounces of Castle-soper,
shread very small, put those in a newe earthen
posnet, upon a soft fire, till it lookes brownes, con-
tinually stirring y^m, then take it of y^e fire, &
put 3. ounces of Brownes grease theroin & set
it in y^e fire againe; let it boyle 2. or 3. turns,
then take it of againe, & wⁿ it is colde make it up
in rouler, & spread of it upon a piece of new cloth
& hath not bin put in water & so apply it as plaster wⁱ
if it bee in y^e leg lay it round from y^e knee to y^e Ankle
& shift y^e plaster once in 24. dayes, this did never fayle
I probat at Althorp.

for swelling's & aches.

To Camomile flowers & rose-leaves sooth them in white wine;
then apply it to the place pained.

To cure any swelling to break it & heal it

To cowshank & boil it gently in good milk & apply
it puris niso.

for a bruise inward.

To water & vinegar, mix them & boyle them together, &
drink thereof somewhat hot. Probat.

for an outward bruise.

Make a plaster of Mustard & apply it.

for y^e Cramps.

To perry-winkle & ty it aboute y^e leg neare the
ham or rotat.

When a man hath drunck too much or is hot in his
stomach, let him drinke water.

An Excellent playster for y^e sploone.

Take mililott. Camomile, Roman Wormwood, Plantaynes,
or betony of each an handfull, boate y^m very small in
a stone^e morter, put to y^m 3. pounds of fine Rosin, 12.
ounces of shoope^e suet, & one pinte of white wine, melt
it altogether in an earthen pot, let y^m stand 8. Days, yⁿ
boyle y^m perfectly, strain y^m & boope it for yo^r use, wh^e
is thinly to be spread on y^e flesh side of lambs-wather
prickt through with y^e point of a knife & applyed, probat.

A Drinke to helpe y^e sploone & cleanse y^e blood.

Take harts-tong, wild hop leaves, Bourgeys w^t y^e flowers of
Gumitory, persley rootes, sooth these w^t well in whey, then
clarifie y^m with y^e white of an eg, & strain it Drinke
of it every morning for a fortnight, & it shall helpe
y^e sploone, cleanse y^e blood & comfort y^e body many wayes.

For y^e sploone.

Take y^e rootes of nettles, stamp y^m with vinegar, & lay it
to y^e sploone w^t it swelleth.

And take yo^r own water in a morning & wash yo^r
sides & a little y^e stomach downward & it wil helpe you.

A potion to purge & cleanse y^e sploone.

Take of Sona i. drachms, of strawerry water made
sharper with y^e juice of Lemons, half a pound, put into
it a little stick of Cynamon, infuse it 24. hours, yⁿ

boyle it aonbly, & straine it hard, unto w^t: ad an ounce
 & halfe of y^e juice of yippins or poare-mams, of
 sugar-candy half an ounce, clarifie it with y^e white
 of an egg, & drinke it fasting.

for y^e spoones.

Bathe y^e bawes of y^e in vynegar, & apply it to y^e
 sides, will easse.

Another.

Take an handfull of tamoris, an handfull of
 Burraes, an handfull of Buglass flowers, boyle
 these in 3 pints of posset drinke, untill it come to
 a quart, & wⁿ it is cold, put into it so much syrup
 of Wood sorrell as will sweeten it to y^e taste, & see
 drinke of it y^e probat.

for the same.

Soope tamoris in yo: boore all night, & drinke it
 with yo: meat or wⁿ you please.

Against y^e plague,
the incise of a Lemon in v^etoe.

A rare preservative agt y^e plague.

Take 3. pints of malmosey, boyle thowin one hundred y^e
Lbs, boyle it to a quart; & strain it, & set it over
y^e fire againe; put into it a pony worth y^e wey
pepper, halfe an once of cinnes, one quarter of an
once of nutmegs, beaten together. After it is thus
mingled, let y^e boyle a littel, then put into it . . .
pony worth of metheridote, one pony-worth of y^e
best treacle, one quarter of a pint of Angelike water.
Take of it morning & evening one spoonfull or 2.
if you bee infected already & sweat after it.
If you do not infected one spoonfull every day is
enough, halfe a spoonfull in y^e morning & no much
in y^e evening.
It is good also y^e small fine monazitis

How to take away Burning or Scalding Heat.

Bath it with y^e juice of horse dung upon a thin cloth
and upon it, & w^t it hath taken out y^e fire apply some
healing ointment.

For an heate in y^e face.

Take white of eggs, & beat them very much, take off y^e scum,
& put to it y^e juice of Seepgreen, strayne y^e together,
& w^t w^t a cloth in it, & lay it to y^e heat. Probat.

To cure a red face.

Cake 6. spoonfulls of dried Cupans, greate, & an ounce of
cinnamon, & as much Brimstone as a wall nut, beate y^e in
in a morter very fine, then seare them through a
seare or fine cloth, mixe altogether & anoynt y^e face
with it Probat.

To loose y^e belly.

Cake butter milt made in y^e morning, let it stand in
a cleane vessell, at night take your milt, & over it
put y^e together, drinke therof milt-warme in y^e morn-
ing. Probat.

To provoke sleepe. as much rosewater, as m-

Cake a spoonfull of womans milt, as much of y^e
juice of Liches, boyle y^e in a dish, & take fine flax,
moisten it with y^e liquor, grate a nutmeg & strands
over it & apply it to y^e temples of y^e head.

To cure Scurvy in y^e Throte;

Cake beaten milt of the dove, & value it & make
a plastron of it & apply it. Probat.

for a surfeitt.

Take one spoonfull of mustard seed & drinke it
in 6. spoonfulls of boord or ale. y^e prooat.

To draw up y^e vnuula.

Take ground fog, or cincappe; heated very hot vnto vnuula
hot tiles & so apply it hot to y^e crown of y^e head.

To helpe y^e mother.

Simer savory, is a present helpe for y^e rising of y^e mother,
provoketh urine & expelleth windes.

To cure a fistula.

Cale aurii pigmentum cal. arsenicu. brimstone &
white soap, mingle y^e together, make thereof a
plaister & apply it. This is taken out of Schola
Salorni.

for a pinc.

Mothridate & plantano water. y^e prooat.

for a Drosy.

Take a quart of milke & after it hath stood 24. hours -
skim of y^e creame. then take a handfull of scurvy root
bruise it, & boyle it well in y^e milke, then put into it a pint
of white wine, & drinke thereof morning & evening. Continuer
this divers weekes & it will cure you if you be curable
of it.

Also, juice of Lemons in y^e best drinke, is good for y^e drosy
but especially for y^e scurvy.

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For stings of an Adder

Take Garlike and fryc it in Oyle; or may
butter; or any other butter that hath no
salt; but may butter is best; and lay it
to the place stinged;

A Remedy for an Ague be it never
so violent or dangerous.

Take two peninworth of the powder of mas-
tick, as much in quantity of Bole-armonick,
as much powder of Franchincence, as much
Vonis Turpentine, temper these, and
spread them upon a peece of Leather so
longe as yo^r finger, and the breadth of
your thumbe, and lay it on yo^r hand =
wrist, one houre before y^e fitte come, then
goe to bed, and drinke this Possett drinke
here prescribed, Take one quart of set-
Ale, and boyle there in harts horne, and
marigold flowers, and figgs then streigne
them, and giue to the party to drinke
It will certainly cure them, by gods
help.

A. Pungation to preserve from
Feavers, & Agues to be taken in
Springe.

Infuse two drams of Rubarb cutt in smale
slices in foure ounces of Endive water all
night, in the morning, dissolve in
the liquor of manna one ounce,
streine it and put to it foure or
five spoonfulls of syrope of Roses,
drinke it fasting, after two or
three houres, drinke some presett
drinke, or eate some broath.

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For the Aque.

Take ten roots of white Daffadillies,
or for want of them yellow ones,
pill them, and slice them, then
put them into a pottle of white wine
or the strongest ale can be gotten,
and lett them boyle together untill it
be sodden from a pottle to a quart,
then streine it, and take of the liquor
halfe a pinte mingled with three or
four spoonfulls of sugar, halfe an houre
before the fitt.

A remedy for a weaknes in the back.

Take Hawthorne berries, dry them in an oven
when the bread is aranne, and pick the stalkes
of, and beate them to powder, and take as much
as will lie upon six pence, temper it in a spoon
full of beere, then take it, and drinke a little
beere after it: before you take this you must
purge with syrope of succory wth Rubarb, and sy
rope of Roses, take these syrops in warme
yesset drinke, then it will heale surely.

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An excellent Almond milke good for a
weake back.

Take Clarry, Confrey, and Mallow roots -
cleane washed and scraped, boyle them in one
quart or three pintes of barley water; you may
ad also a smale handfull of sarsaparilla; when
it is halfe boyled away lett it settle, then
take one pinte or better of the clearest liquor;
and beate twenty blanched Almonds or more,
also Liquorice, Candled Gringo roots, of each a
like quantity, and one spoonfull of Coriander
prepared, streine them out with this liquor
and sodraw Almond milke, you may dissolve
one spoonfull of harts horne Jelly in it; and it
will be the better, but then you must drinke
it warme, othorneise you may drinke it cold;
if you please you may sweeten it with
Sugar.

Haw

How to make China broth.

Take three quarters of an ounce of China roote
finely sliced, steepe it in six pintes of warme
water twelue houres, then boyle it gently till
halfe be wasted, then put to it a chickin, or
a chop of mutton, first scumed in an other wa-
ter; also scurvy-grass one handfull, Egrimony,
Bettany, Brooklime, of each a bundle, one
sticke of Cinamon, the weight of a dram, and
the bottome of a manchett, boyle all in a pipkin
closed with paste, till halfe be wasted, lett it
coole before it be opened, take of this warme
one quarter of a pinte at a time, with a
spoonfull of Harts horne ielly dissolved in it,
in the morning first, and at fourre of the
clock in the afternoone.

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To stanch blood.

Take the white wolle that groweth betweene
the hinder legs of a hare, and applie to the
place; or the iuce of a nettle, or only the
herbe bruised, and layd to; Or bledde in a
fyre shouell, dry and powder that blood, and
strew the powder in the wound;

Scanned

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For a Cough & hoareenes.

Take a spoonful of oyle of ^{sweete} Almonds, newdrawne, & mixe it w^t browne sugarandy, finely beaten, till it be as thick, as conserue. Take this quantity night & morning, let it melt downne leasurly.

For a Ptisick.

Take halfe a pound of Liquorice, scrape it, & cut it in little pieces, put it into a pottle of runing water; boyle it & scum it very well; when you haue don so, set it to infuse in y^e embets all night, (noe longer) you must doe it in a pipkin couered. Take six spoonfulls warme night & morne, this is uery good & opening.

Syrope of Garlick

Take 2 little cloues of gallick, pulled from y^e heads, boyle it in a quarte of springe wa- ter, till it come to a pinte, then take 2 oun- ces of browne sugarandy, & put into yo^r pinte of water, & give it 1 boyle. Take ^{3 or 4} spoonfulls of this in y^e morning fasting, & y^e like at 4 in y^e afternoone, being taken cold not warme.

For

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For a Cough.

Take y^e pulpe of a Lemon wth out seeds, - mixe it with fine sugar; till it be like sugar; take of this often in a day. y^e muskadine mentioned in y^e next, will be good to take after this, for as one heates y^e other cooles.

To stay a tickling Rheume.

Take a peny pot of muskadine make a
+ put it in white tost & eat it & drinke when you goe to
bed & y^e like in y^e morning fasting soe doe
for 3 dayes

For a Cough.

Take a new layd eg, put out y^e white, fill
up y^e shell, with red rose water, sugar, &
halfe a nutmeg sliced, warme it, & take
it when you goe to bed, 3 times.

To make Syrope of Turnips.

Take Turnips, rost them in y^e fire as you doe
a warden in a wet paper, then pres out
y^e iuyce betweene two plates, & mingle
it with Sugarcandy, & soe take a spoon
full of it some times. Some bake y^e
in a pot in y^e ouen & take, mingle y^e iuyce,
but it is not best to boyle it, it makes it

too stronge in tast; y^e other way is pleasant-
in tast, & may be taken for a drye cough.

To make Syrope of sugarcandy

Take a bladdor, wash it very well, take a
pound of sugar-candy, beat & put it in it;
& tye it close, hange it in cold water for
2f houres, & it wil dissolve to a syrope,
then take of it. it hath helped verry great-
coughes.

For a Cough.

Take a quarte of springe water boyle o pip
pins in it, boyle it to a pint, straine it,
& mix it with sugarcandy, take now & then
a spoonful.

For y^e same.

Concerue of redroses mingled with Brimstone.
take at night y^e qantily of a wal nut, &
as much in y^e morning.

To stay a cough if they be loose in
the Body.

Take some springe water, put into it some
concerue of red roses, & a crust of bread, --
boyle it together, & giue it at night when
they goe to bed, with a litle corne popic sy-
rope, in halfe a pint of this drinke at a
time

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time. if yo: body be not loose, take it
in ale berie or what you like. you may
take it a weeke together: if they be fea-
uorish give it in almond milke made w/
barley water make it milke warme
when they take it, at night when they
goe to bed.

For a Cough.

Take halfe a pinte of aquaite, put to it a
good deale of fine sugarcandy, or sugar,
put it on y fire & stir it with a liquorice stick,
light a paper, & set it a burning as longe as
it wil, stirring it all y while, it burnes with
a stick of liquorice, then take it of y
fire. take a spoonfull & more now &
then, & warme for any cough

For any cough

Take Raisons of y sun fride in butter,
eat them in y morning fasting.

For a Cough of y Lungs.

from
my
cosin
Grf.
D.W.

To rub the teeth in children to make y^m
cut y^e flesh.

Take powder of Coral & mingle w^t it iuyce of
Lemons & rub y^e gums

To drive from y^e heart

Take venice triacle, Carduus water, & syrope
of Citrons, mingle them well, give them
now & yⁿ 2 or 3 spoonful as you see cause
if children haue screeching fits, give y^m
this, it hath been tried.

For a Cough in children.

Take a pippin, cut out y^e core, fill it with
white sugar candy, put y^e top of y^e apple
on againe, rost it, & give it them to eate
when they goe to bed. If they be hoarze,
give y^m a little oyle of sweete Almonds,
w^t sugar candy.

For conuulsion fits in children.

Take y^e skin of a capons gizzard, w^t you
pul of when you dres it, dry it in an oven
& Beate it to powder, give y^e quantity of a
gizzard in 2 or 3 ^{spoonfulls} of black cher-
rie water, give it 3 times.

Lime tree blossoms stild is uery good, y^e
water is much better then black cherrie
water.

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water. Hang a peece of piony about y^e neck — the powder of this gizard skin is good for y^e Stone taken in posset drinke.

For y^e same.

L. Take black cherrie water, ysope water, syrope of Piony, syrope of Gilliflowers; mingle it together, & let y^e childe & nurse drinke of it, or 4 spoonfulls now & then.

Lime tree ~~Tree of Cōtēne~~ blosome water is better then black cherrie water:

For winde in Children.

L. Give y^m a little saxafrage water, wth a little diascordium in it; at night when they are ill.

For a thirst in a Childes mouth.

Wash y^e mouth wth planten water, & syrope of mulberries, but not too much planteny (is too cold) & put fine sugar finely beaten into y^e mouth, it will clese, & heale it.

For y^e Rickets in Children.

L. Take foxfearne, scrape it, & boyle it in milke, or broth, or what y^e child will take it in, give it a weeke, & then leaue a weeke, & then give it agen.

For a Cough

Take 4. ounces of Conserue of red Roses, 2. oun-
ces of white sugarrandy beaten, a quarter of
a pound of Raisons of y^e sun stoned; beate all
these severally, then beate them altogether
to a conserue, & ther mingle into it 6. drops
of oyle of vitreall, 12. drops of oyle of sulphure;
take of this y^e quantity of a nutmeg, first
in y^e morninge, (fasting an houre after) &
last at night; & at fourre a clock in the
afternoone, if y^e Cough be violent.

For shortnes of breth

Take a wine glass of penyroyall water
stilled, & soe take it 3. mornings together.

For a ~~feaver~~^{stuffing} ~~to~~^{to} ~~the~~^{the} stomack with Cold in y^e stomack.

Take a pinte of Hysopwater, put it into a pitcher,
& a penyworth of Licoris & Elicompane sliced,
a penyworth of Anisseedes, & a handfull of Rai-
sons. Let y^m stow a whole night in y^e embers
very

258 very softly, & drinke 3. or 4. spoonfuls at a
tyme milde warme. Probatū.

For a sore Stomach wth a Cold.

Take Capons greaco, boyle it well with mace,
ānoynt yo: stomach, dip a black browne
paper in it, double it, & lay it to yo: stomach,
& it will ease y^e sorenes, for y^e Cold take
Hysope water, & sugar well mingled, drinke
it for 3. nights, when you are warme in
bed, keepe you warme after it.

For a Cough

boyle in posset drinke a few Iuiubces, colts-
foote, maydenhaire, & Licoris.

For a tickling Rheume

Conserue of red Roses, conserue of violets of
each halfe an ounce; of y^e species of Dear-
tragant friged halfe an ounce, powder of
Orris, powder of Olibanum of each halfe a
dram, powder of Licoris 2. drams, Diascordi-
um as much as will make it into an electuary
of

of this take as much as a Hasell nut when you goe to bed.

For a Cough. Lady K. Finsh.

Take Licoris & Raisons of y^e sun, & some Bourage, & a little saffron, boyle these in Beere, drinke it when you goe to bed.

For y^e Cough of y^e Lunges

Take a yonge runing red Cock, pull him alise, then kill him, when he is almost cold, cut him doun by y^e back & take out his intralls - wipe him cleane, cut him in qarters breake y^e bones & put him in such a still as you still Roses in, with a pottle of sack, & a pottle of red cowes milke, with a pound of Correns, a pound of Raisons of y^e sun stoned, a qarter of a pound of Dates, a smal handfull of Pimpernell, as much of Rosemary flowers, 1. handfull of wilde Tyme, 2. handfulls of Buglos flowers, 2. of ffennell rootes, 1. of Parsely roots scraped cleane, & y^e pith taken out, a handful of Endive leaves, a handful of succory leaves, 2. of Coltsfoote, 2. of Maydenhaire,

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2. handf: of ffigs, 1. ounce of Anisseed
bruised, 3. ounces of Licoris scraped & bruised,
Stil all these together with a soft fire, put
ing into y^e glasse y^t y^e water drops into halfe
a pound of white Sugarcandy beaten very
small, a booke of leafe gold cut vory smal
amongst y^e sugarcandy, 4. graines of Am-
bar greece, 12. graines of prepared pearle,
Let y^t water drop upon these in y^e glasse.
mixe y^e stronge water & y^e smal together.

A receipt of a Cough Broth in
a Consumpcion

La: Take a red cock, 5. quartes of springe water,
Bor- 1. ounce of China sliced thin, a pound of Raisons
lase. of y^e sun stoned, an ounce & halfe of mayd-
enhaire, 2. handf: of coltsfoote, a qarter
of a pound of frensh barley, 1. ounce of Anis-
seeds, 2. ounces of sweete fenell seeds, a
qarter of a pound of Dates, 3. ounces of
good Licoris, 2. ounces of Guimbees, all
these must be boyled together till y^e 3d
part

parte be boyled away, then take y^e cock
up, & beate him in a morter smal, & then put
him in againe, & boyle him halfe a quarter of
an houre, then put all into a still & disstill
it till it be drye, as you drinke it must be
sweetened with browne sugarcandy, y^e quantity
of 4. ounces to a qarte

For a Cough of y^e Lungs

Take English Licoris scrape it very cleane,
then bruise it with a hammar & cutt it in smal
peeces, & to a pound of Licoris thus used, put a qarte
of Hisop water, & let it soake together in an
earthen pot a day & a night; pull y^e Licoris in
small peeces, & lay it in soak againe 2 dayes
more, then streine out y^e liquor & boyle it a
good while & stir it often, then put in halfe
a pound of sugarcandy, or good hard sugar
finely beaten, & 4. graines of muske, & as
much of Ambar greece; bruise y^r small w^t a
little sugar, boyle this together, then put in 2.
drops of oyle of Annisseedes, & 4 of y^e spirit of
Rosemary, boyle all together till it be thick
stil

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still haueing a care yt you burne it not; then put it out into a glas plate, & make it into rolles & set it into a dryeing cupboard untill it be stiffe yt you may worke it into longe rolls, then cut y^m into little bits about halfe a barley corne, & soe set y^m on y^e glas plate againe, & if it be needfull, you may scrape some sugar to keepe it from sticking, & soe drye y^m, if they be too drye, y^e heate of y^e fire will soften y^m.

To make Guyce of Licoris

Mr
ma:
Lock

Take .2. pound of Licoris, scrape it very cleane, slice it in thin slices of length of your finger, then steep it in a gallon of springe water all night.

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To make the Juyce of Licorise

By one pound of Licorise not of the drye
cleare scraped & cut in very short pieces
Then beat it ^{somewhat} very small, & put it into a
glasse stikk, or stone Jugge never used
with Beere: & put thereto somuch of the
waters of Colts foot, Hysope, Horehound
scabious-flowers, as may stand four finger
deep aboue the Licorise: & then presently set
it in some water, & boyle it four hours, and
so each other day heat it in water thorowly
for the space of Ten or 12. days. Then
streyn it a little at once, & the thinnesse of it
evaporate away over seethingwater. Then
adde one pound of white sugar-candy, &
put it into severall dishes, & dry it up in the
sun till it be stiffe. That done, use somuch
of Gummdragon steeped in Rosewater, as will
sufficiently bind it, & dry it in the sun as it
may be made up in rolls. You may adde
either muske or oyle of Aniseeds if
you like it for the tast.

For a Cough of y^e Lungs.

Take an ounce of china thin sliced steep it 12. hours in a pinte of conduit water; in a new pipkin y^t may hold 3 quartes, add to it 3 pintes of water more, put to it a handful of maidenhair, 12. or 14. Guiubes, & a handful of stoned raisons of y^e sun, a quarter of a pound of currens, 12. or 14. sliced figs, 2 penceworth of licorice sliced, a thimbleful of anniseeds, 2 penceworth of browne sugarcandy, if you loue it sweete; let it stand upon y^e fire close covered 3. or 4. hours, till a pinte be consumed, let it not boyle. if y^e cough be violent, put in some syrope of Guiubes. drinke of this halfe a quarter of a pinte in y^e morning, & at 4. of y^e clock in y^e afternoone, y^e china wil serue twice.

For a stuffing & drynes

Take a pound of madder, put it into a gallon of ale, & drinke it.

for

For a Cough

L. Take new milke, slice in some pippins, let it boyle, & it will turne it very cleare, take of y^e curd, & drinke a draught of y^e drinke sweetened with sugar, at night when you goe to bed.

A Syrope for y^e Cough.

Take a qarter of a pinte of Hysop water, as much mintewater; almost a qarter of a pinte of conduit water; put a qarter of a pound of hard sugar into y^e waters; roste 12 bleu figs, & bruise them, & put them in to y^e other things; let y^m stand soe all night; then drinke of it morning & euening, till you finde ease. you must fast 3 houros after y^e taking of this.

For a Cough of y^e Lungs.

L. Take a new laied eg, & flower of Brimstone, warmed by y^e fire, 3 mornings fastinge
drinke

drinke after this halfe a pint of milke
warmed from y^e cow.

For y^e Lunges if they waste by Coughing

Take a pint of stroakings from y^e cow, boyle
it well, take a new layed eg, & 3 spoonfuls
of red rosewater, put it into y^e milke, &
mixe y^m well together, let y^m haue one rise
upon y^e fire, take as much of it as you can
3 mornings together.

An approued medicine for a Cough
of y^e Lunges.

Take raisons of y^e sun a quarter of a pound, be-
ing first stoned, of Anniseeds as much, Lico-
nis scraped, & cut into thin slices, 2. ounces of
Lignum vitæ, Sarsaparilla 1. ounce, then take
a gallon of small ale, & set it ouer y^e fire, till
it begin to boyle, & as y^e scum riseth take it
off, w^{ch} done, put y^e foresaid ingredients into
y^e same, & let it boyle there in, till y^e third
parte

parte or more be boyled away; then take it from y^e fire, & let it stand a little: soe take there of at yo^r pleasure. Probatum.

For y^e Cough Rheume or any
distemper of y^e Lungen

Take 6 handfuls of y^e tops of unset Hysop,
4 of foalfoote, ~~leaves~~ 7 of Rosemary flowers;
stamp these together, streine it into a dish,
put therem halfe a pinte of Hysop water
or runing water; set it on a chafeing
dish of coales, then put into it a quarter of
a pound of English Licoris finely searsed, stir
it together, & let it haue 1. boyle, then take
it of & put it into a scellet, & when it is
halfe boyled, put into it a quarter of a
pound of white sygarcandy, & soe stir it
continually tell it be of y^e thicknes of a
paste, then roll y^m up in bulletts, or flatt, or
how you please, & drye y^m in y^e sun, &
keepe y^m for yo^r use. The midle of May
will be y^e best time to make y^m.

To pre

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To prevent a Consumption

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To breed good blood in younge or old.

Take of Corens one pound boyle them in faire water, with halfe a handfull of Rosemary flowers, you must put the flowers into a fine cloath, when the Corens are ready, you must lett the water run from them through a culender, and put the Corens into a quart of muskadine, then lett the party eat every morning halfe a poring full, and at fourre a clock in the afternoone.

A most excellent water for a woman that is in travill or Childe-bead.

Take the waters of Borage Balme, Buglass, Cardus, and Cowslips, of each of these one pint, of Renish wine as much, put all these into an earthen vessell, and put to them one handfull of rosemary flowers, as much sycete manorum, a quarter of an ounce of Cloues, as many nutmeggs, as much lignum aloes, bruise all these ~~very~~ well, and put them to the waters, and ~~lett~~ them infuse fourre and twentie houres, then putt them into a still, and when they are stilled, to every quart of that water

274 water, put one ounce and a halfe of aquacalisteis, as much syrope of Roscs, then put them in a glass, and keepe them for your use.

This is a most excellent water for a woman that is in trauill, or childbed to giue her a spoonfull or two, once in an houre, as often as you shall thinke fitt.

To make Childe birth easy.

Take Chickmcale, mallowes, Pelusry of the wall booke thine till they be soft, in as much water as will fill the pan, when it is boyled enough, put a quart of milke unto it, and use it every day at morning, and at night when you goe to bed, use it till y^e time cometh in the nature of a bath.

To prevent after panges of women in Childbed.

Take spirit of saffron a quarter of a spoonfull in a little white wine, three or fourre dayes before bringing to bed, you may haue the spirit of saffron at mr Heathers at London stone, a spirit draver.

For

For one in danger of miscarrying.

Take nine or tenn treaddles or knotts of eggs, one spoonfull of sugar Candy, a spoonfull of Rosewater, as much of Bole armonick as will lyg upon a shilling, mingle these together and swallow it downe your throte, and take it three mornings together it will cure you, and make you stronge.

For one subiect to miscarry.

Take the iuce of Plantine, a little sugar Candy, and Currell, two spoonfull at a time, and it will helpe you with gods ieue.

For a Consumption.

Take Gallingale, Cloues, Quibbs, Ginger, Mellelett, Cardamuns, mace, Nutmeggs, one dram of the iuce of salendine, of aquaute one pinte, of white wine three pintes, pound the spices, and infuse them in the li= quor one night, in the morning distill it in a glass still, w^t a soft fire, this clenseth the blood, and is good for wasting of the lungs; take once a weeke a spoonfull, in the winter two spoonfulls.

A list

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A gitt drinke usually to be drunke at any
tyme, good for any disease or Consumption:

Put into ten gallons of new beere these ingredients
following; two ounces of nutmegs bruised; two ounces
of saxafrage thin sliced, halfe a handfull of tamaris
one handfull of sage leaues dryed in the shalfe,
likewise the tamaris must ^{be} dryed, one pecke of scur-
vy grasse, six of water Cresses, six handfull of brook
lime, let your greene herbes be cleane washed,
picked, and dryed w^t a faire cloath, then shred,
and pound them very smale, and put them w^t all
the rest of the things in a boulten bagg, and hange
the bagg in ys. barrell, w^t a pibble stone to
make it sinke, so turne ys. beere into it.

A very good remedy for a consumption.

Take one handfull of wheate bran, tye it up vny
hard in a cloath, one ounce of sweete fennell seeds,
as much of Annis seeds, halfe an oune of Liquor-
ice, one quarter of a pound of figgs sliced, the like
quantity of Raisons of the sun stoned, fourre or
five coltsfoote leaues; a little mayden haire, two
spriggs

spriggs of unsett Isole, boyle these in five pintes
of springe water, till it come to a pottle, then
streine it and drinke there of a wine glassfull,
or a reasonable draught milke warme in the
morning first, at foure a clock in the afternoone,
and when you goe to bed.

For a Consumption.

Take a younge cooke ready Dressed, and beate
him to peeces wth a reaing pin upon a dresser, then
take halfe an ounce of china wood, and as much
sea holly roots sliced, halfe a dozen Coltsfoote
leaves, and a little mayden haire, put all these
together into a pipkin wth a pinte of muske=
dine, or springe water, and sett the pipkin
close couered into a pott of water to boyle foure
houres, then take it out, and streine it through
a coarse streiner, you may take there of a heaped
spoonfull in a little draught of mutton broth,
or the gelly it selfe (adling a little sugar if
it be made with water) first and last, and
at foure a clock in the afternoone.

For a Cold

For a Cold or surfetts, you may give it a sucking childe.

Take halfe a pinte of metheglin, a quarter of a pinte of the best Anniseed water; mix them both together, then take foure spoonfulls of it, and warme it; and putt into it a spoonfull of

An excellent Cordiall to expell windē, and comfort the spiritts.

Take one ounce of syrope of Cloue gilliflowers, a dram of confectio Ackerinis, one ounce and halfe of Borage water, ^{as}th as much minte water, and three ounces of Doct^r Muffels water, if it can be had, or Angellica water, temper these together, and take a spoonfull at a time, it will helpe you.

A Cordiall to comfort the heart & to cause rest, after a purge or at any tyme.

Take of Diascordium one dram, Cardus benedictus water two ounces, red rose water halfe an ounce, & syrope of grapes two drams, mix them together, and drinke it when you goe to bed.

Anoth-

Another Cordiall.

Take of Diascordium halfe a dram, confection
of Kermis fift ounces, Conserve of red roses
the weight of six pence; mixe them together,
and swallow it downe at night when you goe
to bed, and euery morning eat as much as a
chesnutt of conserve of red Gilliflowers; doe
this, six nights and mornings.

For a Consumption,

Take a capon, or Pheasant; and putt in the
belly cloves, Cynamon, of each one quarter of
an ounce, Burase, violetts, Rosemary flowers,
of each one handfull, marygold flowers two
handfulls, greene Tamariske barke, two
handfulls, twelue Dates, Raisons of the sun,
stoned, halfe a pound, sweete fenell saels,
Anniseeds, of each one ounce; Fenell rootes,
Asparagus roots, Dringo roots drye, of each two
handfull, boyle altogether to a broth, w^th one
quart of white wine, and water sufficient, then
putt them in a sill, and distill them; infuse
in the distilled water, bruised Cynamon, Raisons
stoned

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stoned, and sugar Candy; this is a most rare water.

For the Cough if violent:

Take London treacle, one nutmeg, and one pen-
worth of saffron in flakes, and lay it upon the
pitt of the stomach, and shift it every four
and twenty hours, three dayes together: and it
will helpe you.

For a Cold.

Take halfe an ounce of the syrope of mayden
haire, of the syropes of coltsfoote, Rose, and
unigars; as much, mingle them all together, and
take it morning and evening, with a Liquoris
stick.

The virtues of Cumfrey.

Cumfrey rootes boyled in wine and drunke, or rance
the iuce of it helpeth the spitting of blood, and
wounds, and burstings, bruised in manner of
a plaister, and applied to greene wounds heales
them; the conserve, or syrope, preuaileth much
against

against ruptures, or burstings, or greefe of the
lungs; and the decoction of the roote, or the shal-
lome substance is excellent for weaknes in
back, coming by a streine, or otherwise, being
breake in peſsett ale faire, or five dayes toge-
ther: some boare of the roots with knotgrass,
and clary-leaves a handfull of each stamped,
and streined, with a quart of muscadine, and
three volles of egges, and the powder of thre
nutmeggs, drinke first and last, is a most excel-
lent medicine for the running of the reines, and all
paines, and consumptions in the back; the syrop
is thus made, take two ounces of Cumfrey roots,
one ounce of Liquorice, two handfull of coltsfoote
rootes, one ounce and a halfe of Pine apple kernels,
twentie Suiubees, a quarter of a pound of mallow
seedle, one dram of the heads of poppie, boyle all
these in a sufficient quantity of water, till it come to
a pinte, then streine it, and ad to that liquor, six
ounces of sugar, and as much of the best honey,
then boile it thoroly to a syrope: then taken certaine
dayes together, helpeth woomen that haue greate
weaknesse

weaknes, and for the disease a sore said, and cures
ulcers in the Lidnes, and stopeth blood that cometh
forth from thence; This roote streined, and ap-
plied to the fundament taketh away inflama-
tions, and ouer much flowing of the emerods.
This roote is highly commended, for hurts, or wounds,
for the inward parts, for burstings and ruptures.

For the same or Deafness.
+ see pills for the head.

Take a siluer Eele. and rost him, but not bast,
nor salt him take the fatt of that Eele, and
putt to it as much oyle of Almonds, and a graine
of ciuitt, and drop it into your eare.

An excellent powder to be taken after
meate good against winde and vapours, to
close up the stomach and to helpe Digestion

Take of Cynamon, Liquorice, mace, nutmegs
of each halfe an ounce, Sanders, Calamus aro-
matic

= maticus, of each one quarter of an ounce, Orris roots,
 Angelica roots of each one dram, seeds of Annis,
 Fennel, Carnaway, Coriander, of each two scruples,
 Cypress, spicknarl, of each one quarter of an
 ounce, sweete marioram, & time, of each a
 dram, beate them all finely, and search them
 together; then take twice as much of confecti-
 oners white bisket bread made into powder,
 mix them all together; and take a spoonfull
 thereof after meate, it is good also to make
 a sweete breath:

For the dropsy moist or dry;
 Take one handfull of Plantain, water cresses,
 Liverwort, of each one handfull, stampe them
 smale, and streine them, then put the iice
 of those herbes, in an earthen pott, and stop it
 well, then sett it in an ouen, when the brede is
 dranne, and lett it stand there one day, and a
 night, then take it out, and give the sick party
 one spoonfull, or two at once, to drinke, evening
 and morning until he be cured; this with gods
 leane.

leauue will certainly cure them.

An excellent dyet drinke to be taken in the
springe, and at the fall, or after sickness, for
swelling in the legs, Dropsy, or Tispany.

* Take one quarter of a pound Quiauccum, and
two ounces of sasaparilla, put these twelve houres
in a gallon and a pinte of springe water upon a
soft fyre, to infuse all night then lett it sibber
the next day twelve houres more, then put in
an ounce of hermidac sliced, as much of Annis-
seeds bruised, also a like of sweete Fennellsseeds,
as much of Liquorice sliced, lett these infuse
on the fyre twelve houres, till it be consumed
to a pottle, or there about; then put in two
ounces of sena, and make a quick fyre,
that it may boyle three or four bubbles, or a
walme or two, then take it of the fyre, and
putt into it a quarter of an ounce of cina-
monshole, and halfe an ounce of Lubarb
sliced thin, and tyed in a fine linin cloath,
then

then take Rosemary flowers, Cowslip flowers, and Bettany flowers, of all three a reasonable handfull, put them in and couer it close, to stand from the fyre twelue houres more, then streine it through a course streiner, be twene two, and put it up into a bottle, and stop it close. You may put a quart of water to the ingredients to boyle (the Rubarb being taken out) and lett it hang over the fyre, then take it of, put the Rubarb in and couer it, and streine it out, as before; for any ordinary people, you must take a quarter of a pinte of it milke warme in the morning, and drinke broath an houre after, as much at fourre a clock in the afternoone butt noe broath. Whosocuer takes this, springe, and fall, shall never dye of an appoplexy, and useth the flowers in broath; for the Dropsy, or tynpany, it must be taken fifteen dayes together, and drinke noe other drinke; or for morbus gallicus being taken in tyme. This cured a woman that had borne three dead children.

and another that y^e phisitions had forsaken,
 who thought shee had two children ^{with} in her;
 one dead, the other alive, by reason of ~~the~~ a
 stench that came out at her mouth.
 A woman after shee is quick w^t child may take
 it if shee finde much distemper.
 This is a rare, and excellent secret.

For paine or noyse in the Eares.

Take one cloue of garlike, pull it, and prick
 three or four holes in the middest, and dip it
 into fine English honey, then put it into yo:
 eare, and put ^{other} a little black woorl after, and
 lye upon yo:^r syde all night, so let it continue
 in yo:^r eare for the space of eight daies; it
 will expell the humour at yo:^r nose, and ex-
 pell ~~all~~ the paine in your head, and gaine
 yo:^r heareing, it is approued by the best
 Doctors.

For a rhume that offendeth the Eyes.

Take sallett syre, the purest you can get w^tout
 mixture, and spead it as you would doe butter up
 = on

= on a tost of fine white bread, and eate it, fast -
-ing two or three houres after; doe this nine dayes,
it will helpe, and worke a greate effect in your
body besiles.

For the falling sickness.

Take dried Cowslips, and make them into pow -
der; and also Bettany; then take two drams
of cowslip powder, and one dram of Bettany -
powder in a good draught of cowslip water; take
it twice a day, three dayes before the change,
and three dayes after; every time when the
moone changeth; The party must drinke
cowslip water constantly every morning for
theyr mornings draught, when they take not
the powder; the powder is to be taken only at
the change, then you must take constantly
in yo^r mornings draught as much as will lye
upon six pence; likewise the powder made
of the liver of a kite, and a magpie the
quantity of an ounce in a weeke, and as much
powder of a deare mans skull as wil lye upon
sixe

six pence; w^tthout any other powder this cured
one that had it fifteene yeares, of threescore
yeares of age, and w^tth gods leave it will doe
the like to others using it as aboue mentio-
ned.

For fleame or stoping in the stomach.

Take two handfull of hony suckle leavens,
and an ounce of Anniseeds, and three sticks
of Liquorice, boyle all these together in a
quart of water, untill it come to a pinte,
so drinke it fasting.

A remedy for the falling downe of the
fundament

Take redrose buds, drye or greene, and
Camanile flowers, cut of the stalkes, and
shred the buds, then put them in a little
bagg, then put muskadine in a dish, and turne
the bagg in it up and downe, till it be well
mudd, and then applie the bagg to the place
greued, with a boulster of clouth under, &
tyed

tyed up wth a cloath, and stringes, all night,
& an houre in the morning;

A receipt how to make Harts horne Gelly.

Take five ounces of rash'd harts horne, and put it into three wine quarts of pure water, let it stand and infuse upon embers all night; the next morning boyle it up very fast; till two parts be boyled away, then streine it, & lett it stand until it be cold, then take a siluer porsnett, or dish, and sett it on the fyre, & put to it a little peece of Lemon pell, a top or two of Rosemary, or if you can gett Rosemary flowers, a quarter of a pinte of white wine, a blade of mace, and a little stick of Cimamon, broke in smale peeces, and a nutm^g quartrel, and a quarter of a pound of loafe sugar that is very
good

one quarter of an houre, or better as fast as
they can boyle then -

good; then lett all these boyle, then take
two whites of new laid eggs well beaten, and
clarifie it thoro wth. Besure you put y^e eggs
in when the porsnet boyles up, then lett
them boyle & trye a little in a spoune, whe-
ther it will gelly when it is cold; then take
it of y^e fyre, and put thereto some iuce of
a Lemon, & a spoonfull or two of damask rose
water; if y^e sugar at the first make it
not sweete enough, then season it as you
please; you must hane a cotten-ielly. bagg,
& so streime it; lett it run out of it selfe
wthut crushing it wth y^e hand, then put it
into little marmilad glasses, or what you
please; when you set it to infuse, it must
be in an earthen pipkin; if you would have
it not of a Amber colour, put in no spice at
all; besure you sett it not on y^e fyre after y^e
iuce of Lemon is in; if you please you may
gme

give it a sweete odour; & rich tast, by putt
ing in a little Ambar-greece.

An excellent Jelly for a weake body.
 Take halfe an ounce of harts horne shaued,
 white Corall, Isinglass, of each as much,
 white sanders, shauelings of Ivory, of each
 one quarter of an ounce, boyle all these in
 cleare water one pinte, till halfe be consum-
 ed. then ad two ounces of fine sugar, and
 halfe a pinte of pure damask rose water, and
 boyle them againe to halfe a pinte, then
 take it of y^e fire, and streine it, & when it
 is almoſt cold, ad to it foure graines of Am-
 bar-greece, & two graines of y^e best muske,
 oyle of cinnamon two drops, and keepe it
 for your use.

The

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The Lady stafford's black salve for y^e Goute,
used as a seare-cloth upon leather; and it is also
good for swelling in the iounts.

Take of oyle-olive three quarters of a pinte, halfe
a pound of white leale, one ounce of cerus, and
one ounce of yellow wax pounded; search y^e leale,
& Cerus very finely, then sett them on y^e fyre, &
after they haue boyled a good while, ad there
unto two ounces of white wine vinegar; then
boyle thern all together till the same grow black,
then ad there unto one dram and a halfe of
Camphire, when it is taken from y^e fyre, stir
in one ounce of venice-turpentine, and one
ounce of bolearmonick, finely beaten to powder,
then as a seare cloath lay it on the place
greeued.

A plaister

A plaister for the Goute that cured the
Lord Rich when all Docto^rs thought him uncure-
able, yett by this he was cured.

Take halfe a pound of unwrought waxe, halfe
a pound of Rosin, of slibanum, a quarter of a
pound of fine litharyie of gold, threc quarters of
a pound of white leade, all beaten to powder, &
search it through a search; then take a pinte of
neats foote oyle, and sett it on y^e fyre in a smale
vessell, w^tth the wax & rosin, when it is melted,
then put to y^e other powder, and stirr it fast with
a stick, then put a little of it in a pewter sancer, if
it be harde when it is cold, then take it of, or else
lett it seeth, untill it be hard, being so tryed, then
take it from y^e fyre, and annoynt a faire board
w^tth some of y^e neats foote oyle, and as you may
handle it for heate, worke it as it were cordiars
wax, & make it in great roules; make playsters
of it with a chafing dish of coles, spread it thin
upon

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upon a linen cloath, or leather, lay v^e playsters ~
warme where y^e paine is, & so renue it morning,
& euening, untill you be hole, or untill y^e paine
be drawne to some other ioynte, then lay the
plaister where y^e paine is, & beware of cold,
& wines that are hott, for they will hurt you.

For the greene sicknesse proued.

Take hearb grasse, sothernwood, Penirryall, sonne
Isoppe, of each of them one handfull Liquorice,
Anniseeds, of either of them one quarter of
a pound, halfe a pound of Raisons of the sun,
boyle all these together in stronge ale, from
a pottle to a pint, then put thereto one dish
of fresh butter, then streyne out y^e liquor
from y^e hearbs, & stampe y^e hearbs, then put
them into y^e liquor againe, & seeth them
a pretty while, then strain them out againe,
and so take it to drinke, morning and euening
till

till you be well.

For a scald head.

Take a quarter of a pound of Butter wthout salt, spread it about a copper kettle or pott pretty thick, lew it lyne untill it be greene, then take it of and putt it into galyle pott, annoynt y^e heale there with, make a ^{hot} cup of browne paper, & put upon the patient^s, it will certainly cure him if he use it.

For Giddiness in the head.

Take conserue of Bettany, & conserue of Piony of each an equall quantity, take it euery morning as much as the quantity of a nutmeg, and at foure a clock in the afternoone, & at night when you goe to bed.

To make one sleepe that is light in y^e head.

Take greene mosse that groweth on the ground, dry it, & boyle it in possett drink made of white wine

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wine, sweeten it with sugar; & drinke it when you goe to bed.

For lightness in the head.

Take the tops of greene nettles, metridiate a dram, of leauan two drams, of saffron, and white uinigar enough to bring it to a body, of this make two balls, & applie them to the feete hott.

Pills for the head.

Take pillula coquie one dram, extractum rude twentie graines, oyle of Annisseed two drops, oyle of Feinell as much; make these into six, or eight pills, & take of them two at night after your first sleepe, and likewise the rest in the same manner.

A remedy for any that are houres, and can not speake.

Take a quarter of a pound of hony, and a spoon full of brimstone, and mixe them together; & take

take as much as a nutmeg every morning, and at night when you goe to bed, and drinke Rosemary possett drinke after it.

Another for the same that will helpe at once
taking.

Take a red Herring, and putt of y^e head, & pull of the bones, and cutt it skin and all, when you goe to bed take halfe a pinte of white wine, and the y^e side of an egg, and a spoonfull of hony, mix them together, and drinke it warme.

A poore mans medicine for the yellow jaun-
dice.

Take halfe a pound of new sheeps dung, lay it to steep all night in a quart of white wine, with a race of ginger, and a nutmeg sliced, steep it all night, and drinke it in the morning, and at fourre a clocke in the after noone; and at night when you goe to bed and soe use it till you are well.

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For the yellow Jaundice.

Take two sunces of manna, if it be in summer
steape it in a pinte of clarified whey, in winter
in cleere posset drinke; take halfe a pinte in
the morning and drinke a little broth an houre
after, & at fourre a clock in the afternoone:
then take the waight of a 20 peece of Rubarb,
and steape it in a pottle of beere, & drinke of
it at the like times to purge it out by urine.

A remedy for an impostome in the mouth

Take figs & boyle them in milke, turne the
out side inward, & apply them until y^e party be
well; make a poultess with ale & flower; and lay
it upon your cheeke, and it will breake it; but
take heed of taking cold, for it will harden
the sore, and make a scar where other wise
none would be.

An excellent remedy for the impostome in
the mouth.

Take figs boyle them in milke, and applice
them

them in the mouth, as occasion serves, one after another; then take yle and make a thick pultesse, and applie it to the outside, the one will draw it, the other will breake it.

An excellent remedy for an Impostume in the stomach, to make them spit up the bag.

Take the herbe called nip, stampe it & streine it, also Pennyroyall, stamp, & streine it severally, take of y^e rice of nip two spoonfulls, & as much of the rice of Pennyroyall, & eight spoonfulls of plaine aquaute, temper them together; and take two spoonfulls in the morning, two before dinner, the like quantity at four a clock in the afternoone, before supper also, and at night when you go to bed.

For the Lithargie or forgetfullness,

Take Rue, and red mints, wth yle, & wry strunge vinegar & applie unto the nostrills, it wonderfully streth and quickneth the person diseased wth lith

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lithargie, or forgetfullnes in a short time; certainly proved.

A receipt for the mother.

Take camomile flower water two ounces, mugwort water as much, spirit of Amber tenn drops, Syrope of mugwort one ounce, mix those together in a glasse, & take a spoonfull of it in a spoone three or fourre times a day, as often as occasion shall require.

Another receipt for the same.

Take Fennell water, and mint water, of each three ounces, Spirit of Amber five drops, syrope of Annisseed as much, Syrope of mint, & Syrope of mugwort, of each halfe an ounce; mix these together; and use them ^{as} occasion shall serue.

For a sore mouth in old or young.

Take the powder of sage, the powder of Allum, and temper them with good life-honey, and drop it into ys. mouth; it will cure you as it hath done many that haue used it, and never failed.

A. pl.

A plaister for the Nauell.

Take Galbanum two ounces, and put it in a sause-pān with a little vīnigār, and dissolve it upon a gentle fire, streine it, and then spread it upon a piece of leather & applic it to the place aforesaid, as you shall finde cause.

The receipt of red oyle.

Take one ounce of the best venis turpentine, wash it two or ^{three} times in red rose water, then put thore unto three pintes of good sallēt oyle, halfe a pound of y^e best yellow wax, six or seven spoonfulls of sack, boyle all this together over a temperate fire one houre and a halfe, then ad thore unto one ounce of y^e best red sanders made into fine powder; then boyle it as longe after y^e powder is in, as you did before, & stir it all y^e while it boyleth; then take it off, & let it stand three quarters of an houre, that y^e dross may settle to the bottome, then poure it out into such vessels as you meane to keepe it in for yo: vse.

This

This oyle hath many extraordinary
vertues.

It cureth greene, or old wounds, draweth forth
bones, or dead flesh, taketh away inflammations,
cureth fistulaes never so deepe, or ulcers, but
if they be in y^e breast, or leg, conuey y^e hot oyle
into it wth a feather or sringe; it is good for
burning or scalding, for aches in the head,
bones or sinowes; for a surfett, an ounce dranke
in warme sack; against y^e plague, anointing y^e
lips, & nose, before wee goe into y^e ayre, & for
y^e disease it selfe or measles, so it be taken pre-
sently one ounce in warme broth, fourre mor-
nings together, and sweating after it; annoyn-
ting y^e stomach & nauell when you goe
to bed helpeth digestion, and one ounce
dranke in warme milke, remediyeth
biting, or stinging of venomous beasts.

For the

For y^e shaking Palsy in y^e head.

Take a poringer full of mustard, set it often in an oven after bread is drawne, till it be drye, then beate it to powder; then take powder of Bettany, one quarter of an ounce, and three spoonfulls of white sugar candy powdered, mix all y^e powders together, and give one spoonfull thereof, in a spoonfull of beere, and drinke a draught of beere after it, in the morning first, and at foure a clock in y^e afternoone, and it will helpe (if they be curable) in fifteen dages. it is conuenient also to drinke beere all summer where in bettany hath beeene steeped.

For a dangerous Pestilentiall disease.

Give them at y^e first appearance methiridate, and two peniworth of carlus water; and for their drinke, give them posset ale, where in red sage, harts horne, & marygold-flowers haue beeene boyled.

For

For the Piles.

Take Pile wort roots, or the buttons, bruise them well in a dish, then boyle them in y^e sweetest hogs lard you can gett, till it be like a salue, then applice it by annoynting therewth.

Against all pestilence or Plague be it never so hott.

Take a great Onion, & cut it ouerwart, then make a little hole in each peice, the which you shall fill with Londen Treacle, then set y^e peices together againe as they were before; after this wrap them in a linan cloath, putting them so to roste, couered in y^e embers, or ashes, and when it is rosted enough, press out all the ince of it, and giue y^e patient to drinke thore of one spoonfull, imediately he shall finde himselfe better and shall be healed.

I drinke to bringe forth the smale pox
Purples or measells.

Boyle in pesset ale one handfull of red fennell.

=nell, then streine it and put there to the quantity
of a nutmeg, of fine triacle, settwell, & onglisch
saffron, being all mingled together give y^e patient
to drinke warme.

To Keepe y^e Pox from holeing

Take washed wheate put to a quantity of it two
gallons of water, and let it boyle untill y^e wheate
break, and y^e water be consumed, then take
y^e same wheate, and put it into two faire lishes,
set them upon y^e hott embers, & there will a
dew arise upon y^e upermost dish, gather the
same dew with a feather and lay it blood warme
upon y^e face of y^e patient continually as fast
as it will dye.

A remedy for children that haue the Rickets.

Take mullet leanes, chop them, and boyle them
in good oyle, & when it is boyled very well, then
streine them, and you must annoyn the child's
belly, & breast very well therewith, and let it
weare

weare a fine flanell constantly upon it, you
must angynt it twice a day.

A Drinke for the same.

Take a pottle of cundite water, a cupple of pip-
pins pared, and sliced, halfe a pound of corens,
a handfull of Bettany dry, or greene, & six
coultsfoote leaues, boyle all these very well
untill the corens are tender then streine it
betweene two, in a course cloath, & put it
in a bottle, & let y^e childe drinke no other
drinke, for three weekes together.

A singular remedy for a rupture.

Take A corne boules, stems and all, and drye
them in an ouen, and beate them to powder,
take one ounce of y^e said powder, and one
ounce of y^e thinnest cinamon also powdor-
ed, take a quarter of an ounce of each at a
time, in posset-drinke, or broth, three dayes
together in y^e morning, in march if you can;
first y^e boules must be beaten very
smale

smale, then of cinamon, & then both together,
 then put up your body, and legs, streine them
 not by any meanes, then at y^e change of y^e moon,
 in y^e fore said month if you can, take one
 pinte of milke, a quarter of an ounce of cina-
 mon beaten very fine, & two spoonfulls of
 beane flower, boyle all together very well, then
 take y^e one halfe in y^e morning, & y^e other
 at night when you goe to bed, three dayes
 before y^e new moone, and three dayes after:

For a rupture.

Take of white comfrey roots, for a man a
 pretty quantity, and halfe as much of sala-
 mans seale, pound them together till it be
 like þap, then seeth it in may-butter till it
 come to a salue, then spread it upon a peece
 of white leather, & prick it full of holes, and
 let it ly till it fall of with a little boulster
 at y^e top of y^e plaister:

A receipt

A receipt for the sickness,

Take one dram of powder of cettwell roots, London Triacle two drams, a spoonfull of wine uinigar; and two spoonfull of cardus water; mix these, and give y^e party, & lett him sroate three houres after, but haue a speciaill care he do not take cold.

Another receipt wh^{ch} is an electuary to take in y^e morning before you go abrode.

Take one ounce of London Triacle, one quarter of a pound of sugar; the iuse of one handfull of heart grace, a penniworth of white wine uinigar; put these in a pewter dish, ouer a chafeing dish of coles, & still stir them together, untill it comes to the body of an electuary, then put it into a gallipot, and take the quantity of a nutmeg in the morning fasting, as longe as it lasteth, and walke after it; this is an approued medicine;

In

An excellent receipt to make one sleepe.
 Mixe in a little glasse one spoonfull of cold distilled Dragon water; two spoonfulls of Balme water; two spoonfulls of Cowslip water; two of Poppie water; and mixe with these one spoonfull of Syrope of Cowslips, one of y^e Syrope of Poppie, and another spoonfull of y^e Syrope of Pippins; all these waters aboue mentioned must be cold distilled waters, when they are mixed together; drinke all these diuided into three parts, which may be taken, one part euery night when you goe to sleepe, for three nights together.

To provoke Sleepe.

Take one spoonfull of womans milke, Rosewater, and the iuce of Lettice, of each a like quantity, boyle them in a dish, then take some fine flax, & make a plaister, as broade as you will haue it to lay up on your forehead, and then mysten it with the same liquor, & grate a little nutmeg to strew upon it & lay it to the temples.

A diet.

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A diet drinke to open the obstructions of the body,
and to purge the spleene.

Take of Harts tongue, Egremony & Bettany, of each
one handfull, as much as you can well gripe in your
hand, of Tamaras twice as much as any of y^e other
sort of hoarts, a good quantity of Liverworte, and also
of Dock-roots, boyle all these in four gallons of
ale-worte, and when you haue done soe, then coole
it, and yeast it as you doe other ale; then clese
it, & put it into y^e vessell; and then take one
handfull of wormwood, and bruise it betweene
yo^r hands, and put it in y^e ale; you may drinke
of this at fourre dayes old, in y^e morning at sea-
nen, and at fourre in the afternoone, useinge
it till you are well.

The Lady Allens water for the Stomack,
smale pox or surfeit.

Take of sage, salendine, Rosemary, Rue, worm-
wood, mugwort, Pimpernill, Dragons, scabious, Egrimo-
ny, Balme, Scordium, Centory, Cardus-benedictus-
Bettany, Rosa solis, of each a good handfull, Angel-
lica

Elica roots Henbane roots, Tormentill, Zedoary, Liquorice, of each halfe an ounce, slice the roots, and wash the hearts, shake them, and dry them in a cloath, and shred them, and put them altogether into a gallon of white wine, & steepe them in it two daies, & two nights close couered; & then put it into an ordinary still, & still it; when you administer it lett it be taken luke-warme, & put some sugar into it; two or three spoonfulls to a chyll, of the smaller sort, that is of the last distilling, and six of the first or strongest to an elder boay. — Draw a pinte of the first, another of the second, & another of the third; so keepe them in severall glasses.

For the stone.

Take the iice of Elicampane, & give the party to drinke euening & morning in a little white wine, it will breake the stone and helpe you for certaine.

The Lady Herberts medicine for y^e stone.

Take a handfull of Planten, watercresses, liverwort, of each a handfull, stampē them smale, and streine

Small

streinc them, then put y^e juice of these heards into an earth-pott, and stop it well, then putt it into an ouen whenthe bread is drawne, lett it stand there a day and a night, then take it out, & gine y^e sick a spoonfull, or two at once to drinke, morning and euening untill hee be well.

An excellent remedy for the stone.

In the extreame fitt of y^e stone take a penniworth of black soape; of butter somwhat more then a ^{rod} walnut, with a handfull of y^e herb called chick-weede, shred y^e heart smale, & put all together in a little porsnett, or poringer; set it on y^e fyre, and lett it Boyle i walme, not two, then putt it into a linnen bag, and lay it on y^e patients nauell, and belly as hott as may be endurēl.

A pound of hōpseedē steeped in 2 pottle of white wine is a good medicine against the Stone.

A Purge for the stone.

Take cassia nowly drawne from y^e cane, halfe an ounce, and two drams of vonis turpentine, being well washed, half a dram of creame of tartar; mix these together and make a bolus, after that beinge

being taken, drinke posset drinke made white
wine, and putt to it one ounce of manna, being sweet =
ned with one ounce Syrope of marsh mallowes, to
be taken one houre after you haue eaten yo: bolus;

A Glister for the stone

Take mallowes, Beetes, Pelitory of y^e wall, the
heart Mercury, and violets, of each one hand -
full, either greene or dry, one handfull of Camo-
mile floweres, as much of meleilot floweres, Annis -
seeds, Dill seeds, Genell seeds, Cumin seeds,
and Caruay seeds, of each one quarter of an
ounce, bruised in a morter, put all these in
to one quarte of posset drinke & boyle them
on gentle fire till it comes to three quarters of
a pinte, when it is streined put to it Diacalno -
lacone one ounce, & two ounces of red sugar, -
halfe an ounce of syrope of violetts, boyle of Dill,
and lilies, of each halfe an ounce, mix these
together well temperel, and apply it as you
 finde occasion.

The heart called y^e golden rod, boyled in white
wine

wine posset drinke, sweetned with sugar and
drunke, is very good against the stone.

To bringe the stone away that lyeth in the
bladder or Kidnies.

Take halfe a pinte of sack, as much white wine,
as much stale beere, as much claret wine, then
put there in one quarter of a pound of Cettwell-
roots sliced, and lay them to steewe twelve -
houres, then with y^e juice of a Lemon houre forth
a draught at a time, & make it pleasant with
syrope of marsh-mallowes, & drinke it when
occasion serues: This will cure all inward
grauill, & woyde it with ease, so as you shall
hauen noe paine, but be cured at pleasure, it
is for certaine proued.

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For one that cannot hold their water.

Take marsh mallow roots, & leaues, of Ribond-
grass also, chop them very smale, and boyle them
in a quart of milke, till it come to a pinte, and
ooke greene, then streine out y^e heards, & drinke
a draught in y^e morning, & in y^e after noone, & in
nine dayes it will doe the cure.

+ A vomit

~~Recorde~~ A Vomit.

Take y^e weight of six pence of tobacco, a race
of ginger sliced, a spoonfull of sweete fennell
seeds, & as much of Anniseeds, boyle these
in three quarters of a pinte of white wine, till
it come to halfe a pinte then streine it, & take
it in y^e morning fasting, drinke posset drinke
betweene every time working.

Doctour Chambers water.

Take one gallon of Gascoyne wine, Ginger,
 Galligale, Cinnamon, nutmegs, Graines, Cloues,
 mace, Annisseeds, fenell seeds, Caruay seeds
 of each one Iram, Sage, mints, Rose leaves,
 Tyme, Pellitey of spaine, Rosemary, wilde tyme,
 Camomile, Lauenlar; of each one handfull,
 bruise y^e hearbs, & spices smale, put them in
 y^e wine, & let them stand twelue houres,
 stirring it diuers times, then still it in a lim-
 bick, & keepe y^e first water by it selfe.

The virtues of this water.

It comforteth y^e spirits vitall, helpeth inward
 diseases y^e come of cold, as y^e shakeing palsy,
 conception in woemen, it kill eth wormes,
 helpeth y^e stone in y^e bladder, y^e cold cough,
 y^e toothach, y^e cold dropsy, y^e stone in y^e reines,
 and a stinking breath, who soe useth this
 water (not too often) it preserueth him in good
 health, makes him seeme younge very longe,
 it comforteth nature, with this water Doct^r
 Chambers preserued his life, untill extreme
 age would not suffer him to goe nor stand,
 and

and he continued fine yeares, when all Phisitians judged he would not live one yeaer, and he confessed if when he was sick at any tyme, this water did recover him.

A most rare Cowslip water.

Take two gallons of claret wine, & one of sack, a peck of Cowslip flowers, Liquorice scraped and bruised one pound, Anniseeds, longe peper, granes, other pepper, of each one ounce, Drugm, Camomile, mother of tymc, Pellitory of y^e wall, Bettany, of each one handfull; Rosemary flowers two handfulls, Raisons of y^e sun, Coriens, of each one pound & a halfe, infuse all together, and distill them in a limbick, put the water in close covered glasse, w^t one pound of browne sugar candy, two sliced nutmegs, cloves, mace, a little sliced Liquorice, a few cowslip flowers, broken cinamon one ounce, then put in a bag some leafe gold, Amber greece, muske, of each one graine, hange it in y^e glasse and set it a fortnight in the sun.

Toma

To make Triacle water.

Take one ounce of hartshorne shaued,
boyle it in three pintes of springe water,
untill it come to a quart, then take roots
of gentium, Cypres, Tormentill, blessed
thistle, Angellica, of each one ounce, Borage,
Buglas, Rosemary flowers, and marygold -
flowers, of each two ounces, of Cittron rinds
one ounce, then take a pound of y^e best
old triacle, & dissolve it in six pintes of
white wine, & three pintes of red Rosewater;
then infuse all together & distill it.

For the winde approued.

Take Rue, Centory, wormwood, Bettany, of
each one handfull, drye them in an ouen,
& powder them, then mingle them wth y^e best
stone hony, as thick as conserue of Reses; make
the powders very fine, and take the quan-
tity of a nutmeg, when you are not well;
it will helpe you.

An ex

An excellent remedy for y^e wind in the
stomach, in y^e guts or bladder and to
make water freely.

Take one quart of Ale posset drinke, one
penniworth of Parsly seeds, as much of Fen-
nel seeds, as much nettle seeds, boyle all
these together one quarter of an houre,
then take it from y^e fyre, & put there to
halfe a pinte of white wine, & a quarterne
of sugar, and sett it on y^e fyre againe, let-
ting it boyle a while, then streine it, & put
it into a bottle, & drinke there of when
occasion serueth milke warme.

For the winde Collick.

Take one hanfull of Camomile, three spoon-
full of Anniseeds powdered, boyle them in a pinte
of posset drinke, boing strained, take halfe a
pinte of the posset drinke, three spoonfulls
of sallet oyle, and halfe a nutmeg sliced, #
drinke it, & goe to bed & sweate.

For wormes in children.

Take wormwood, shred it, & boyle it with fresh
butter out of th^e cherne, untill it be very greene
then wth e oyle there of annoynt the Colly
of

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Licker's
of y^e child, it will asswage y^e greatness and
Kill y^e wormes; for the rickets stroke y^e
breast of the child with this oyle.

To Kill wormes in the body.

Take Fearne roots, and having made them
into fine powder, take a dram there of dis-
solved in white wine, and give the patient
to drinke and it will destroy them.

For the wormes.

Take the gall of a bull, and ^{dip} wooll in
it, and lay it to the nauell.

An excellent remedy for wormes
in children.

Take as much powder of burned harts horne
as will lye upon a groate, as much powder
of Rubarb as will lye upon a three pence
temper these together wth three spoonfulls
of syrope of succory, and give the child
three severall mornings

A. Glist

A glister for the same and to
breakē the bed of them.

Take halfe a pinte of boyled milke, two
spoonfulls of honey, & one of salt, temper
these together, and give to the child.

To make vulnerary drinke for
those that are wounded.

Take of Planten, selfe heale, Bettany,
Ladyes mantle, Buglas, Knotgras, Clownes
all heale, of each four handfulls, of sanucle
six handfulls, wash these hearbs, and shred
them, & put them in a bras pot, ouer a
charcole fyre, with a little water, that
they may stew together, when they are well
stewed, put the hearbs, & y^e liquor that
remaineth into a dowlas bag, & pres it
forth, then put it in a vessell fitting upon
charcole, and evaporate it away till it
come to a pretty thicknes, then put it in
a stone iug, & corkē it up, keepe it in a
coole seller, & when you use it, take two
spoonfulls therē of, three spoonfulls of white
wine

wine, and as much as a smale nut of good
honey, mix them together & warme it blood
warmed in a dish upon coles, & then drinke
it, in the morning fasting, and the like
quantity at fourre of the clock in the after
noone, and as much last at night -
You must continue takeing three tymes a
day, till all the quantity be spent.

An excellent remedy for a Canker, or
sore mouth or throte.

Take one handfull of bramble tops, as much of
red sage, as much of Pellitory of the wall, a little
scuruy grass, halfe a handfull of Plantane,
two ounces of Pianny seeds bruised, two ounces
of Pellitory of spaine sliced, halfe a handfull
of Rue, boyle these in three pintes of white
wine vinigar, upon a gentle fyre, till the
herbs are soft, let it stand till it is cold, then
streine out the clearest, then take as much
lyfe honey by weight or measure as the li-
-quit conteines, boyle it to a full syrope, then
beate two ounces of Rockall ⁱⁿ, & stir it in
before

before it is cold, then put it up & keepe it for your use, it will keepe a twelue month; take a sage leafe upon ys: finger, and wolt it in ys: syrope, and rub the gums, to drop it in the mouth is sufficient, though mouth, or throte were never so sore; you may likewise boyle the hearbs in a pinte of water, make it pleasant with allum, and honey, whch will helpe ordinary sore mouthes.

A very excellent water of Doctor Steevens, whch he of longe tyme used, & therewith did many cures, keeping it secret till a little before his death & then y^e Bishop of Canterbury gott it of him in writing.

Take a gallon of Gascoine wine, then take ginger, gallicant, cinamon, nutmegs, graines, cloves, mace, annisseedes, finell seedes, caruay seedes, of every of them one dram, then take sage, red mint, rose leaues, tyme, pellitory of spaine, costmary, wild tyme, camomile, & sanders, of each one handfull, bruise & spices smal, & also ys: herbs, & put all in ys: wine, & let it stand twelue houres, stirring it diuers times, then distill it in a limbick, & take ys: first

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by it selfe for it is best; y^e next water by it
selfe, for it is good but not soe good as the
first.

The vertues of this water.

This water comforteth y^e vitall spirits, helpeth
all inward diseases y^t cometh of cold; y^e shake
- ing palsy it helpeth; conception of wemen y^t
be barren; it killeth wormes in y^e belly: ~
cureth y^e stone in y^e reines, or bladder; it
cureth y^e cold cough; helpeth y^e toothach;
comforteth y^e stomach; & cureth y^e cold drop-
sy; & helpeth y^e tisick breath; it preserueth
youth very longe, in any that use it, & keepeth
them cleare, & sound from disease; doctor
Steenens preserved his life, & health, by
this water; untill extreame age tooke him.

Plantane water will stop any flux -
though you have had it never so longe.

An ex-

An excellent Balme.

Take 3 quarters of a pinte of y^e best sallet
oyle, set it on y^e fire w^t a pinte of springe wa-
ter, to clarifie y^e oylye (only let it semper, for
if it boyle, y^e oylye will never be seperated
from y^e water) & let it stand till y^e other
things are ready, then scum y^e oylye of, & take
1 quarter of a pound of venis turpentine, &
beate it well y^e space of an houre, in an earthen
dish w^t a wooden slice, or splent, in planten
water, shifting y^e water very often, but y^e last
time it must be beaten in red rose water,
then take 2 ounces of yellow wax, slice it,
& melt it in a poringer by y^e selfe, scum
y^e oylye from y^e water, then put y^e oylye y^e wax,
& y^e turpentine, into a vessell upon a soft
fire, to boyle a quarter of an houre, but after
it hath beene a little on y^e fire, you must
put in an ounce of red sanders, stirring it-
softly, then take it of when it hath boyled
enough, & streine it into a gallie pot, & stir it
till it be cold it will continue good a ycare,
it must boyle but a very little for growing

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too thick. The sanders must be stirred
in when it is ready to be taken of y^e fire,
when it is almost boyled enough.

Before you put in y^e sanders, you may take
out a little, wh^t is good against a web or
pearle in y^e eye. It is good for a greene
wound, a bruise inwardly, a burne or scald,
or for one y^t can not hold his water, for
inward opperations, it must be rowled in
sugar, as big as a nutmeg, & drinke warme
broth after it.

ffor Megrim or ake in the forehead.

Boyle an egg hard, cut it asunder in y^e-
midst, fill it w^t powder of Cummin-seed,
Lay it to the nake as hot as it may be
uffered, and bfe it dayly: # m. mps.

A Drinke to coole y^e stomack.

Take endive, fforry, two Rootes of fennell
and y^e loyd, two Rootes of parfley, violet
& strawberry Leaves, fomitory, Coroll,
Boyle them in boundles in raw why. # m. m

